

# Human-Computer Interaction

## Intro to Immersive Technologies



2025.05.02

*“When virtual reality gets cheaper than dating, society is doomed.”*

- Scott Adams, Cartoonist



# About the Instructor

## Personal Information

- **1983**, *born in Corfu*
- **2001-2014**, *study in Ioannina*
- **2014-Now**, *live in Athens*



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- **Researcher**, *UOI, AUEB, ITI/CERTH, Greece (13 years), Cyprus University (3 months)*
- **Senior Software Developer**, *Think Silicon S.A., IT Company, Greece (14 months)*
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- **Postdoctoral Researcher**, *AUEB Computer Graphics Group (2019 - now)*
- **Adjunct Professor**, *Informatics, AUEB (5 years)*
  - Interaction Design & Multimedia | C++ | Parallel Programming
- **Adjunct Professor**, *Computer Science & Engineering, Ioannina (2 years)*
  - Advanced Computer Graphics | VR, AR & MR

# About the Instructor



## Contact Information

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- **Skype, Github, Twitter, LinkedIn:** [abasilak](#)

# What is Real?



# What is Real?

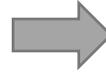


*\*Images credit: Rikk the Gajjin, model sculpted in Zbrush & rendered in Octane*

3D



2D

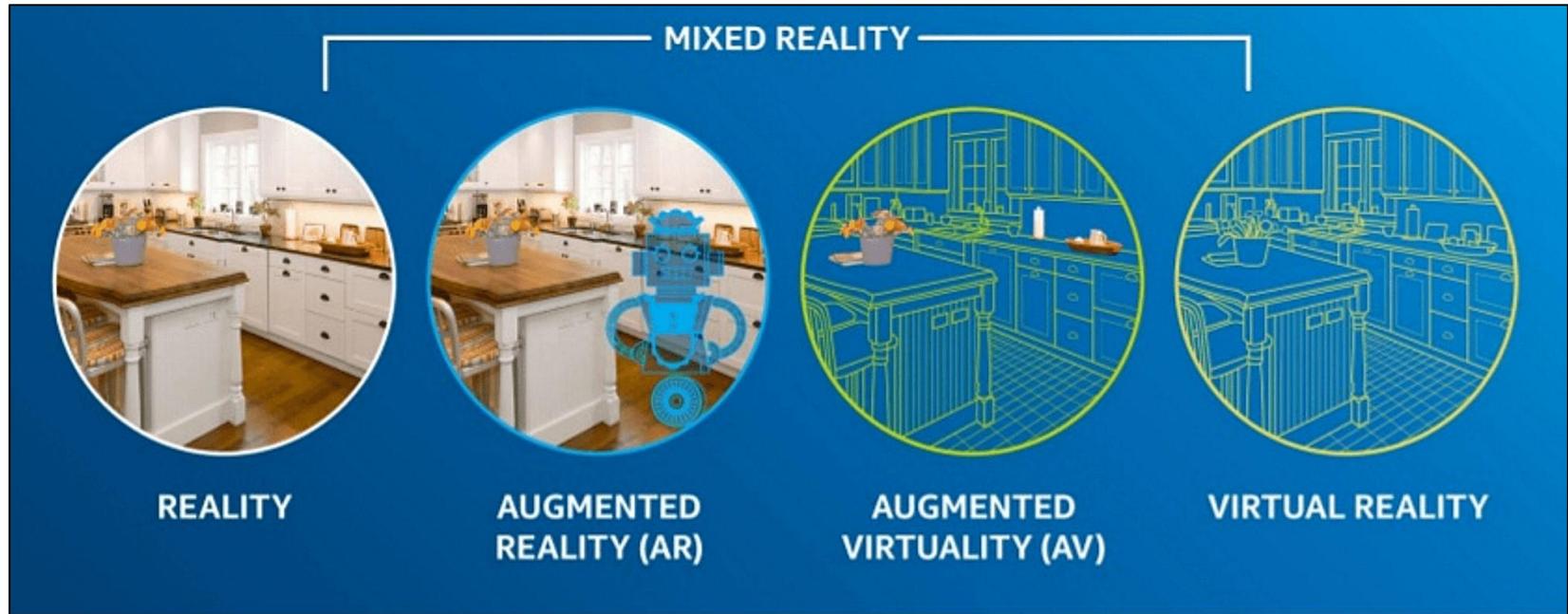


\*Images credit: "Graphics and Visualization: Principles & Algorithms" Book Material

**Definition:** “Any technology that **extends** reality or **creates** a new one by leveraging the **360° space.**”

# Immersive Technology

**Definition:** “Any technology that **extends** reality or **creates** a new one by leveraging the **360° space.**”



Source: Milgram & Kishino. A taxonomy of Mixed Reality Visual Displays. IEEE TIS, 77(12), 1994.

# Immersion vs Presence

## Immersion

- **perception** of being physically present in a non-physical world
- **cut off** from the natural environment

# Immersion vs Presence

## Immersion

- **perception** of being physically present in a non-physical world
- **cut off** from the natural environment

## Presence

- **sense** of natural feeling like being in a physical world



# Applications

- Entertainment
  - Games, Cinema
- Architecture & Urban Design
- Digital marketing
- Training & Education
  - Flight, Military, Space
- Healthcare
  - Phobias, anxiety disorders
- Modelling & Design
- Art



# XR-related Industry in Greece

- **OramaVR** (Medical Surgery Training)
- **Lightbuzz** (Motion Tracking for XR apps)
- **Foundation of the Hellenic World, Diadrasi, Moptil, Nousvr, ViRA** (Cultural Heritage)



- **Magos** (VR gloves)

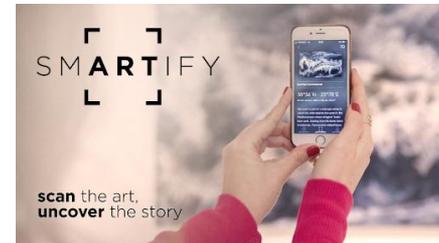


- **Dataverse** (VR/AR apps)



# XR-related Industry in Greece

- **ArtSteps** (Metaverse)
- **Smartify** (AR in Art Museums)
- **BETA CAE** (VR collaboration/AR exhibitions)



# XR-related Industry in Greece

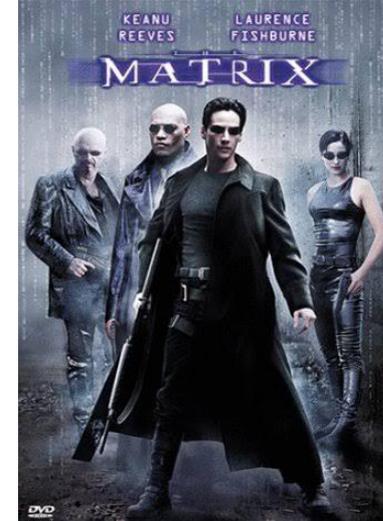
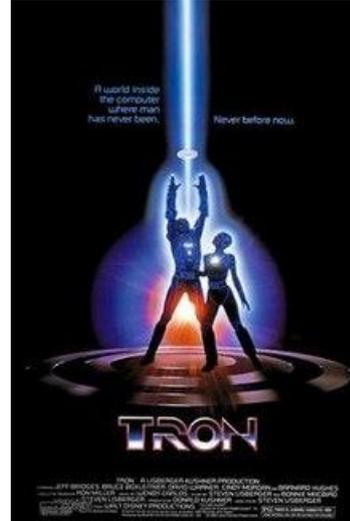
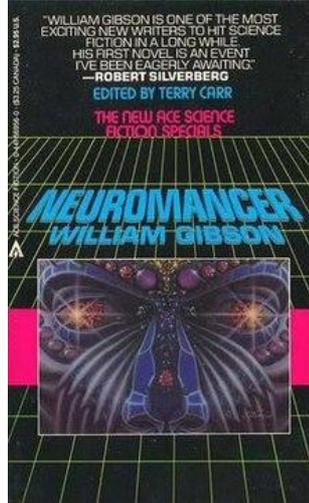
- Phasmatic (3D/VR/AR)



# Science Fiction



Books



Movies

# Virtual Reality

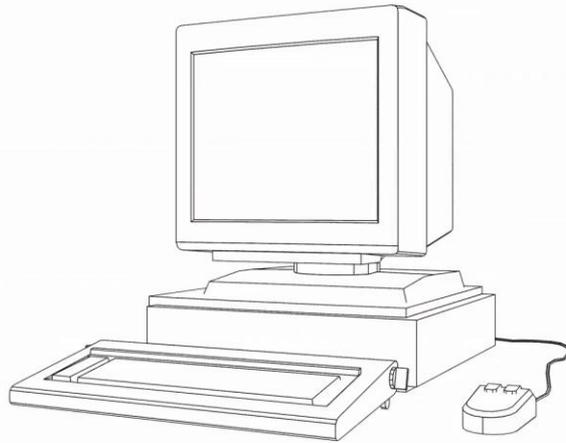
# The Ultimate Display

*“The ultimate display would, of course, be a room within which the computer can control the existence of matter. A chair displayed in such a room would be good enough to sit in. Handcuffs displayed in such a room would be confining, and a bullet displayed in such a room would be fatal”.*

Ivan Sutherland, 1965

<https://www.wired.com/2009/09/augmented-reality-the-ultimate-display-by-ivan-sutherland-1965/>

# The Incredible Disappearing Computer



1960-70's  
Room



1970-80's  
Desk



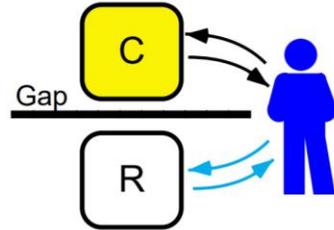
1980-90's  
Lap



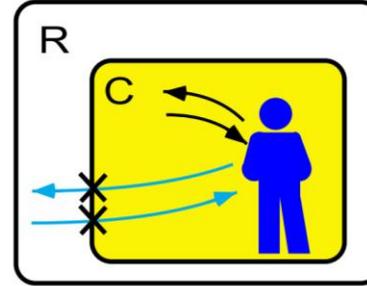
1990-2000's  
Hand

<https://www.theverge.com/2017/5/25/15686870/walt-mossberg-final-column-the-disappearing-computer>

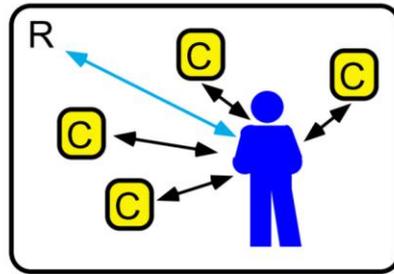
# Making Interfaces Invisible



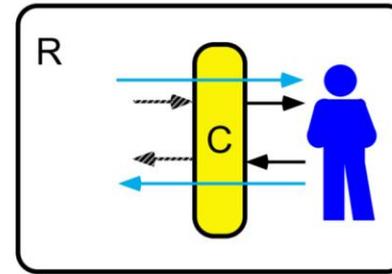
(a) GUI



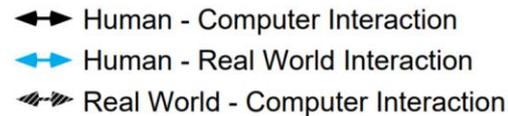
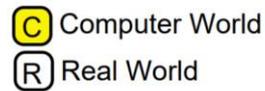
(b) Virtual Reality



(c) Ubiquitous Computers



(d) Augmented Interaction

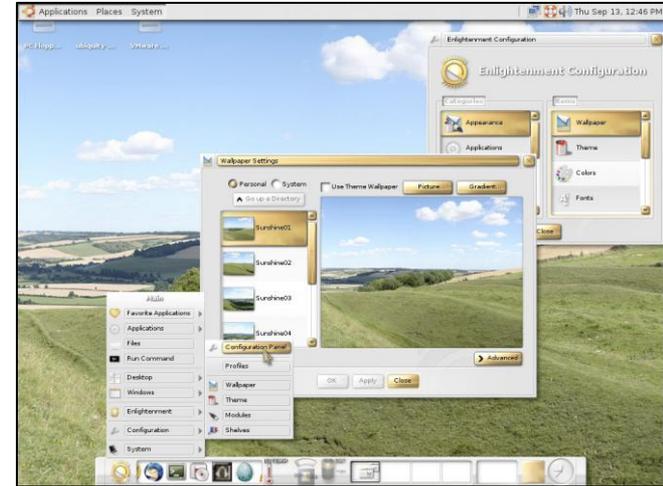
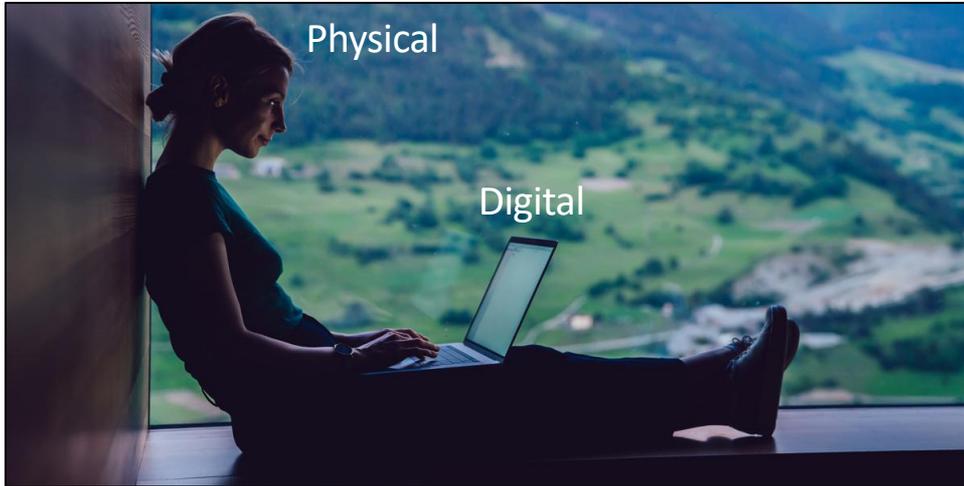


Rekimoto, Nagao, 1995.

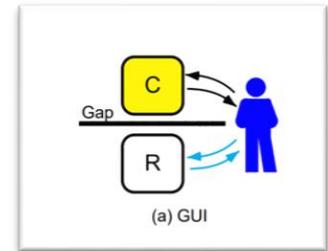
*The world through the computer: computer augmented interaction with real world environments.*

*In Proceedings of the 8th Annual ACM Symposium on User interface and Software Technology. UIST '95. ACM, New York, NY, 29-36.*

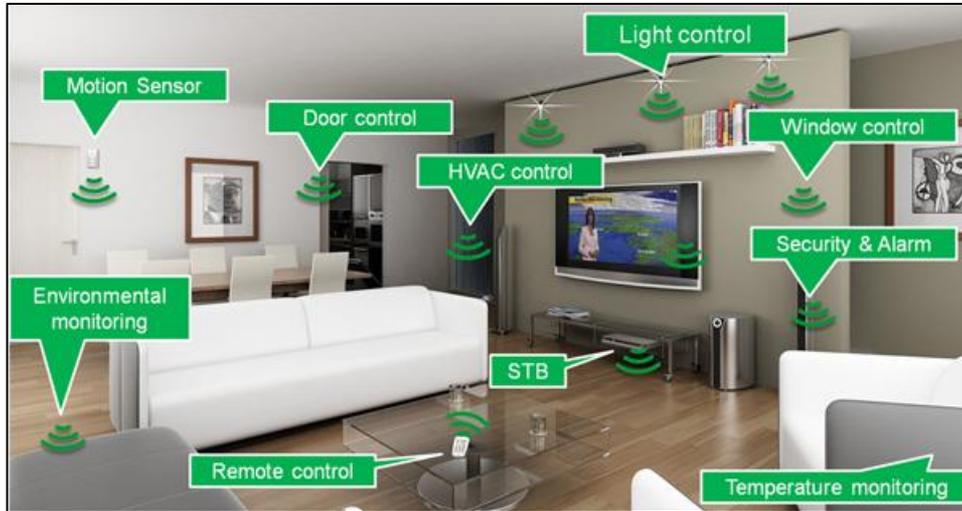
# Graphical User Interfaces



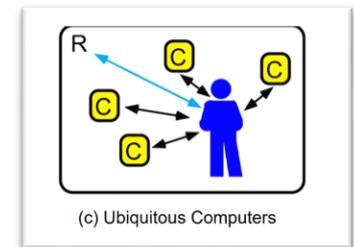
- **Separation** between real and digital worlds
- **WIMP** (Windows, Icons, Menus, Pointer) metaphor



# Ubiquitous Computing/IoT



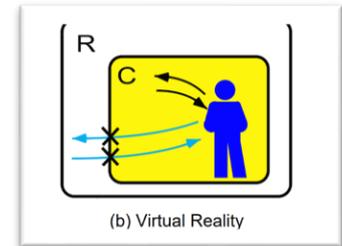
- Embed computing and **sensing** in real world
- **Smart** objects, sensors, etc.



# Virtual Reality (VR)



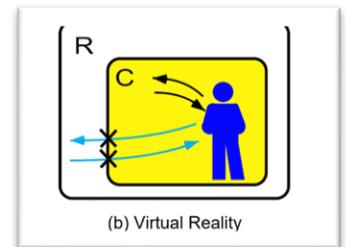
- Users **immersed** in Computer Generated environment
- **HMD, gloves, 3D graphics, body tracking**



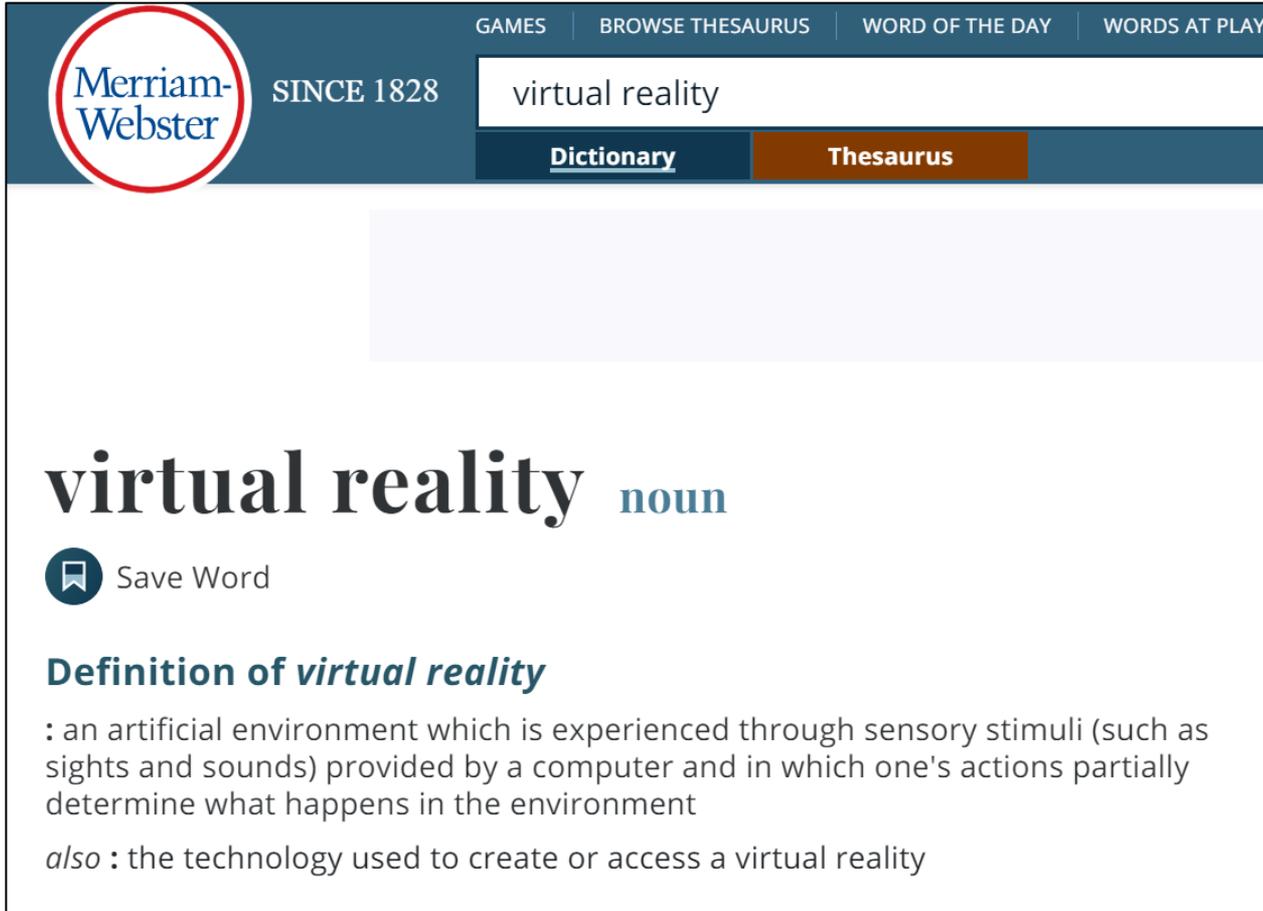
# Typical VR System



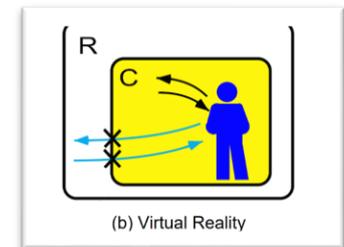
<https://youtu.be/eJCiyf8Kn9w>



# What is Virtual Reality?



The image shows a screenshot of the Merriam-Webster website. At the top, there are navigation links: GAMES, BROWSE THESAURUS, WORD OF THE DAY, and WORDS AT PLAY. The Merriam-Webster logo is on the left, with 'SINCE 1828' next to it. A search bar contains the text 'virtual reality'. Below the search bar are two tabs: 'Dictionary' (selected) and 'Thesaurus'. The main content area displays the word 'virtual reality' in a large font, followed by the word 'noun'. Below this is a 'Save Word' button with a bookmark icon. The 'Definition of virtual reality' is provided: ': an artificial environment which is experienced through sensory stimuli (such as sights and sounds) provided by a computer and in which one's actions partially determine what happens in the environment'. Below the definition is the text 'also : the technology used to create or access a virtual reality'.



# What is Virtual Reality?

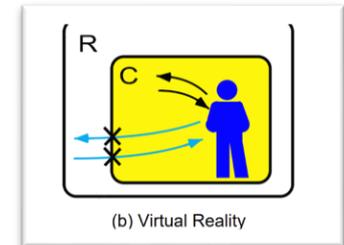
## Virtual reality is..

*a computer technology that replicates an environment, real or imagined, and simulates a user's physical presence and environment to allow for user interaction. (Wikipedia)*

*electronic simulations of environments experienced via head mounted eye goggles and wired clothing enabling the end user to interact in realistic three-dimensional situations. (Coates, 1992)*

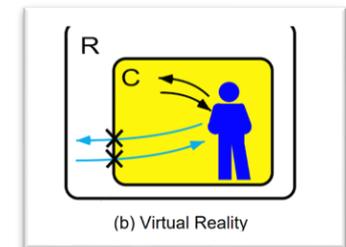
*an alternate world filled with computer-generated images that respond to human movements. (Greenbaum, 1992)*

*an interactive, immersive experience generated by a computer (Pimental 1995)*



# Key Tech Characteristics for VR

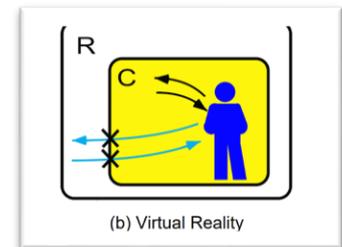
- Virtual Reality has three **Key Technological Characteristics**
  - 3D stereoscopic display
  - Wide field of view display
  - Low latency (head) tracking
- When these three things are combined, they provide a **compelling immersive experience**



# Key Tech Characteristics for VR



<https://youtu.be/FPcbBjGhmk>

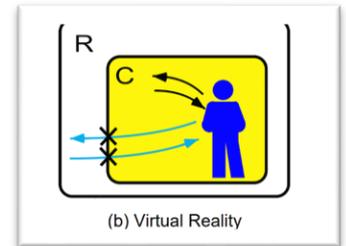


# VR User Experience



<https://youtu.be/pAC5SeNH8jw>

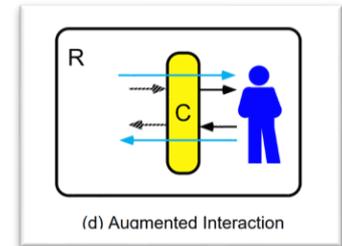
- “This is so **real**...”



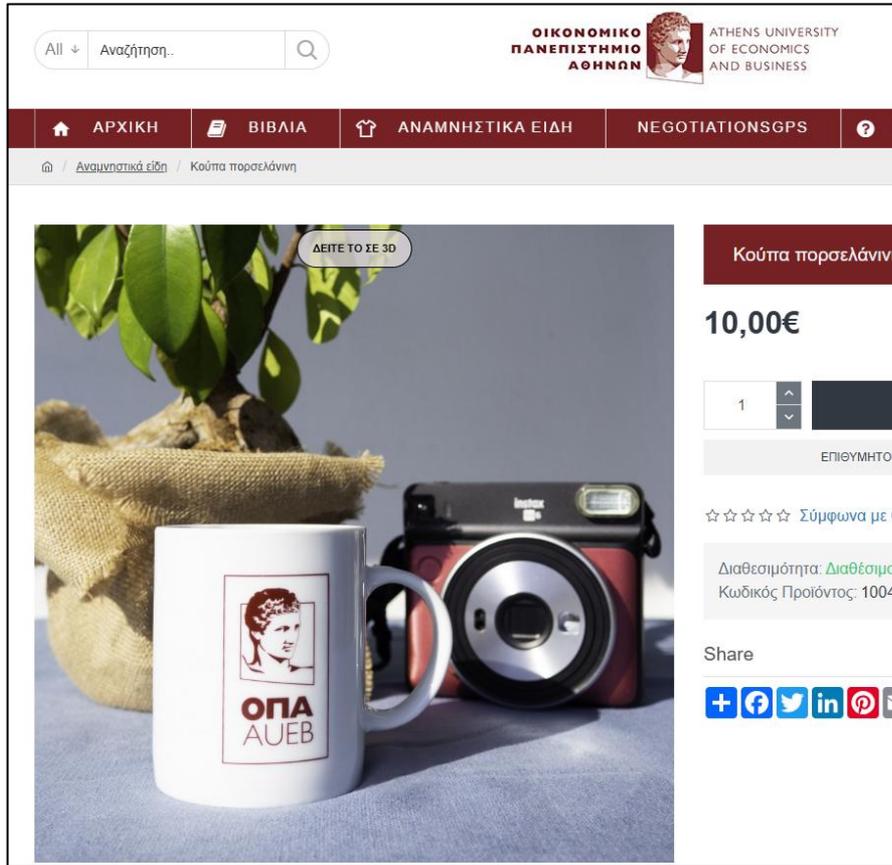
# Augmented Reality (AR)



- Virtual images **blended** with the real world.
- **See-through HMD, handheld display, viewpoint tracking, etc..**

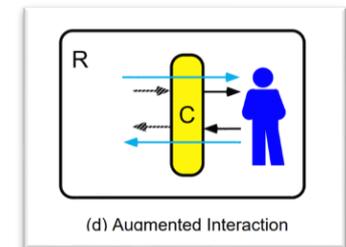


# Augmented Reality (AR)



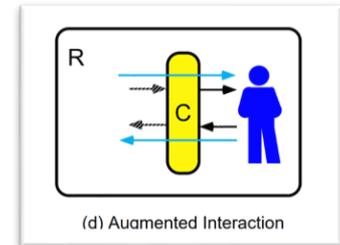
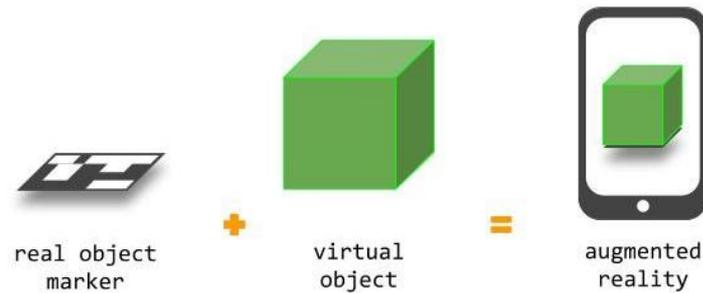
Enter @ AUEB STORE

<https://www.shop.aueb.gr/>



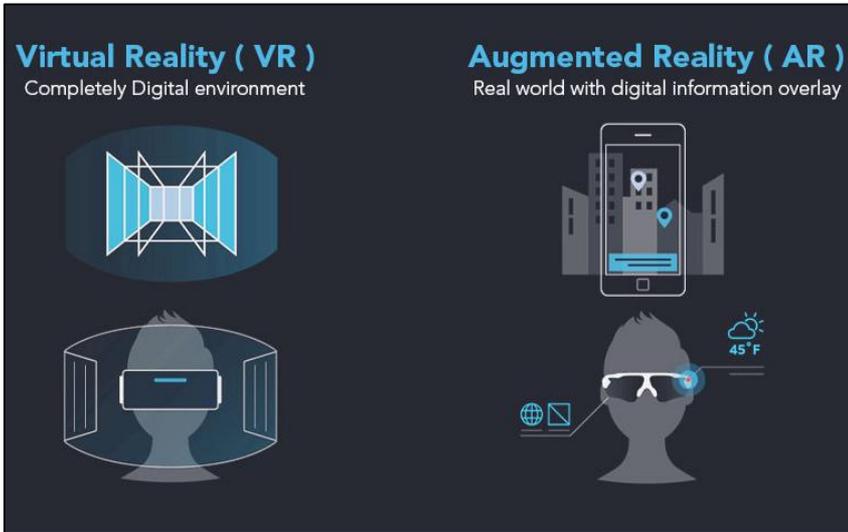
# Augmented Reality Definition

- **Combines Real and Virtual Images**
  - Both can be seen at the same time
- **Interactive in real-time**
  - The virtual content can be interacted with
- **Registered in 3D**
  - Virtual objects appear fixed in space



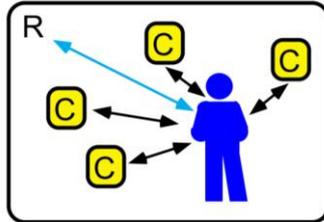
Azuma, R. T. (1997). A survey of augmented reality. *Presence*, 6(4), 355-385.

# Virtual vs Augmented Reality

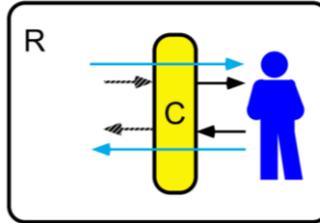


|                         | <b>Virtual Reality</b><br><i>Replaces Reality</i> | <b>Augmented Reality</b><br><i>Enhances Reality</i> |
|-------------------------|---|---|
| <i>Scene Generation</i> | Requires realistic images                         | Minimal rendering okay                              |
| <i>Display Device</i>   | Fully immersive, wide field of view               | Non-immersive, small field of view                  |
| <i>Tracking</i>         | Low to medium accuracy is okay                    | The highest accuracy possible                       |

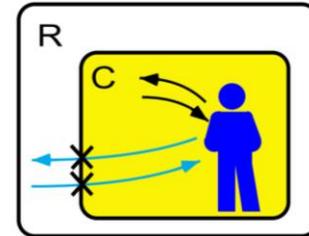
# From Reality to Virtual Reality



(c) Ubiquitous Computers



(d) Augmented Interaction



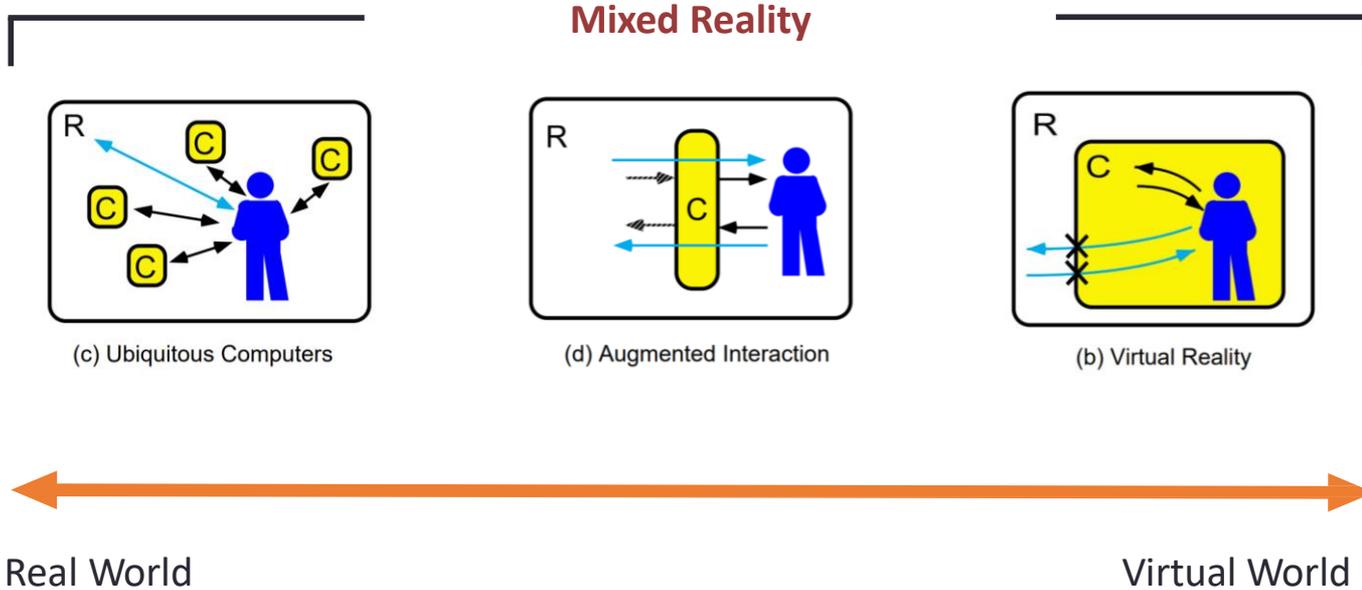
(b) Virtual Reality



Real World

Virtual World

# Milgram's Mixed Reality Continuum

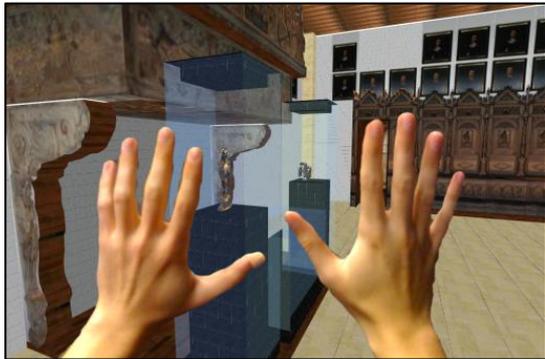


*"...anywhere between the extrema of the virtuality continuum."*

*P. Milgram and A. F. Kishino, (1994). A Taxonomy of Mixed Reality Visual Displays.*

# Augmented Virtuality (AV)

*“Enhancing the virtual world by objects of the real world”*



<https://youtu.be/ZkBQbDQiRUg>

# Diminished Reality (DR)

*“removing perceivable stimuli from the real world”*



<https://youtu.be/aBf0NGGCMok>

# Mixed Reality (MR)

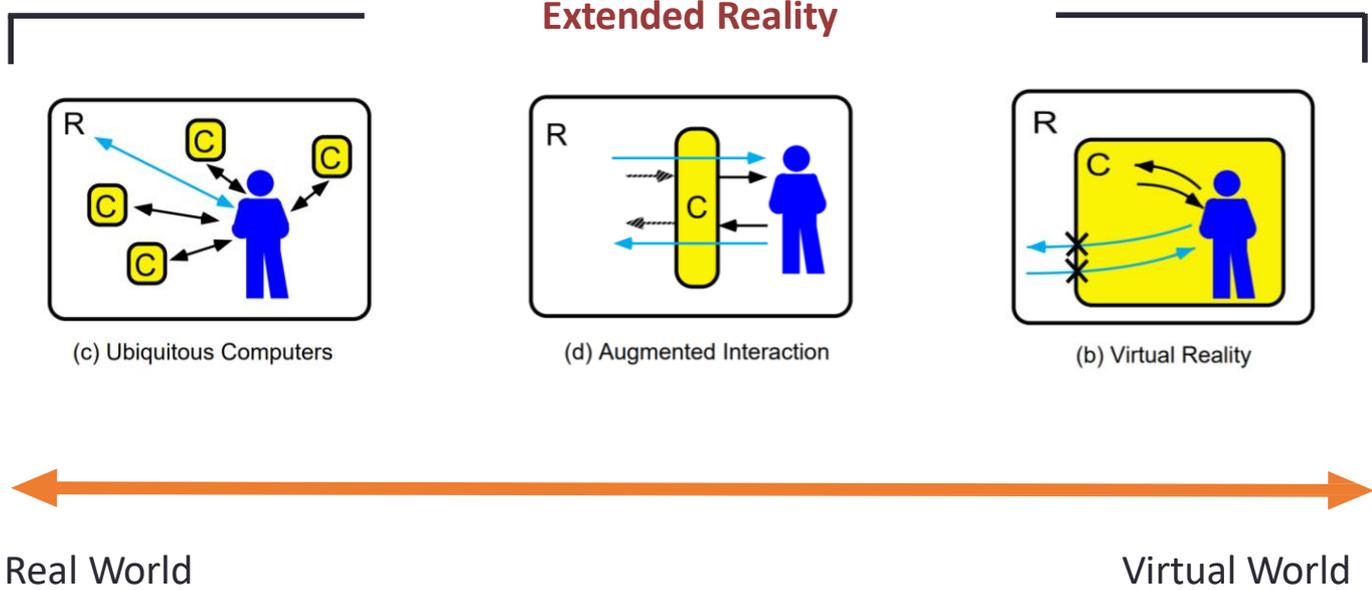
*“Any combination of real and virtual environment”*



<https://youtu.be/3o1orHS3w5A>

**Impact on the physical environment must adapt to the virtual !!!**

# Extended Reality (XR)



- Motion or **VR sickness**

- Inconsistence between sensory input (aural, motor, visual) leads to disorientation and nausea
- Display latency also contributes to this
- Involuntary or/and unnatural motion conflicts with our motion prediction

- **Motion or VR sickness**
  - Inconsistence between sensory input (aural, motor, visual) leads to disorientation and nausea
  - Display latency also contributes to this
  - Involuntary or/and unnatural motion conflicts with our motion prediction
- **Natural interfacing** is not easy to achieve
  - Sometimes it is preferable to avoid “natural” interfaces (and lose some immersion) to improve ergonomics
  - Many tasks harder than the desktop interaction paradigm (flat surface constraints more reassuring and precise, fewer DoF)

# ImmTech – IxD Goals (Reminder\*)



- Performance
  - Efficiency, accuracy, productivity
- Usability
  - Ease of use, of learning, user comfort
- Usefulness
  - Users focus on tasks
  - Interaction helps users meet them

# ImmTech – Is 3D Interaction Difficult?

- Spatial input
- Lack of constraints
- Lack of precision
- Layout more complex
- Fatigue



# ImmTech – Summary

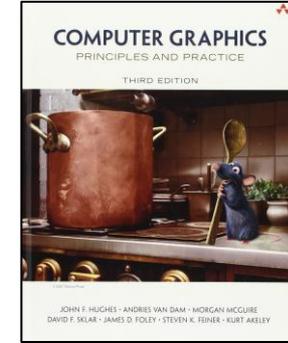
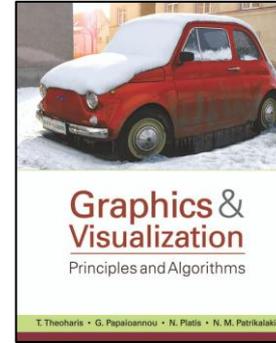


- Definition
- Reality–Virtuality Continuum
- Technology Types
- Concerns and Challenges
- Applications
- 3D Interaction Design

# Suggested Reading

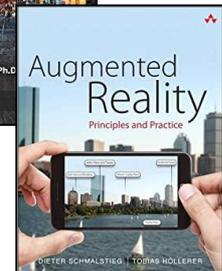
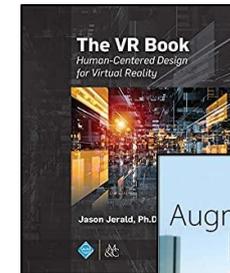
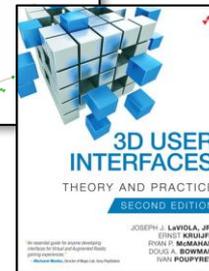
- **Greek:**

- Γραφικά και Οπτικοποίηση
- Γραφικά και Εικονική Πραγματικότητα

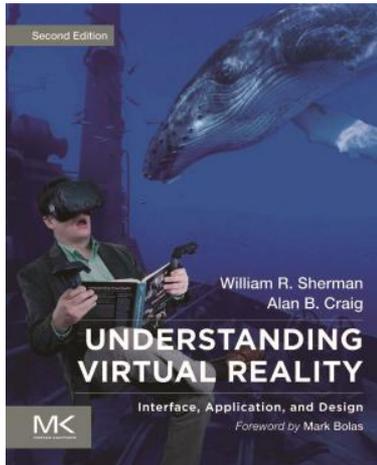


- **Foreign:**

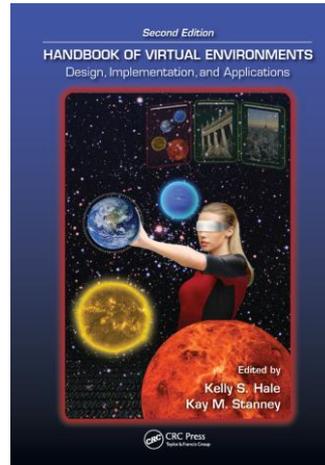
- Virtual Reality ([free online version](#))
- 3D User Interfaces: Theory and Practice
- The VR Book: Human-Centered Design for Virtual Reality
- Augmented Reality: Principles and Practice



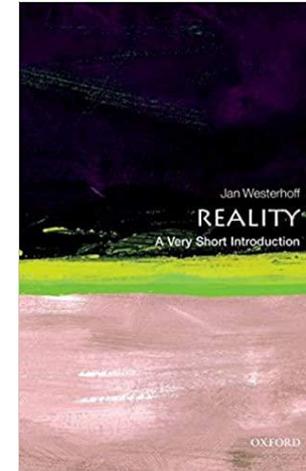
- Extra Reading



Understanding  
Virtual Reality



Handbook on Virtual  
Environments



Reality: A Very Short  
Introduction



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