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REPRESENTATION

*Cultural Representations
and Signifying Practices*

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REPRESENTATION: CULTURAL REPRESENTATIONS AND SIGNIFYING PRACTICES

edited by Stuart Hall

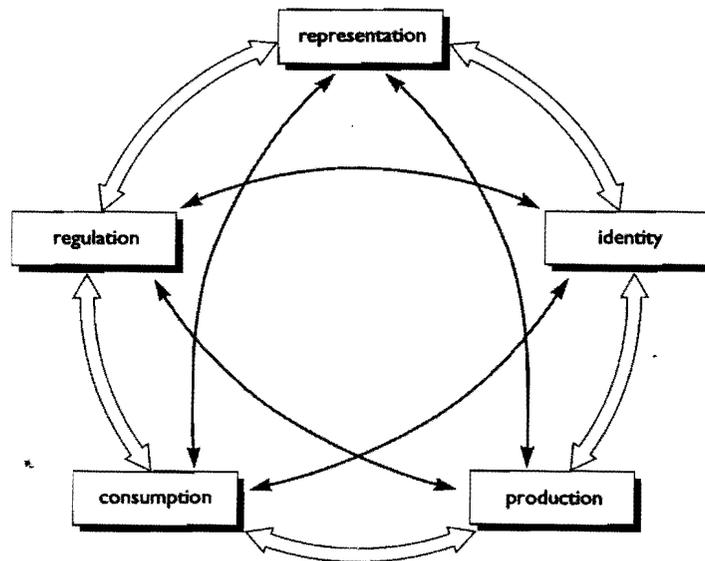
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Introduction

Stuart Hall

The chapters in this volume all deal, in different ways, with the question of representation. This is one of the central practices which produce culture and a key 'moment' in what has been called the 'circuit of culture' (see **du Gay, Hall et al., 1997***). But what does representation have to do with 'culture': what is the connection between them? To put it simply, culture is about 'shared meanings'. Now, language is the privileged medium in which we 'make sense' of things, in which meaning is produced and exchanged. Meanings can only be shared through our common access to language. So language is central to meaning and culture and has always been regarded as the key repository of cultural values and meanings.



The circuit of culture

But how does language construct meanings? How does it sustain the dialogue between participants which enables them to build up a culture of shared understandings and so interpret the world in roughly the same ways? Language is able to do this because it operates as a *representational system*. In language, we use signs and symbols – whether they are sounds, written words, electronically produced images, musical notes, even objects – to stand for or represent to other people our concepts, ideas and feelings. Language is one of the 'media' through which thoughts, ideas and feelings are represented in a culture. Representation through language is therefore central to the processes by which meaning is produced. This is the basic, underlying idea which underpins all six chapters in this book. Each chapter examines 'the production and circulation of meaning through language' in different ways, in relation to different examples, different areas of social

* A reference in bold indicates another book, or another chapter in another book, in the series.

practice. Together, these chapters push forward and develop our understanding of how representation actually *works*.

'Culture' is one of the most difficult concepts in the human and social sciences and there are many different ways of defining it. In more traditional definitions of the term, culture is said to embody the 'best that has been thought and said' in a society. It is the sum of the great ideas, as represented in the classic works of literature, painting, music and philosophy – the 'high culture' of an age. Belonging to the same frame of reference, but more 'modern' in its associations, is the use of 'culture' to refer to the widely distributed forms of popular music, publishing, art, design and literature, or the activities of leisure-time and entertainment, which make up the everyday lives of the majority of 'ordinary people' – what is called the 'mass culture' or the 'popular culture' of an age. High culture versus popular culture was, for many years, the classic way of framing the debate about culture – the terms carrying a powerfully evaluative charge (roughly, high = good; popular = debased). In recent years, and in a more 'social science' context, the word 'culture' is used to refer to whatever is distinctive about the 'way of life' of a people, community, nation or social group. This has come to be known as the 'anthropological' definition. Alternatively, the word can be used to describe the 'shared values' of a group or of society – which is like the anthropological definition, only with a more sociological emphasis. You will find traces of all these meanings somewhere in this book. However, as its title suggests, 'culture' is usually being used in these chapters in a somewhat different, more specialized way.

What has come to be called the 'cultural turn' in the social and human sciences, especially in cultural studies and the sociology of culture, has tended to emphasize the importance of *meaning* to the definition of culture. Culture, it is argued, is not so much a set of *things* – novels and paintings or TV programmes and comics – as a process, a set of *practices*. Primarily, culture is concerned with the production and the exchange of meanings – the 'giving and taking of meaning' – between the members of a society or group. To say that two people belong to the same culture is to say that they interpret the world in roughly the same ways and can express themselves, their thoughts and feelings about the world, in ways which will be understood by each other. Thus culture depends on its participants interpreting meaningfully what is happening around them, and 'making sense' of the world, in broadly similar ways.

This focus on 'shared meanings' may sometimes make culture sound too unitary and too cognitive. In any culture, there is always a great diversity of meanings about any topic, and more than one way of interpreting or representing it. Also, culture is about feelings, attachments and emotions as well as concepts and ideas. The expression on my face 'says something' about who I am (identity) and what I am feeling (emotions) and what group I feel I belong to (attachment), which can be 'read' and understood by other people, even if I didn't intend deliberately to communicate anything as formal as 'a

message', and even if the other person couldn't give a very logical account of how s/he came to understand what I was 'saying'. Above all, cultural meanings are not only 'in the head'. They organize and regulate social practices, influence our conduct and consequently have real, practical effects.

The emphasis on cultural practices is important. It is participants in a culture who give meaning to people, objects and events. Things 'in themselves' rarely if ever have any one, single, fixed and unchanging meaning. Even something as obvious as a stone can be a stone, a boundary marker or a piece of sculpture, depending on *what it means* – that is, within a certain context of use, within what the philosophers call different 'language games' (i.e. the language of boundaries, the language of sculpture, and so on). It is by our use of things, and what we say, think and feel about them – how we represent them – that we *give them a meaning*. In part, we give objects, people and events meaning by the frameworks of interpretation which we bring to them. In part, we give things meaning by how we use them, or integrate them into our everyday practices. It is our use of a pile of bricks and mortar which makes it a 'house'; and what we feel, think or say about it that makes a 'house' a 'home'. In part, we give things meaning by how we *represent* them – the words we use about them, the stories we tell about them, the images of them we produce, the emotions we associate with them, the ways we classify and conceptualize them, the values we place on them. Culture, we may say, is involved in all those practices which are not simply genetically programmed into us – like the jerk of the knee when tapped – but which carry meaning and value for us, which need to be *meaningfully interpreted* by others, or which *depend on meaning* for their effective operation. Culture, in this sense, permeates all of society. It is what distinguishes the 'human' element in social life from what is simply biologically driven. Its study underlines the crucial role of the *symbolic* domain at the very heart of social life.

Where is meaning produced? Our 'circuit of culture' suggests that, in fact, meanings are produced at several different sites and circulated through several different processes or practices (the cultural circuit). Meaning is what gives us a sense of our own identity, of who we are and with whom we 'belong' – so it is tied up with questions of how culture is used to mark out and maintain identity within and difference between groups (which is the main focus of Woodward, ed., 1997). Meaning is constantly being produced and exchanged in every personal and social interaction in which we take part. In a sense, this is the most privileged, though often the most neglected, site of culture and meaning. It is also produced in a variety of different *media*; especially, these days, in the modern mass media, the means of global communication, by complex technologies, which circulate meanings between different cultures on a scale and with a speed hitherto unknown in history. (This is the focus of du Gay, ed., 1997.) Meaning is also produced whenever we express ourselves in, make use of, consume or appropriate cultural 'things'; that is, when we incorporate them in different ways into the everyday rituals and practices of daily life and in this way give them value or

significance. Or when we weave narratives, stories – and fantasies – around them. (This is the focus of Mackay, ed., 1997.) Meanings also regulate and organize our conduct and practices – they help to set the rules, norms and conventions by which social life is ordered and governed. They are also, therefore, what those who wish to govern and regulate the conduct and ideas of others seek to structure and shape. (This is the focus of Thompson, ed., 1997.) In other words, the question of meaning arises in relation to *all* the different moments or practices in our ‘cultural circuit’ – in the construction of identity and the marking of difference, in production and consumption, as well as in the regulation of social conduct. However, in all these instances, and at all these different institutional sites, one of the privileged ‘media’ through which meaning is produced and circulated is *language*.

So, in this book, where we take up in depth the first element in our ‘circuit of culture’, we start with this question of meaning, language and representation. Members of the same culture must share sets of concepts, images and ideas which enable them to think and feel about the world, and thus to interpret the world, in roughly similar ways. They must share, broadly speaking, the same ‘cultural codes’. In this sense, thinking and feeling are themselves ‘systems of representation’, in which our concepts, images and emotions ‘stand for’ or represent, in our mental life, things which are or may be ‘out there’ in the world. Similarly, in order to *communicate* these meanings to other people, the participants to any meaningful exchange must also be able to use the same linguistic codes – they must, in a very broad sense, ‘speak the same language’. This does not mean that they must all, literally, speak German or French or Chinese. Nor does it mean that they understand perfectly what anyone who speaks the same language is saying. We mean ‘language’ here in a much wider sense. Our partners must speak enough of the same language to be able to ‘translate’ what ‘you’ say into what ‘I’ understand, and vice versa. They must also be able to read visual images in roughly similar ways. They must be familiar with broadly the same ways of producing sounds to make what they would both recognize as ‘music’. They must all interpret body language and facial expressions in broadly similar ways. And they must know how to translate their feelings and ideas into these various languages. Meaning is a dialogue – always only partially understood, always an unequal exchange.

Why do we refer to all these different ways of producing and communicating meaning as ‘languages’ or as ‘working like languages’? How do languages work? The simple answer is that languages work *through representation*. They are ‘systems of representation’. Essentially, we can say that all these practices ‘work like languages’, *not* because they are all written or spoken (they are not), but because they all use some element to stand for or represent what we want to say, to express or communicate a thought, concept, idea or feeling. Spoken language uses sounds, written language uses words, musical language uses notes on a scale, the ‘language of the body’ uses physical gesture, the fashion industry uses items of clothing, the language of facial expression uses ways of arranging one’s features, television uses digitally or

electronically produced dots on a screen, traffic lights use red, green and amber – to ‘say something’. These elements – sounds, words, notes, gestures, expressions, clothes – are part of our natural and material world; but their importance for language is not what they *are* but what they *do*, their function. They construct meaning and transmit it. They signify. They don’t have any clear meaning *in themselves*. Rather, they are the vehicles or media which *carry meaning* because they operate as *symbols*, which stand for or represent (i.e. symbolize) the meanings we wish to communicate. To use another metaphor, they function as *signs*. Signs stand for or *represent* our concepts, ideas and feelings in such a way as to enable others to ‘read’, decode or interpret their meaning in roughly the same way that we do.

Language, in this sense, is a signifying practice. Any representational system which functions in this way can be thought of as working, broadly speaking, according to the principles of representation through language. Thus photography is a representational system, using images on light-sensitive paper to communicate photographic meaning about a particular person, event or scene. Exhibition or display in a museum or gallery can also be thought of as ‘like a language’, since it uses objects on display to produce certain meanings about the subject-matter of the exhibition. Music is ‘like a language’ in so far as it uses musical notes to communicate feelings and ideas, even if these are very abstract, and do not refer in any obvious way to the ‘real world’. (Music has been called ‘the most noise conveying the least information’.) But turning up at football matches with banners and slogans, with faces and bodies painted in certain colours or inscribed with certain symbols, can also be thought of as ‘like a language’ – in so far as it is a symbolic practice which gives meaning or expression to the idea of belonging to a national culture, or identification with one’s local community. It is part of the language of national identity, a discourse of national belongingness. Representation, here, is closely tied up with both identity and knowledge. Indeed, it is difficult to know what ‘being English’, or indeed French, German, South African or Japanese, *means* outside of all the ways in which our ideas and images of national identity or national cultures have been represented. Without these ‘signifying’ systems, we could not take on such identities (or indeed reject them) and consequently could not build up or sustain that common ‘life-world’ which we call a culture.

So it is through culture and language *in this sense* that the production and circulation of meaning takes place. The conventional view used to be that ‘things’ exist in the material and natural world; that their material or natural characteristics are what determines or constitutes them; and that they have a perfectly clear meaning, *outside* of how they are represented. Representation, in this view, is a process of secondary importance, which enters into the field only after things have been fully formed and their meaning constituted. But since the ‘cultural turn’ in the human and social sciences, meaning is thought to be *produced* – constructed – rather than simply ‘found’. Consequently, in what has come to be called a ‘social constructionist approach’, representation is conceived as entering into the very constitution of things; and thus culture

is conceptualized as a primary or 'constitutive' process, as important as the economic or material 'base' in shaping social subjects and historical events – not merely a reflection of the world after the event.

'Language' therefore provides one general model of how culture and representation work, especially in what has come to be known as the *semiotic* approach – *semiotics* being the study or 'science of signs' and their general role as vehicles of meaning in culture. In more recent years, this preoccupation with meaning has taken a different turn, being more concerned, not with the detail of how 'language' works, but with the broader role of *discourse* in culture. Discourses are ways of referring to or constructing knowledge about a particular topic of practice: a cluster (or *formation*) of ideas, images and practices, which provide ways of talking about, forms of knowledge and conduct associated with, a particular topic, social activity or institutional site in society. These *discursive formations*, as they are known, define what is and is not appropriate in our formulation of, and our practices in relation to, a particular subject or site of social activity; what knowledge is considered useful, relevant and 'true' in that context; and what sorts of persons or 'subjects' embody its characteristics. 'Discursive' has become the general term used to refer to any approach in which meaning, representation and culture are considered to be constitutive.

There are some similarities, but also some major differences, between the *semiotic* and the *discursive* approaches, which are developed in the chapters which follow. One important difference is that the *semiotic* approach is concerned with the *how* of representation, with how language produces meaning – what has been called its 'poetics'; whereas the *discursive* approach is more concerned with the *effects and consequences* of representation – its 'politics'. It examines not only how language and representation produce meaning, but how the knowledge which a particular discourse produces connects with power, regulates conduct, makes up or constructs identities and subjectivities, and defines the way certain things are represented, thought about, practised and studied. The emphasis in the *discursive* approach is always on the historical specificity of a particular form or 'regime' of representation: not on 'language' as a general concern, but on specific *languages* or meanings, and how they are deployed at particular times, in particular places. It points us towards greater historical specificity – the way representational practices operate in concrete historical situations, in actual practice.

The general use of language and discourse as models of how culture, meaning and representation work, and the 'discursive turn' in the social and cultural sciences which has followed, is one of the most significant shifts of direction in our knowledge of society which has occurred in recent years. The discussion around these two versions of 'constructionism' – the *semiotic* and *discursive* approaches – is threaded through and developed in the six chapters which follow. The 'discursive turn' has not, of course, gone uncontested. You will find questions raised about this approach and critiques offered, as well as different variants of the position explored, by the different

authors in this volume. Elsewhere in this series (in Mackay, ed., 1997, for example) alternative approaches are explored, which adopt a more 'creative', expressive or performative approach to meaning, questioning, for example, whether it makes sense to think of music as 'working like a language'. However, by and large, with some variations, the chapters in this book adopt a broadly 'constructionist' approach to representation and meaning.

In Chapter 1 on 'The work of representation', Stuart Hall fills out in greater depth the theoretical argument about meaning, language and representation briefly summarized here. What do we mean by saying that 'meaning is produced through language'? Using a range of examples – which it is important to work through for yourself – the chapter takes us through the argument of exactly what this entails. Do things – objects, people, events in the world – carry their own, one, true meaning, fixed like number plates on their backs, which it is the task of language to reflect accurately? Or are meanings constantly shifting as we move from one culture to another, one language to another, one historical context, one community, group or sub-culture, to another? Is it through our systems of representation, rather than 'in the world', that meaning is fixed? It is clear that representation is neither as simple nor transparent a practice as it first appears and that, in order to unpack the idea, we need to do some work on a range of examples, and bring to bear certain concepts and theories, in order to explore and clarify its complexities.

The question – 'Does visual language reflect a truth about the world which is already there or does it produce meanings about the world through representing it?' – forms the basis of Chapter 2, 'Representing the social: France and Frenchness in post-war humanist photography' by Peter Hamilton. Hamilton examines the work of a group of documentary photographers in France in the fifteen years following World War II, all of whom, he argues, adopted the representational approach, subject-matter, values and aesthetic forms of a particular practice – what he calls the 'humanist paradigm' – in French photography. This distinctive body of work produced a very specific image and definition of 'what it meant to be French' in this period, and thus helped to give a particular meaning to the idea of belonging to French culture and to 'Frenchness' as a national identity. What, then, is the status, the 'truth-claims', which these documentary photographic images are making? What are they 'documenting'? Are they to be judged by the authenticity of their representation or by the depth and subtlety of the feelings which the photographers put into their images? Do they reflect 'the truth' about French society at that time – or was there more than one kind of truth, more than one kind of 'Frenchness', depending on how it was represented? How did the image of France which emerges from this work relate to the rapid social changes sweeping through France in that period and to our (very different?) image of 'Frenchness' today?

Chapter 3, 'The poetics and the politics of exhibiting other cultures' by Henrietta Lidchi, takes up some of the same questions about representation, but in relation to a different subject-matter and a different set of signifying

practices. Whereas Chapter 2 deals with the practice of photography – the production of meaning through images – Chapter 3 deals with exhibition – the production of meaning through the display of objects and artefacts from ‘other cultures’ within the context of the modern museum. Here, the elements exhibited are often ‘things’ rather than ‘words or images’ and the signifying practice involved is that of arrangement and display within a physical space, rather than layout on the page of an illustrated magazine or journal. Nevertheless, as this chapter argues, exhibition too is a ‘system’ or ‘practice of representation’ – and therefore works ‘like a language’. Every choice – to show this rather than that, to show this in relation to that, to say this about that – is a choice about how to represent ‘other cultures’; and each choice has consequences both for *what* meanings are produced and for *how* meaning is produced. Henrietta Lidchi shows how those meanings are inevitably implicated in relations of *power* – especially between those who are doing the exhibiting and those who are being exhibited.

The introduction of questions of power into the argument about representation is one of the ways in which the book consistently seeks to probe, expand and complexify our understanding of the process of representation. In Chapter 4, ‘The spectacle of the “Other”’, Stuart Hall takes up this theme of ‘representing difference’ from Chapter 3, but now in the context of more contemporary popular cultural forms (news photos, advertising, film and popular illustration). It looks at how ‘racial’, ethnic and sexual difference has been ‘represented’ in a range of visual examples across a number of historical archives. Central questions about how ‘difference’ is represented as ‘Other’, and the essentializing of ‘difference’ through stereotyping are addressed. However, as the argument develops, the chapter takes up the wider question of how signifying practices actually structure the way we ‘look’ – how different modes of ‘looking’ are being inscribed by these representational practices; and how violence, fantasy and ‘desire’ also play into representational practices, making them much more complex and their meanings more ambivalent. The chapter ends by considering some counter-strategies in the ‘politics of representation’ – the way meaning can be struggled over, and whether a particular regime of representation can be challenged, contested and transformed.

The question of how the spectator or the consumer is drawn into and implicated by certain practices of representation returns in Sean Nixon’s Chapter 5, ‘Exhibiting masculinity’, on the construction of new gendered identities in contemporary advertising, magazines and consumer industries addressed especially to men. Nixon asks whether representational practices in the media in recent years, have been constructing new ‘masculine identities’. Are the different languages of consumer culture, retailing and display developing new ‘subject-positions’, with which young men are increasingly invited to identify? And, if so, what do these images tell us about how the meanings of masculinity are shifting in late-modern visual culture? ‘Masculinity’, Nixon argues, far from being fixed and given biologically, accretes a variety of different meanings – different ways of ‘being’

or 'becoming masculine' – in different historical contexts. To address these questions, Nixon not only expands and applies some of the theoretical perspectives from earlier chapters, but adds new ones, including a psychoanalytically informed cultural analysis and film theory.

In the final Chapter 6, 'Genre and gender: the case of soap opera', Christine Gledhill takes us into the rich, narrative world of popular culture and its genres, with an examination of how representation is working in television soap opera. These are enormously popular sources of fictional narrative in modern life, circulating meanings throughout popular culture – and increasingly worldwide – which have been traditionally defined as 'feminine' in their appeal, reference and mode of operation. Gledhill unpacks the way this gendered identification of a TV genre has been constructed. She considers how and why such a 'space of representation' should have opened up within popular culture; how genre and gender elements interact in the narrative structures and representational forms; and how these popular forms have been ideologically shaped and inflected. She examines how the meanings circulated in soap operas – so frequently dismissed as stereotypical and manufactured – nevertheless enter into the discursive arena where the meaning of masculine and feminine identifications are being contested and transformed.

The book uses a wide range of examples from different cultural media and discourses, mainly concentrating on *visual* language. These examples are a key part of your work on the book – they are not simply 'illustrative'. Representation can only be properly analysed in relation to the actual concrete forms which meaning assumes, in the concrete practices of signifying; 'reading' and interpretation; and these require analysis of the actual signs, symbols, figures, images, narratives, words and sounds – the material forms – in which symbolic meaning is circulated. The examples provide an opportunity to practise these skills of analysis and to apply them to many other similar instances which surround us in daily cultural life.

It is worth emphasizing that there is no single or 'correct' answer to the question, 'What does this image mean?' or 'What is this ad saying?' Since there is no law which can guarantee that things will have 'one, true meaning', or that meanings won't change over time, work in this area is bound to be interpretative – a debate between, not who is 'right' and who is 'wrong', but between equally plausible, though sometimes competing and contested, meanings and interpretations. The best way to 'settle' such contested readings is to look again at the concrete example and to try to justify one's 'reading' in detail in relation to the actual practices and forms of signification used, and what meanings they seem to you to be producing.

One soon discovers that meaning is not straightforward or transparent, and does not survive intact the passage through representation. It is a slippery customer, changing and shifting with context, usage and historical circumstances. It is therefore never finally fixed. It is always putting off or 'deferring' its rendezvous with Absolute Truth. It is always being negotiated

and inflected, to resonate with new situations. It is often contested, and sometimes bitterly fought over. There are always different circuits of meaning circulating in any culture at the same time, overlapping discursive formations, from which we draw to create meaning or to express what we think.

Moreover, we do not have a straightforward, rational or instrumental relationship to meanings. They mobilize powerful feelings and emotions, of both a positive and negative kind. We feel their contradictory pull, their ambivalence. They sometimes call our very identities into question. We struggle over them because they matter – and these are contests from which serious consequences can flow. They define what is ‘normal’, who belongs – and therefore, who is excluded. They are deeply inscribed in relations of power. Think of how profoundly our lives are shaped, depending on which meanings of male/female, black/white, rich/poor, gay/straight, young/old, citizen/alien, are in play in which circumstances. Meanings are often organized into sharply opposed binaries or opposites. However, these binaries are constantly being undermined, as representations interact with one another, substituting for each other, displacing one another along an unending chain. Our material interests and our bodies can be called to account, and differently implicated, depending on how meaning is given and taken, constructed and interpreted in different situations. But equally engaged are our fears and fantasies, the sentiments of desire and revulsion, of ambivalence and aggression. The more we look into this process of representation, the more complex it becomes to describe adequately or explain – which is why the various chapters enlist a variety of theories and concepts, to help us unlock its secrets.

The embodying of concepts, ideas and emotions in a symbolic form which can be transmitted and meaningfully interpreted is what we mean by ‘the practices of representation’. Meaning must enter the domain of these practices, if it is to circulate effectively within a culture. And it cannot be considered to have completed its ‘passage’ around the cultural circuit until it has been ‘decoded’ or intelligibly received at another point in the chain. Language, then, is the property of neither the sender nor the receiver of meanings. It is the shared cultural ‘space’ in which the production of meaning through language – that is, representation – takes place. The receiver of messages and meanings is not a passive screen on which the original meaning is accurately and transparently projected. The ‘taking of meaning’ is as much a signifying practice as the ‘putting into meaning’. Speaker and hearer or writer and reader are active participants in a process which – since they often exchange roles – is always double-sided, always interactive. Representation functions less like the model of a one-way transmitter and more like the model of a dialogue – it is, as they say, *dialogic*. What sustains this ‘dialogue’ is the presence of shared cultural codes, which cannot guarantee that meanings will remain stable forever – though attempting to fix meaning is exactly why *power* intervenes in *discourse*. But, even when power is circulating through meaning and knowledge, the codes

only work if they are to some degree shared, at least to the extent that they make effective 'translation' between 'speakers' possible. We should perhaps learn to think of meaning less in terms of 'accuracy' and 'truth' and more in terms of effective exchange – a process of *translation*, which facilitates cultural communication while always recognizing the persistence of difference and power between different 'speakers' within the same cultural circuit.

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THE WORK OF REPRESENTATION

Stuart Hall

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I Representation, meaning and language

In this chapter we will be concentrating on one of the key processes in the 'cultural circuit' (see du Gay, Hall et al., 1997, and the Introduction to this volume) – the practices of *representation*. The aim of this chapter is to introduce you to this topic, and to explain what it is about and why we give it such importance in cultural studies.

The concept of representation has come to occupy a new and important place in the study of culture. Representation connects meaning and language to culture. But what exactly do people mean by it? What does representation have to do with culture and meaning? One common-sense usage of the term is as follows: 'Representation means using language to say something meaningful about, or to represent, the world meaningfully, to other people.' You may well ask, 'Is that all?' Well, yes and no. Representation *is* an essential part of the process by which meaning is produced and exchanged between members of a culture. It *does* involve the use of language, of signs and images which stand for or represent things. But this is a far from simple or straightforward process, as you will soon discover.

How does the concept of representation connect meaning and language to culture? In order to explore this connection further, we will look at a number of different theories about how language is used to represent the world. Here we will be drawing a distinction between three different accounts or theories: the *reflective*, the *intentional* and the *constructionist* approaches to representation. Does language simply reflect a meaning which already exists out there in the world of objects, people and events (*reflective*)? Does language express only what the speaker or writer or painter wants to say, his or her personally intended meaning (*intentional*)? Or is meaning constructed in and through language (*constructionist*)? You will learn more in a moment about these three approaches.

Most of the chapter will be spent exploring the *constructionist* approach, because it is this perspective which has had the most significant impact on cultural studies in recent years. This chapter chooses to examine two major variants or models of the constructionist approach – the *semiotic* approach, greatly influenced by the great Swiss linguist, Ferdinand de Saussure, and the *discursive* approach, associated with the French philosopher and historian, Michel Foucault. Later chapters in this book will take up these two theories again, among others, so you will have an opportunity to consolidate your understanding of them, and to apply them to different areas of analysis. Other chapters will introduce theoretical paradigms which apply constructionist approaches in different ways to that of semiotics and Foucault. All, however, put in question the very nature of representation. We turn to this question first.

1.1 Making meaning, representing things

What does the word **representation** really mean, in this context? What does the process of representation involve? How does representation work?

representation

To put it briefly, representation is the production of meaning through language. The *Shorter Oxford English Dictionary* suggests two relevant meanings for the word:

- 1 To represent something is to describe or depict it, to call it up in the mind by description or portrayal or imagination; to place a likeness of it before us in our mind or in the senses; as, for example, in the sentence, 'This picture represents the murder of Abel by Cain.'
- 2 To represent also means to symbolize, stand for, to be a specimen of, or to substitute for; as in the sentence, 'In Christianity, the cross represents the suffering and crucifixion of Christ.'

The figures in the painting *stand in the place of*, and at the same time, *stand for* the story of Cain and Abel. Likewise, the cross simply consists of two wooden planks nailed together; but in the context of Christian belief and teaching, it takes on, symbolizes or comes to stand for a wider set of meanings about the crucifixion of the Son of God, and this is a concept we can put into words and pictures.

ACTIVITY

Here is a simple exercise about representation. Look at any familiar object in the room. You will immediately recognize what it is. But how do you *know* what the object is? What does 'recognize' mean?

Now try to make yourself conscious of what you are doing – observe what is going on as you do it. You recognize what it is because your thought-processes decode your visual perception of the object in terms of a concept of it which you have in your head. This must be so because, if you look away from the object, you can still *think* about it by conjuring it up, as we say, 'in your mind's eye'. Go on – try to follow the process as it happens: There is the object ... and there is the concept in your head which tells you what it is, what your visual image of it *means*.

Now, tell me what it is. Say it aloud: 'It's a lamp' – or a table or a book or the phone or whatever. The concept of the object has passed through your mental representation of it to me *via* the word for it which you have just used. The word stands for or represents the concept, and can be used to reference or designate either a 'real' object in the world or indeed even some imaginary object, like angels dancing on the head of a pin, which no one has ever actually seen.

This is how you give meaning to things through language. This is how you 'make sense of' the world of people, objects and events, and how you are able to express a complex thought about those things to other people, or

communicate about them through language in ways which other people are able to understand.

Why do we have to go through this complex process to represent our thoughts? If you put down a glass you are holding and walk out of the room, you can still *think* about the glass, even though it is no longer physically there. Actually, you can't think with a glass. You can only think with *the concept of the glass*. As the linguists are fond of saying, 'Dogs bark. But the concept of "dog" cannot bark or bite.' You can't speak with the actual glass, either. You can only speak with the *word for glass* – GLASS – which is the linguistic sign which we use in English to refer to objects which you drink water out of. This is where *representation* comes in. Representation is the production of the meaning of the concepts in our minds through language. It is the link between concepts and language which enables us to *refer to* either the 'real' world of objects, people or events, or indeed to imaginary worlds of fictional objects, people and events.

systems of
representation

So there are *two* processes, two **systems of representation**, involved. First, there is the 'system' by which all sorts of objects, people and events are correlated with a set of concepts or *mental representations* which we carry around in our heads. Without them, we could not interpret the world meaningfully at all. In the first place, then, meaning depends on the system of concepts and images formed in our thoughts which can stand for or 'represent' the world, enabling us to refer to things both inside and outside our heads.

Before we move on to look at the second 'system of representation', we should observe that what we have just said is a very simple version of a rather complex process. It is simple enough to see how we might form concepts for things we can perceive – people or material objects, like chairs, tables and desks. But we also form concepts of rather obscure and abstract things, which we can't in any simple way see, feel or touch. Think, for example, of our concepts of war, or death, or friendship or love. And, as we have remarked, we also form concepts about things we never have seen, and possibly can't or won't ever see, and about people and places we have plainly made up. We may have a clear concept of, say, angels, mermaids, God, the Devil, or of Heaven and Hell, or of Middlemarch (the fictional provincial town in George Eliot's novel), or Elizabeth (the heroine of Jane Austen's *Pride and Prejudice*).

We have called this a 'system of representation'. That is because it consists, not of individual concepts, but of different ways of organizing, clustering, arranging and classifying concepts, and of establishing complex relations between them. For example, we use the principles of similarity and difference to establish relationships between concepts or to distinguish them from one another. Thus I have an idea that in some respects birds are like planes in the sky, based on the fact that they are similar because they both fly – but I also have an idea that in other respects they are different, because one is part of nature whilst the other is man-made. This mixing and matching of

relations between concepts to form complex ideas and thoughts is possible because our concepts are arranged into different classifying systems. In this example, the first is based on a distinction between flying/not flying and the second is based on the distinction between natural/man-made. There are other principles of organization like this at work in all conceptual systems: for example, classifying according to sequence – which concept follows which – or causality – what causes what – and so on. The point here is that we are talking about, not just a random collection of concepts, but concepts organized, arranged and classified into complex relations with one another. That is what our conceptual system actually is like. However, this does not undermine the basic point. Meaning depends on the relationship between things in the world – people, objects and events, real or fictional – and the conceptual system, which can operate as *mental representations* of them.

Now it could be the case that the conceptual map which I carry around in my head is totally different from yours, in which case you and I would interpret or make sense of the world in totally different ways. We would be incapable of sharing our thoughts or expressing ideas about the world to each other. In fact, each of us probably does understand and interpret the world in a unique and individual way. However, we are able to communicate because we share broadly the same conceptual maps and thus make sense of or interpret the world in roughly similar ways. That is indeed what it means when we say we 'belong to the same culture'. Because we interpret the world in roughly similar ways, we are able to build up a shared culture of meanings and thus construct a social world which we inhabit together. That is why 'culture' is sometimes defined in terms of 'shared meanings or shared conceptual maps' (see du Gay, Hall et al., 1997).

However, a shared conceptual map is not enough. We must also be able to represent or exchange meanings and concepts, and we can only do that when we also have access to a shared language. Language is therefore the second system of representation involved in the overall process of constructing meaning. Our shared conceptual map must be translated into a common language, so that we can correlate our concepts and ideas with certain written words, spoken sounds or visual images. The general term we use for words, sounds or images which carry meaning is *signs*. These signs stand for or represent the concepts and the conceptual relations between them which we carry around in our heads and together they make up the meaning-systems of our culture.

Signs are organized into languages and it is the existence of common languages which enable us to translate our thoughts (concepts) into words, sounds or images, and then to use these, operating as a language, to express meanings and communicate thoughts to other people. Remember that the term 'language' is being used here in a very broad and inclusive way. The writing system or the spoken system of a particular language are both obviously 'languages'. But so are visual images, whether produced by hand, mechanical, electronic, digital or some other means, when they are used to express meaning. And so are other things which aren't 'linguistic' in any

ordinary sense: the 'language' of facial expressions or of gesture, for example, or the 'language' of fashion, of clothes, or of traffic lights. Even music is a 'language', with complex relations between different sounds and chords, though it is a very special case since it can't easily be used to reference actual things or objects in the world (a point further elaborated in du Gay, ed., 1997, and Mackay, ed., 1997). Any sound, word, image or object which functions as a sign, and is organized with other signs into a system which is capable of carrying and expressing meaning is, from this point of view, 'a language'. It is in this sense that the model of meaning which I have been analysing here is often described as a 'linguistic' one; and that all the theories of meaning which follow this basic model are described as belonging to 'the linguistic turn' in the social sciences and cultural studies.

At the heart of the meaning process in culture, then, are two related 'systems of representation'. The first enables us to give meaning to the world by constructing a set of correspondences or a chain of equivalences between things – people, objects, events, abstract ideas, etc. – and our system of concepts, our conceptual maps. The second depends on constructing a set of correspondences between our conceptual map and a set of signs, arranged or organized into various languages which stand for or represent those concepts. The relation between 'things', concepts and signs lies at the heart of the production of meaning in language. The process which links these three elements together is what we call 'representation'.

1.2 Language and representation

Just as people who belong to the same culture must share a broadly similar conceptual map, so they must also share the same way of interpreting the signs of a language, for only in this way can meanings be effectively exchanged between people. But how do we know which concept stands for which thing? Or which word effectively represents which concept? How do I know which sounds or images will carry, through language, the meaning of my concepts and what I want to say with them to you? This may seem relatively simple in the case of visual signs, because the drawing, painting, camera or TV image of a sheep bears a resemblance to the animal with a woolly coat grazing in a field to which I want to refer. Even so, we need to remind ourselves that a drawn or painted or digital version of a sheep is not exactly like a 'real' sheep. For one thing, most images are in two dimensions whereas the 'real' sheep exists in three dimensions.

Visual signs and images, even when they bear a close resemblance to the things to which they refer, are still signs: they carry meaning and thus have to be interpreted. In order to interpret them, we must have access to the two systems of representation discussed earlier: to a conceptual map which correlates the sheep in the field with the concept of a 'sheep'; and a language system which in visual language, bears some resemblance to the real thing or 'looks like it' in some way. This argument is clearest if we think of a cartoon drawing or an abstract painting of a 'sheep', where we need a very



FIGURE 1.1
William Holman
Hunt, *Our English*
Coasts ("Strayed
Sheep"), 1852.

sophisticated conceptual and shared linguistic system to be certain that we are all 'reading' the sign in the same way. Even then we may find ourselves wondering whether it really is a picture of a sheep at all. As the relationship between the sign and its referent becomes less clear-cut, the meaning begins to slip and slide away from us into uncertainty. Meaning is no longer transparently passing from one person to another ...

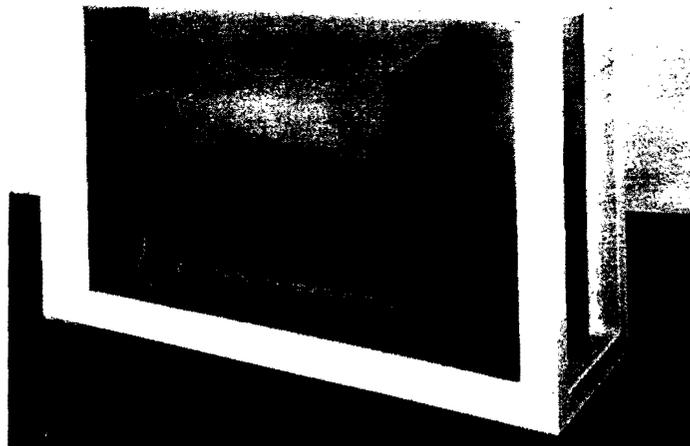
So, even in the case of visual language, where the relationship between the concept and the sign seems fairly straightforward, the matter is far from simple. It is even more difficult with written or spoken language, where words don't look or sound anything like the things to which they refer. In part, this is because there are different kinds of signs. Visual signs are what are called *iconic* signs. That is, they bear, in their form, a certain resemblance to the object, person or event to which they refer. A photograph of a tree reproduces some of the actual conditions of our visual perception in the visual sign. Written or spoken signs, on the other hand, are what is called *indexical*.

FIGURE 1.2

Q: When is a sheep not a sheep?

A: When it's a work of art.

(Damien Hirst, *Away from the Flock*, 1994).



They bear no obvious relationship at all to the things to which they refer. The letters T,R,E,E, do not look anything like trees in Nature, nor does the word 'tree' in English sound like 'real' trees (if indeed they make any sound at all!). The relationship in these systems of representation between the sign, the concept and the object to which they might be used to refer is entirely *arbitrary*. By 'arbitrary' we mean that in principle any collection of letters or any sound in any order would do the trick equally well. Trees would not mind if we used the word SEERT – 'trees' written backwards – to represent the concept of them. This is clear from the fact that, in French, quite different letters and a quite different sound is used to refer to what, to all appearances, is the same thing – a 'real' tree – and, as far as we can tell, to the same concept – a large plant that grows in nature. The French and English seem to be using the same concept. But the concept which in English is represented by the word, TREE, is represented in French by the word, ARBRE.

1.3 Sharing the codes

The question, then, is: how do people who belong to the same culture, who share the same conceptual map and who speak or write the same language (English) know that the arbitrary combination of letters and sounds that makes up the word, TREE, will stand for or represent the concept 'a large plant that grows in nature'? One possibility would be that the objects in the world themselves embody and fix in some way their 'true' meaning. But it is not at all clear that real trees *know* that they are trees, and even less clear that they know that the word in English which represents the concept of themselves is written TREE whereas in French it is written ARBRE! As far as they are concerned, it could just as well be written COW or VACHE or indeed XYZ. The meaning is *not* in the object or person or thing, nor is it *in* the word. It is we who fix the meaning so firmly that, after a while, it comes to seem natural and inevitable. The meaning is *constructed by the system of representation*. It is constructed and fixed by the *code*, which sets up the correlation between our conceptual system and our language system in such a way that, every time we think of a tree, the code tells us to use the English word TREE, or the French word ARBRE. The code tells us that, in our culture – that is, in our conceptual and language codes – the concept 'tree' is represented by the letters T,R,E,E, arranged in a certain sequence, just as in Morse code, the sign for V (which in World War II Churchill made 'stand for' or represent 'Victory') is Dot, Dot, Dot, Dash, and in the 'language of traffic lights', Green = Go! and Red = Stop!

One way of thinking about 'culture', then, is in terms of these shared conceptual maps, shared language systems and the *codes which govern the relationships of translation between them*. Codes fix the relationships between concepts and signs. They stabilize meaning within different languages and cultures. They tell us which language to use to convey which idea. The reverse is also true. Codes tell us which concepts are being referred to when we hear or read which signs. By arbitrarily fixing the relationships

between our conceptual system and our linguistic systems (remember, 'linguistic' in a broad sense), codes make it possible for us to speak and to hear intelligibly, and establish the translatability between our concepts and our languages which enables meaning to pass from speaker to hearer and be effectively communicated within a culture. This translatability is not given by nature or fixed by the gods. It is the result of a set of social conventions. It is fixed socially, fixed in culture. English or French or Hindi speakers have, over time, and without conscious decision or choice, come to an unwritten agreement, a sort of unwritten cultural covenant that, in their various languages, certain signs will stand for or represent certain concepts. This is what children learn, and how they become, not simply biological individuals but cultural subjects. They learn the system and conventions of representation, the codes of their language and culture, which equip them with cultural 'know-how' enabling them to function as culturally competent subjects. Not because such knowledge is imprinted in their genes, but because they learn its conventions and so gradually *become* 'cultured persons' – i.e. members of their culture. They unconsciously internalize the codes which allow them to express certain concepts and ideas through their systems of representation – writing, speech, gesture, visualization, and so on – and to interpret ideas which are communicated to them using the same systems.

You may find it easier to understand, now, why meaning, language and representation are such critical elements in the study of culture. To belong to a culture is to belong to roughly the same conceptual and linguistic universe, to know how concepts and ideas translate into different languages, and how language can be interpreted to refer to or *reference* the world. To share these things is to see the world from within the same conceptual map and to make sense of it through the same language systems. Early anthropologists of language, like Sapir and Whorf, took this insight to its logical extreme when they argued that we are all, as it were, locked into our cultural perspectives or 'mind-sets', and that language is the best clue we have to that conceptual universe. This observation, when applied to all human cultures, lies at the root of what, today, we may think of as cultural or linguistic *relativism*.

ACTIVITY 2

You might like to think further about this question of how different cultures conceptually classify the world and what implications this has for meaning and representation.

The English make a rather simple distinction between sleet and snow. The Inuit (Eskimos) who have to survive in a very different, more extreme and hostile climate, apparently have many more words for snow and snowy weather. Consider the list of Inuit terms for snow from the Scott Polar Research Institute in Table 1.1. There are many more than in English, making much finer and more complex distinctions. The Inuit have a complex classificatory conceptual system for the weather compared with the English. The novelist Peter Hoeg, for example, writing

about Greenland in his novel, *Miss Smilla's Feeling For Snow* (1994, pp. 5–6), graphically describes 'frazzil ice' which is 'kneaded together into a soapy mash called porridge ice, which gradually forms free-floating plates, pancake ice, which one, cold, noonday hour, on a Sunday, freezes into a single solid sheet'. Such distinctions are too fine and elaborate even for the English who are always talking about the weather! The question, however, is – do the Inuit actually experience snow differently from the English? Their language system suggests they conceptualize the weather differently. But how far is our experience actually bounded by our linguistic and conceptual universe?

Table I.1 Inuit terms for snow and ice

snow		ice	siku
blowing —	piqtuluk	— pan, broken —	siquumniq
is snowstorming	piqtuluktuq	— ice water	immiugaq
falling —	qanik	melts — to make water	immiuqtuaq
— is falling; — is snowing	qaniktuq	candle —	illauyiniq
light falling —	qaniaraq	flat —	qairmiq
light — is falling	qaniaraqtuq	glare —	quasaq
first layer of — in fall	apilraun	piled —	ivunrit
deep soft —	mauya	rough —	ivvuit
packed — to make water	aniu	shore —	tugiu
light soft —	aquluraq	shorefast —	tuvaq
sugar—	pukak	slush —	quna
waterlogged, mushy —	masak	young —	sikulialq
— is turning into <i>masak</i>	masaguqtuaq		
watery —	maqayak		
wet —	misak		
wet falling —	qanikkuk		
wet — is falling	qanikkuktuq		
— drifting along a surface	naturivik		
— is drifting along a surface	naturiviktuq		
— lying on a surface	apun		
snowflake	qanik		
is being drifted over with —	apiyuaq		

One implication of this argument about cultural codes is that, if meaning is the result, not of something fixed out there, in nature, but of our social, cultural and linguistic conventions, then meaning can never be *finally* fixed. We can all 'agree' to allow words to carry somewhat different meanings – as we have for example, with the word 'gay', or the use, by young people, of the word 'wicked!' as a term of approval. Of course, there must be *some* fixing of

meaning in language, or we would never be able to understand one another. We can't get up one morning and suddenly decide to represent the concept of a 'tree' with the letters or the word VYXZ, and expect people to follow what we are saying. On the other hand, there is no absolute or final fixing of meaning. Social and linguistic conventions do change over time. In the language of modern managerialism, what we used to call 'students', 'clients', 'patients' and 'passengers' have all become 'customers'. Linguistic codes vary significantly between one language and another. Many cultures do not have words for concepts which are normal and widely acceptable to us. Words constantly go out of common usage, and new phrases are coined: think, for example, of the use of 'down-sizing' to represent the process of firms laying people off work. Even when the actual words remain stable, their connotations shift or they acquire a different nuance. The problem is especially acute in translation. For example, does the difference in English between *know* and *understand* correspond exactly to and capture exactly the same conceptual distinction as the French make between *savoir* and *connaitre*? Perhaps; but can we be sure?

The main point is that meaning does not inhere *in* things, in the world. It is constructed, produced. It is the result of a signifying practice – a practice that *produces* meaning, that *makes things mean*.

1.4 Theories of representation

There are broadly speaking three approaches to explaining how representation of meaning through language works. We may call these the reflective, the intentional and the constructionist or constructivist approaches. You might think of each as an attempt to answer the questions, 'where do meanings come from?' and 'how can we tell the "true" meaning of a word or image?'

In the **reflective approach**, meaning is thought to lie in the object, person, idea or event in the real world, and language functions like a mirror, to *reflect* the true meaning as it already exists in the world. As the poet Gertrude Stein once said, 'A rose is a rose is a rose'. In the fourth century BC, the Greeks used the notion of *mimesis* to explain how language, even drawing and painting, mirrored or imitated Nature; they thought of Homer's great poem, *The Iliad*, as 'imitating' a heroic series of events. So the theory which says that language works by simply reflecting or imitating the truth that is already there and fixed in the world, is sometimes called 'mimetic'.

reflective or
mimetic approach

Of course there is a certain obvious truth to mimetic theories of representation and language. As we've pointed out, visual signs do bear some relationship to the shape and texture of the objects which they represent. But, as was also pointed out earlier, a two-dimensional visual image of a rose is a sign – it should not be confused with the real plant with thorns and blooms growing in the garden. Remember also that there are many words, sounds and images which we fully well understand but which are entirely fictional or fantasy and refer to worlds which are wholly imaginary – including, many people now

think, most of *The Iliad*! Of course, I can use the word 'rose' to refer to real, actual plants growing in a garden, as we have said before. But this is because I know the code which links the concept with a particular word or image. I cannot *think* or *speak* or *draw* with an actual rose. And if someone says to me that there is no such word as 'rose' for a plant in her culture, the actual plant in the garden cannot resolve the failure of communication between us. Within the conventions of the different language codes we are using, we are both right – and for us to understand each other, one of us must learn the code linking the flower with the word for it in the other's culture.

intentional
approach

The second approach to meaning in representation argues the opposite case. It holds that it is the speaker, the author, who imposes his or her unique meaning on the world through language. Words mean what the author intends they should mean. This is the **intentional approach**. Again, there is some point to this argument since we all, as individuals, do use language to convey or communicate things which are special or unique to us, to our way of seeing the world. However, as a general theory of representation through language, the intentional approach is also flawed. We cannot be the sole or unique source of meanings in language, since that would mean that we could express ourselves in entirely private languages. But the essence of language is communication and that, in turn, depends on shared linguistic conventions and shared codes. Language can never be wholly a private game. Our private intended meanings, however personal to us, have to *enter into the rules, codes and conventions of language* to be shared and understood. Language is a social system through and through. This means that our private thoughts have to negotiate with all the other meanings for words or images which have been stored in language which our use of the language system will inevitably trigger into action.

r
approach

constructionist
approach

The third approach recognizes this public, social character of language. It acknowledges that neither things in themselves nor the individual users of language can fix meaning in language. Things don't *mean*: we *construct* meaning, using representational systems – concepts and signs. Hence it is called the **constructivist or constructionist approach** to meaning in language. According to this approach, we must not confuse the *material* world, where things and people exist, and the *symbolic* practices and processes through which representation, meaning and language operate. Constructivists do not deny the existence of the material world. However, it is not the material world which conveys meaning: it is the language system or whatever system we are using to represent our concepts. It is social actors who use the conceptual systems of their culture and the linguistic and other representational systems to construct meaning, to make the world meaningful and to communicate about that world meaningfully to others.

Of course, signs may also have a material dimension. Representational systems consist of the actual *sounds* we make with our vocal chords, the *images* we make on light-sensitive paper with cameras, the *marks* we make with paint on canvas, the digital *impulses* we transmit electronically. Representation is a practice, a kind of 'work', which uses material objects and

effects. But the *meaning* depends, not on the material quality of the sign, but on its *symbolic function*. It is because a particular sound or word *stands for*, *symbolizes* or *represents* a concept that it can function, in language, as a sign and convey meaning – or, as the constructionists say, signify (sign-i-fy).

1.5 The language of traffic lights

The simplest example of this point, which is critical for an understanding of how languages function as representational systems, is the famous traffic lights example. A traffic light is a machine which produces different coloured lights in sequence. The effect of light of different wavelengths on the eye – which is a natural and material phenomenon – produces the sensation of different colours. Now these things certainly do exist in the material world. But it is our culture which breaks the spectrum of light into different colours, distinguishes them from one another and attaches names – Red, Green, Yellow, Blue – to them. We use a way of *classifying* the colour spectrum to create colours which are different from one another. We *represent* or *symbolize* the different colours and classify them according to different colour-concepts. This is the conceptual colour system of our culture. We say ‘our culture’ because, of course, other cultures may divide the colour spectrum differently. What’s more, they certainly use different actual *words* or *letters* to identify different colours: what we call ‘red’, the French call ‘rouge’ and so on. This is the linguistic code – the one which correlates certain words (signs) with certain colours (concepts), and thus enables us to communicate about colours to other people, using ‘the language of colours’.

But how do we use this representational or symbolic system to regulate the traffic? Colours do not have any ‘true’ or fixed meaning in that sense. Red does not mean ‘Stop’ in nature, any more than Green means ‘Go’. In other settings, Red may stand for, symbolize or represent ‘Blood’ or ‘Danger’ or ‘Communism’; and Green may represent ‘Ireland’ or ‘The Countryside’ or ‘Environmentalism’. Even these meanings can change. In the ‘language of electric plugs’, Red used to mean ‘the connection with the positive charge’ but this was arbitrarily and without explanation changed to Brown! But then for many years the producers of plugs had to attach a slip of paper telling people that the code or convention had changed, otherwise how would they know? Red and Green work in the language of traffic lights because ‘Stop’ and ‘Go’ are the meanings which have been assigned to them in our culture by the code or conventions governing this language, and this code is widely known and almost universally obeyed in our culture and cultures like ours – though we can well imagine other cultures which did not possess the code, in which this language would be a complete mystery.

Let us stay with the example for a moment, to explore a little further how, according to the constructionist approach to representation, colours and the ‘language of traffic lights’ work as a signifying or representational system. Recall the *two* representational systems we spoke of earlier. First, there is the conceptual map of colours in our culture – the way colours are distinguished

from one another, classified and arranged in our mental universe. Secondly, there are the ways words or images are correlated with colours in our language – our linguistic colour-codes. Actually, of course, a *language* of colours consists of more than just the individual words for different points on the colour spectrum. It also depends on how they function in relation to one another – the sorts of things which are governed by grammar and syntax in written or spoken languages, which allow us to express rather complex ideas. In the language of traffic lights, it is the sequence and position of the colours, as well as the colours themselves, which enable them to carry meaning and thus function as signs.

Does it matter which colours we use? No, the constructionists argue. This is because what signifies is not the colours themselves but (a) the fact that they are different and can be distinguished from one another; and (b) the fact that they are organized into a particular sequence – Red followed by Green, with sometimes a warning Amber in between which says, in effect, ‘Get ready! Lights about to change.’ Constructionists put this point in the following way. What signifies, what carries meaning – they argue – is not each colour in itself nor even the concept or word for it. It is *the difference between Red and Green* which signifies. This is a very important principle, in general, about representation and meaning, and we shall return to it on more than one occasion in the chapters which follow. Think about it in these terms. If you couldn’t differentiate between Red and Green, you couldn’t use one to mean ‘Stop’ and the other to mean ‘Go’. In the same way, it is only the difference between the letters P and T which enable the word SHEEP to be linked, in the English language code, to the concept of ‘the animal with four legs and a woolly coat’, and the word SHEET to ‘the material we use to cover ourselves in bed at night’.

In principle, any combination of colours – like any collection of letters in written language or of sounds in spoken language – would do, provided they are sufficiently different not to be confused. Constructionists express this idea by saying that all signs are ‘arbitrary’. ‘Arbitrary’ means that there is no natural relationship between the sign and its meaning or concept. Since Red only means ‘Stop’ because that is how the code works, in principle any colour would do, including Green. It is the code that fixes the meaning, not the colour itself. This also has wider implications for the theory of representation and meaning in language. It means that signs themselves cannot fix meaning. Instead, meaning depends on *the relation between* a sign and a concept which is fixed by a code. Meaning, the constructionists would say, is ‘relational’.

ACTIVITY 3

Why not test this point about the arbitrary nature of the sign and the importance of the code for yourself? Construct a code to govern the movement of traffic using two different colours – Yellow and Blue – as in the following:

When the yellow light is showing, ...

Now add an instruction allowing pedestrians and cyclists only to cross, using Pink.

Provided the code tells us clearly how to read or interpret each colour, and everyone agrees to interpret them in this way, any colour will do. These are just colours, just as the word SHEEP is just a jumble of letters. In French the same animal is referred to using the very different linguistic sign MOUTON. Signs are arbitrary. Their meanings are fixed by codes.

As we said earlier, traffic lights are machines, and colours are the material effect of light-waves on the retina of the eye. But objects – things – can also function as signs, provided they have been assigned a concept and meaning within our cultural and linguistic codes. As signs, they work symbolically – they represent concepts, and signify. Their effects, however, are felt in the material and social world. Red and Green function in the language of traffic lights as signs, but they have real material and social effects. They regulate the social behaviour of drivers and, without them, there would be many more traffic accidents at road intersections.

1.6 Summary

We have come a long way in exploring the nature of representation. It is time to summarize what we have learned about the constructionist approach to representation through language.

Representation is the production of meaning through language. In representation, constructionists argue, we use signs, organized into languages of different kinds, to communicate meaningfully with others. Languages can use signs to symbolize, stand for or reference objects, people and events in the so-called 'real' world. But they can also reference imaginary things and fantasy worlds or abstract ideas which are not in any obvious sense part of our material world. There is no simple relationship of reflection, imitation or one-to-one correspondence between language and the real world. The world is not accurately or otherwise reflected in the mirror of language. Language does not work like a mirror. Meaning is produced within language, in and through various representational systems which, for convenience, we call 'languages'. Meaning is produced by the practice, the 'work', of representation. It is constructed through signifying – i.e. meaning-producing – practices.

How does this take place? In fact, it depends on two different but related systems of representation. First, the concepts which are formed in the mind function as a system of mental representation which classifies and organizes the world into meaningful categories. If we have a concept for something, we can say we know its 'meaning'. But we cannot communicate this meaning without a second system of representation, a language. Language consists of signs organized into various relationships. But signs can only convey meaning

FIGUR
Juan Co
Quince,
Melon a
Cucumb
c. 1602.

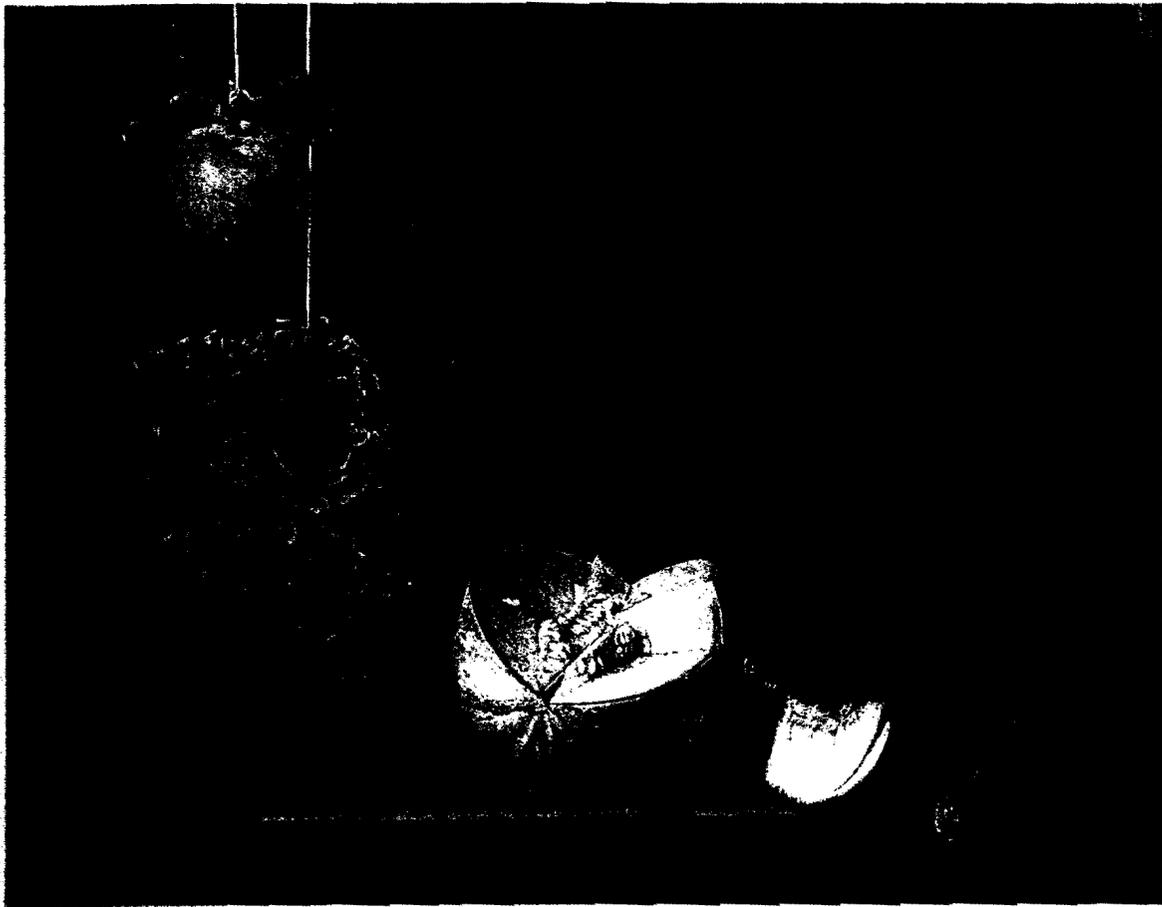
if we possess codes which allow us to translate our concepts into language – and vice versa. These codes are crucial for meaning and representation. They do not exist in nature but are the result of social conventions. They are a crucial part of our culture – our shared ‘maps of meaning’ – which we learn and unconsciously internalize as we become members of our culture. This constructionist approach to language thus introduces the symbolic domain of life, where words and things function as signs, into the very heart of social life itself.

ACTIVITY 4

All this may seem rather abstract. But we can quickly demonstrate its relevance by an example from painting.

Look at the painting of a still life by the Spanish painter, Juan Sanchez Cotán (1521–1627), entitled *Quince, Cabbage, Melon and Cucumber* (Figure 1.3). It seems as if the painter has made every effort to use the ‘language of painting’ accurately to reflect these four objects, to capture or ‘imitate nature’. Is this, then, an example of a *reflective* or *mimetic* form of representation – a painting reflecting the ‘true meaning’ of what already exists in Cotán’s kitchen? Or can we find the operation of certain codes,

FIGURE 1.3
Juan Cotán,
*Quince, Cabbage,
Melon and
Cucumber*,
c. 1602.



the language of painting used to produce a certain meaning? Start with the question, what does the painting mean to you? What is it 'saying'? Then go on to ask, how is it saying it – how does representation work in this painting?

Write down any thoughts at all that come to you on looking at the painting. What do these objects say to you? What meanings do they trigger off?

READING A

Now read the edited extract from an analysis of the still life by the art critic and theorist, Norman Bryson, included as Reading A at the end of this chapter. Don't be concerned, at this stage, if the language seems a little difficult and you don't understand all the terms. Pick out the main points about the way *representation* works in the painting, according to Bryson.

Bryson is by no means the only critic of Cotán's painting, and certainly doesn't provide the only 'correct' reading of it. That's not the point. The point of the example is that he helps us to see how, even in a still life, the 'language of painting' does *not* function simply to reflect or imitate a meaning which is already there in nature, but to *produce meanings*. The act of painting is a *signifying practice*. Take note, in particular, of what Bryson says about the following points:

- 1 the way the painting invites you, the viewer, to *look* – what he calls its 'mode of seeing'; in part, the function of the language is to position you, the viewer, in a certain relation to meaning.
- 2 the relationship to *food* which is posed by the painting.
- 3 how, according to Bryson, 'mathematical form' is used by Cotán to *distort* the painting so as to bring out a particular meaning. Can a distorted meaning in painting be 'true'?
- 4 the meaning of the difference between 'creatural' and 'geometric' space: the language of painting creates its own kind of space.

If necessary, work through the extract again, picking up these specific points.

2 Saussure's legacy

The social constructionist view of language and representation which we have been discussing owes a great deal to the work and influence of the Swiss linguist, Saussure, who was born in Geneva in 1857, did much of his work in Paris, and died in 1913. He is known as the 'father of modern linguistics'. For our purposes, his importance lies, not in his detailed work in linguistics, but in his general view of representation and the way his model of language

shaped the *semiotic* approach to the problem of representation in a wide variety of cultural fields. You will recognize much about Saussure's thinking from what we have already said about the *constructionist* approach.

sign

signifier

signified

For Saussure, according to Jonathan Culler (1976, p. 19), the production of meaning depends on language: 'Language is a system of signs.' Sounds, images, written words, paintings, photographs, etc. function as signs within language 'only when they serve to express or communicate ideas ... [To] communicate ideas, they must be part of a system of conventions ...' (ibid.). Material objects can function as signs and communicate meaning too, as we saw from the 'language of traffic lights' example. In an important move, Saussure analysed the sign into two further elements. There was, he argued, the *form* (the actual word, image, photo, etc.), and there was the *idea or concept* in your head with which the form was associated. Saussure called the first element, the **signifier**, and the second element – the corresponding concept it triggered off in your head – the **signified**. Every time you hear or read or see the *signifier* (e.g. the word or image of a *Walkman*, for example), it correlates with the *signified* (the concept of a portable cassette-player in your head). Both are required to produce meaning but it is the relation between them, fixed by our cultural and linguistic codes, which sustains representation. Thus 'the sign is the union of a form which signifies (*signifier*) ... and an idea signified (*signified*). Though we may speak ... as if they are separate entities, they exist only as components of the sign ... (which is) the central fact of language' (Culler, 1976, p. 19).

Saussure also insisted on what in section 1 we called the arbitrary nature of the sign: 'There is no natural or inevitable link between the signifier and the signified' (ibid.). Signs do not possess a fixed or essential meaning. What signifies, according to Saussure, is not RED or the essence of 'red-ness', but *the difference between RED and GREEN*. Signs, Saussure argued 'are members of a system and are defined in relation to the other members of that system.' For example, it is hard to define the meaning of FATHER except in relation to, and in terms of its difference from, other kinship terms, like MOTHER, DAUGHTER, SON and so on.

This marking of difference within language is fundamental to the production of meaning, according to Saussure. Even at a simple level (to repeat an earlier example), we must be able to distinguish, within language, between SHEEP and SHEET, before we can link one of those words to the concept of an animal that produces wool, and the other to the concept of a cloth that covers a bed. The simplest way of marking difference is, of course, by means of a binary opposition – in this example, all the letters are the same except P and T. Similarly, the meaning of a concept or word is often defined in relation to its direct opposite – as in night/day. Later critics of Saussure were to observe that binaries (e.g. *black/white*) are only one, rather simplistic, way of establishing difference. As well as the stark difference between *black* and *white*, there are also the many other, subtler differences between *black* and *dark grey*, *dark grey* and *light grey*, *grey* and *cream* and *off-white*, *off-white* and *brilliant white*, just as there are between *night*, *dawn*, *daylight*, *noon*, *dusk*,

and so on. However, his attention to binary oppositions brought Saussure to the revolutionary proposition that a language consists of signifiers, but in order to produce meaning, the signifiers have to be organized into 'a system of differences'. It is the differences between signifiers which signify.

Furthermore, the relation between the *signifier* and the *signified*, which is fixed by our cultural codes, is not – Saussure argued – permanently fixed. Words shift their meanings. The concepts (signifieds) to which they refer also change, historically, and every shift alters the conceptual map of the culture, leading different cultures, at different historical moments, to classify and think about the world differently. For many centuries, western societies have associated the word BLACK with everything that is dark, evil, forbidding, devilish, dangerous and sinful. And yet, think of how the perception of black people in America in the 1960s changed after the phrase 'Black is Beautiful' became a popular slogan – where the *signifier*, BLACK, was made to signify the exact opposite meaning (*signified*) to its previous associations. In Saussure's terms, 'Language sets up an arbitrary relation between signifiers of its own choosing on the one hand, and signifieds of its own choosing on the other. Not only does each language produce a different set of signifiers, articulating and dividing the continuum of sound (or writing or drawing or photography) in a distinctive way; each language produces a different set of signifieds; it has a distinctive and thus arbitrary way of organizing the world into concepts and categories' (Culler, 1976, p. 23).

The implications of this argument are very far-reaching for a theory of representation and for our understanding of culture. If the relationship between a signifier and its signified is the result of a system of social conventions specific to each society and to specific historical moments – then all meanings are produced within history and culture. They can never be finally fixed but are always subject to change, both from one cultural context and from one period to another. There is thus no single, unchanging, universal 'true meaning'. 'Because it is arbitrary, the sign is totally subject to history and the combination at the particular moment of a given signifier and signified is a contingent result of the historical process' (Culler, 1976, p. 36). This opens up meaning and representation, in a radical way, to history and change. It is true that Saussure himself focused exclusively on the state of the language system at one moment of time rather than looking at linguistic change over time. However, for our purposes, the important point is the way this approach to language *unfixes* meaning, breaking any natural and inevitable tie between signifier and signified. This opens representation to the constant 'play' or slippage of meaning, to the constant production of new meanings, new interpretations.

However, if meaning changes, historically, and is never finally fixed, then it follows that 'taking the meaning' must involve an active process of **interpretation**. Meaning has to be actively 'read' or 'interpreted'. Consequently, there is a necessary and inevitable imprecision about language. The meaning we take, as viewers, readers or audiences, is never exactly the meaning which has been given by the speaker or writer or by other

interpretation

viewers. And since, in order to say something meaningful, we have to 'enter language', where all sorts of older meanings which pre-date us, are already stored from previous eras, we can never cleanse language completely, screening out all the other, hidden meanings which might modify or distort what we want to say. For example, we can't entirely prevent some of the negative connotations of the word BLACK from returning to mind when we read a headline like, 'WEDNESDAY – A BLACK DAY ON THE STOCK EXCHANGE', even if this was not intended. There is a constant *sliding of meaning* in all interpretation, a margin – something in excess of what we intend to say – in which other meanings overshadow the statement or the text, where other associations are awakened to life, giving what we say a different twist. So interpretation becomes an essential aspect of the process by which meaning is given and taken. The *reader* is as important as the *writer* in the production of meaning. Every signifier given or encoded with meaning has to be meaningfully interpreted or decoded by the receiver (Hall, 1980). Signs which have not been intelligibly received and interpreted are not, in any useful sense, 'meaningful'.

2.1 The social part of language

Saussure divided language into two parts. The first consisted of the general rules and codes of the linguistic system, which all its users must share, if it is to be of use as a means of communication. The rules are the principles which we learn when we learn a language and they enable us to use language to say whatever we want. For example, in English, the preferred word order is subject–verb–object ('the cat sat on the mat'), whereas in Latin, the verb usually comes at the end. Saussure called this underlying rule-governed structure of language, which enables us to produce well-formed sentences, the *langue* (the language system). The second part consisted of the particular acts of speaking or writing or drawing, which – using the structure and rules of the *langue* – are produced by an actual speaker or writer. He called this *parole*. 'La *langue* is the system of language, the language as a system of forms, whereas *parole* is actual speech [or writing], the speech acts which are made possible by the language' (Culler, 1976, p. 29).

For Saussure, the underlying structure of rules and codes (*langue*) was the social part of language, the part which could be studied with the law-like precision of a science because of its closed, limited nature. It was his preference for studying language at this level of its 'deep structure' which made people call Saussure and his model of language, **structuralist**. The second part of language, the individual speech-act or utterance (*parole*), he regarded as the 'surface' of language. There were an infinite number of such possible utterances. Hence, *parole* inevitably lacked those structural properties – forming a closed and limited set – which would have enabled us to study it 'scientifically'. What made Saussure's model appeal to many later scholars was the fact that the closed, structured character of language at the level of its rules and laws, which, according to Saussure, enabled it to be

studied scientifically, was combined with the capacity to be free and unpredictably creative in our actual speech acts. They believed he had offered them, at last, a scientific approach to that least scientific object of inquiry – culture.

In separating the social part of language (*langue*) from the individual act of communication (*parole*), Saussure broke with our common-sense notion of how language works. Our common-sense intuition is that language comes from within us – from the individual speaker or writer; that it is this speaking or writing subject who is the author or originator of meaning. This is what we called, earlier, the *intentional* model of representation. But according to Saussure's schema, each authored statement only becomes possible because the 'author' shares with other language-users the common rules and codes of the language system – the *langue* – which allows them to communicate with each other meaningfully. The author decides what she wants to say. But she cannot 'decide' whether or not to use the rules of language, if she wants to be understood. We are born into a language, its codes and its meanings. Language is therefore, for Saussure, a social phenomenon. It cannot be an individual matter because we cannot make up the rules of language individually, for ourselves. Their source lies in society, in the culture, in our shared cultural codes, in the language system – not in nature or in the individual subject.

We will move on in section 3 to consider how the constructionist approach to representation, and in particular Saussure's linguistic model, was applied to a wider set of cultural objects and practices, and evolved into the *semiotic* method which so influenced the field. First we ought to take account of some of the criticisms levelled at his position.

2.2 Critique of Saussure's model

Saussure's great achievement was to force us to focus on language itself, as a social fact; on the process of representation itself; on how language actually works and the role it plays in the production of meaning. In doing so, he saved language from the status of a mere transparent medium between *things* and *meaning*. He showed, instead, that representation was a practice. However, in his own work, he tended to focus almost exclusively on the two aspects of the sign – *signifier* and *signified*. He gave little or no attention to how this relation between *signifier/signified* could serve the purpose of what earlier we called *reference* – i.e. referring us to the world of things, people and events outside language in the 'real' world. Later linguists made a distinction between, say, the meaning of the word BOOK and the use of the word to refer to a *specific* book lying before us on the table. The linguist, Charles Sanders Peirce, whilst adopting a similar approach to Saussure, paid greater attention to the relationship between signifiers/signifieds and what he called their *referents*. What Saussure called signification really involves *both* meaning and reference, but he focused mainly on the former.

Another problem is that Saussure tended to focus on the *formal* aspects of language – how language actually works. This has the great advantage of making us examine representation as a practice worthy of detailed study in its own right. It forces us to look at language for itself, and not just as an empty, transparent, ‘window on the world’. However, Saussure’s focus on language may have been too exclusive. The attention to its formal aspects did divert attention away from the more interactive and dialogic features of language – language as it is actually used, as it functions in actual situations, in dialogue between different kinds of speakers. It is thus not surprising that, for Saussure, questions of *power* in language – for example, between speakers of different status and positions – did not arise.

As has often been the case, the ‘scientific’ dream which lay behind the structuralist impulse of his work, though influential in alerting us to certain aspects of how language works, proved to be illusory. Language is *not* an object which can be studied with the law-like precision of a science. Later cultural theorists learned from Saussure’s ‘structuralism’ but abandoned its scientific premise. Language remains rule-governed. But it is not a ‘closed’ system which can be reduced to its formal elements. Since it is constantly changing, it is by definition *open-ended*. Meaning continues to be produced through language in forms which can never be predicted beforehand and its ‘sliding’, as we described it above, cannot be halted. Saussure may have been tempted to the former view because, like a good structuralist, he tended to study the state of the language system at one moment, as if it had stood still, and he could halt the flow of language-change. Nevertheless it is the case that many of those who have been most influenced by Saussure’s radical break with all reflective and intentional models of representation, have built on his work; not by imitating his scientific and ‘structuralist’ approach, but by applying his model in a much looser, more open-ended – i.e. ‘post-structuralist’ – way.

2.3 Summary

How far, then, have we come in our discussion of theories of *representation*? We began by contrasting three different approaches. The *reflective* or *mimetic* approach proposed a direct and transparent relationship of imitation or reflection between words (signs) and things. The *intentional* theory reduced representation to the intentions of its author or subject. The *constructionist* theory proposed a complex and mediated relationship between things in the world, our concepts in thought and language. We have focused at greatest length on this approach. The correlations between these levels – the material, the conceptual and the signifying – are governed by our cultural and linguistic codes and it is this set of interconnections which produces meaning. We then showed how much this general model of how systems of representation work in the production of meaning owed to the work of Ferdinand de Saussure. Here, the key point was the link provided by the codes between the forms of expression used by language (whether speech,

writing, drawing, or other types of representation) – which Saussure called the *signifiers* – and the mental concepts associated with them – the *signifieds*. The connection between these two systems of representation produced *signs*; and signs, organized into languages, produced meanings, and could be used to reference objects, people and events in the ‘real’ world.

3 From language to culture: linguistics to semiotics

Saussure’s main contribution was to the study of linguistics in a narrow sense. However, since his death, his theories have been widely deployed, as a foundation for a general approach to language and meaning, providing a model of representation which has been applied to a wide range of cultural objects and practices. Saussure himself foresaw this possibility in his famous lecture-notes, collected posthumously by his students as the *Course in General Linguistics* (1960), where he looked forward to ‘A science that studies the life of signs within society ... I shall call it semiology, from the Greek *semeion* “signs” ...’ (p. 16). This general approach to the study of signs in culture, and of culture as a sort of ‘language’, which Saussure foreshadowed, is now generally known by the term **semiotics**.

The underlying argument behind the semiotic approach is that, since all cultural objects convey meaning, and all cultural practices depend on meaning, they must make use of signs; and in so far as they do, they must work like language works, and be amenable to an analysis which basically makes use of Saussure’s linguistic concepts (e.g. the signifier/signified and *langue/parole* distinctions, his idea of underlying codes and structures, and the arbitrary nature of the sign). Thus, when in his collection of essays, *Mythologies* (1972), the French critic, Roland Barthes, studied ‘The world of wrestling’, ‘Soap powders and detergents’, ‘The face of Greta Garbo’ or ‘The *Blue Guides* to Europe’, he brought a *semiotic* approach to bear on ‘reading’ popular culture, treating these activities and objects as signs, as a language through which meaning is communicated. For example, most of us would think of a wrestling match as a competitive game or sport designed for one wrestler to gain victory over an opponent. Barthes, however, asks, not ‘Who won?’ but ‘What is the meaning of this event?’ He treats it as a *text* to be read. He ‘reads’ the exaggerated gestures of wrestlers as a grandiloquent language of what he calls the pure spectacle of excess.

semiotics

FIGURE 1.4
Wrestling as a language of ‘excess’.



READING B

You should now read the brief extract from Barthes's 'reading' of 'The world of wrestling', provided as Reading B at the end of this chapter.

In much the same way, the French anthropologist, Claude Lévi-Strauss, studied the customs, rituals, totemic objects, designs, myths and folk-tales of so-called 'primitive' peoples in Brazil, not by analysing how these things were produced and used in the context of daily life amongst the Amazonian peoples, but in terms of what they were trying to 'say', what messages about the culture they communicated. He analysed their meaning, not by interpreting their content, but by looking at the underlying rules and codes through which such objects or practices produced meaning and, in doing so, he was making a classic Saussurean or structuralist 'move', from the *paroles* of a culture to the underlying structure, its *langue*. To undertake this kind of work, in studying the meaning of a television programme like *Eastenders*, for example, we would have to treat the pictures on the screen as signifiers, and use the code of the television soap opera as a *genre*, to discover how each image on the screen made use of these rules to 'say something' (*signifieds*) which the viewer could 'read' or interpret within the formal framework of a particular kind of television narrative (see the discussion and analysis of TV soap operas in Chapter 6).

In the semiotic approach, not only words and images but objects themselves can function as signifiers in the production of meaning. Clothes, for example, may have a simple physical function – to cover the body and protect it from the weather. But clothes also double up as signs. They construct a meaning and carry a message. An evening dress may signify 'elegance'; a bow tie and tails, 'formality'; jeans and trainers, 'casual dress'; a certain kind of sweater in the right setting, 'a long, romantic, autumn walk in the wood' (Barthes, 1967). These signs enable clothes to convey meaning and to function like a language – 'the language of fashion'. How do they do this?

ACTIVITY 5

Look at the example of clothes in a magazine fashion spread (Figure 1.5). Apply Saussure's model to analyse what the clothes are 'saying'? How would you decode their message? In particular, which elements are operating as *signifiers* and what concepts – *signifieds* – are you applying to them? Don't just get an overall impression – work it out in detail. How is the 'language of fashion' working in this example?

The clothes themselves are the *signifiers*. The fashion code in western consumer cultures like ours correlates particular kinds or combinations of clothing with certain concepts ('elegance', 'formality', 'casual-ness', 'romance'). These are the *signifieds*. This coding converts the clothes into *signs*, which can then be read as a language. In the language of fashion, the signifiers are arranged in a certain sequence, in certain relations to one another. Relations may be of similarity – certain items 'go together'

E 1.4
g as a
of



(e.g. casual shoes with jeans). Differences are also marked – no leather belts with evening wear. Some signs actually create meaning by exploiting ‘difference’: e.g. Doc Marten boots with flowing long skirt. These bits of clothing ‘say something’ – they convey meaning. Of course, not everybody reads fashion in the same way. There are differences of gender, age, class, ‘race’. But all those who share the same fashion code will interpret the signs in roughly the same ways. ‘Oh, jeans don’t look right for that event. It’s a formal occasion – it demands something more elegant.’

You may have noticed that, in this example, we have moved from the very narrow linguistic level from which we drew examples in the first section, to a wider, cultural level. Note, also, that two linked operations are required to complete the representation process by which meaning is produced. First, we need a basic *code* which links a particular piece of material which is cut and sewn in a particular way (*signifier*) to our mental concept of it (*signified*) – say a particular cut of material to our concept of ‘a dress’ or ‘jeans’. (Remember that only some cultures would ‘read’ the signifier in this way, or indeed possess the concept of (i.e. have classified clothes into) ‘a dress’, as different from ‘jeans’.) The combination of signifier and signified is what Saussure called a *sign*. Then, having recognized the material as a dress, or as jeans, and produced a sign, we can progress to a second, wider level, which links these signs to broader, cultural themes, concepts or meanings – for example, an evening dress to ‘formality’ or ‘elegance’, jeans to ‘casualness’. Barthes called the first, descriptive level, the level of **denotation**: the second level, that of **connotation**. Both, of course, require the use of codes.

Denotation is the simple, basic, descriptive level, where consensus is wide and most people would agree on the meaning (‘dress’, ‘jeans’). At the second level – *connotation* – these signifiers which we have been able to ‘decode’ at a simple level by using our conventional conceptual classifications of dress to read their meaning, enter a wider, second kind of code – ‘the language of fashion’ – which connects them to broader themes and meanings, linking them with what, we may call the wider *semantic fields* of our culture: ideas of ‘elegance’, ‘formality’, ‘casualness’ and ‘romance’. This second, wider meaning is no longer a descriptive level of obvious interpretation. Here we are beginning to interpret the completed signs in terms of the wider realms of



FIGURE 1.5
Advertisement for
Gucci, in *Vogue*,
September 1995.

denotation
connotation

social ideology – the general beliefs, conceptual frameworks and value systems of society. This second level of signification, Barthes suggests, is more ‘general, global and diffuse ...’. It deals with ‘fragments of an ideology... These signifieds have a very close communication with culture, knowledge, history and it is through them, so to speak, that the environmental world [of the culture] invades the system [of representation]’ (Barthes, 1967, pp. 91–2).

3.1 Myth today

In his essay ‘Myth today’, in *Mythologies*, Barthes gives another example which helps us to see exactly how representation is working at this second, broader cultural level. Visiting the barbers’ one day, Barthes is shown a copy of the French magazine *Paris Match*, which has on its cover a picture of ‘a young Negro in a French uniform saluting with his eyes uplifted, probably fixed on the fold of the tricolour’ (the French flag) (1972b, p. 116). At the first level, to get any meaning at all, we need to decode each of the signifiers in the image into their appropriate concepts: e.g. a soldier, a uniform, an arm raised, eyes lifted, a French flag. This yields a set of signs with a simple, literal message or meaning: *a black soldier is giving the French flag a salute* (denotation). However, Barthes argues that this image also has a wider, cultural meaning. If we ask, ‘What is *Paris Match* telling us by using this picture of a black soldier saluting a French flag?’, Barthes suggests that we may come up with the message: ‘*that France is a great Empire, and that all her sons, without any colour discrimination, faithfully serve under her flag, and that there is no better answer to the detractors of an alleged colonialism than the zeal shown by this Negro in serving his so-called oppressors*’ (connotation) (ibid.).

Whatever you think of the actual ‘message’ which Barthes finds, for a proper semiotic analysis you must be able to outline precisely the different steps by which this broader meaning has been produced. Barthes argues that here representation takes place through two separate but linked processes. In the first, the signifiers (the elements of the image) and the signifieds (the concepts – soldier, flag and so on) unite to form a sign with a simple denoted message: *a black soldier is giving the French flag a salute*. At the second stage, this completed message or sign is linked to a second set of signifieds – a broad, ideological theme about French colonialism. The first, completed meaning functions as the signifier in the second stage of the representation process, and when linked with a wider theme by a reader, yields a second, more elaborate and ideologically framed message or meaning. Barthes gives this second concept or theme a name – he calls it ‘a purposeful mixture of “French imperialism” and “militariness”’. This, he says, adds up to a ‘message’ about French colonialism and her faithful Negro soldier-sons. Barthes calls this second level of signification the level of *myth*. In this reading, he adds, ‘French imperialism is the very drive behind the myth. The concept reconstitutes a chain of causes and effects, motives and intentions ...



FIGURE 1.5
Advertisement for
in *Vogue*,
November 1995.

tion
ation

Through the concept ... a whole new history ... is implanted in the myth ... the concept of French imperialism ... is again tied to the totality of the world: to the general history of France, to its colonial adventures, to its present difficulties' (Barthes, 1972b, p. 119).

READING C

Turn to the short extract from 'Myth today' (Reading C at the end of this chapter), and read Barthes's account of how myth functions as a system of representation. Make sure you understand what Barthes means by 'two staggered systems' and by the idea that myth is a 'meta-language' (a second-order language).

For another example of this two-stage process of signification, we can turn now to another of Barthes's famous essays.

READING D

Now, look carefully at the advertisement for *Panzani* products (Figure 1.6) and, with Barthes's analysis in mind, do the following exercise:

- 1 What *signifiers* can you identify in the ad?
- 2 What do they mean? What are their *signifieds*?
- 3 Now, look at the ad as a whole, at the level of 'myth'. What is its wider, cultural message or theme? Can you construct one?

READING E

Now read the second extract from Barthes, in which he offers an interpretation of the *Panzani* ad for spaghetti and vegetables in a string bag as a 'myth' about Italian national culture. The extract from 'Rhetoric of the image', in *Image-Music-Text* (1977), is included as Reading D at the end of this chapter.

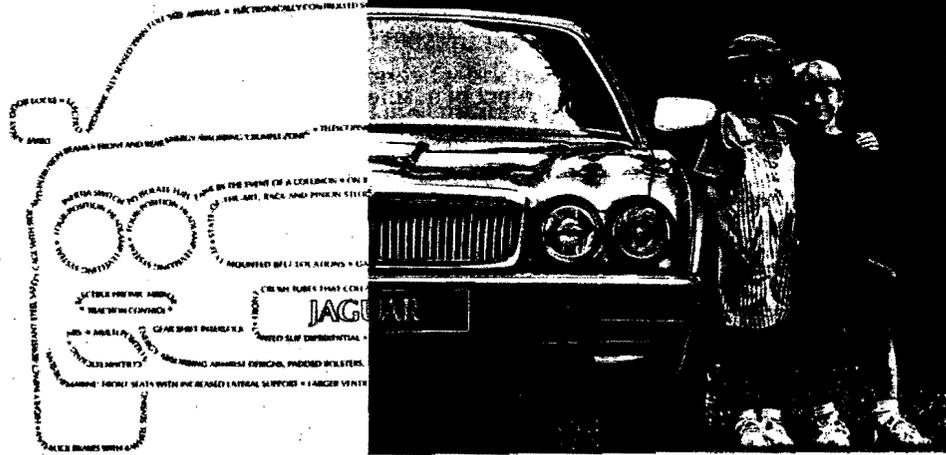


FIGURE 1.6

'Italian ness' and the *Panzani* ad.

WE TOOK THE MOST SOPHISTICATED SYSTEMS
OF OCCUPANT PROTECTION.

AND PUT THEM INTO PERFECT ENGLISH.



**INTRODUCING THE
NEW JAGUAR XJ SERIES.**

When development began on the new XJ Series, we started with a blank page and only one idea: to make the greatest car in the world.

...and then we had to protect passengers from the event of a collision. Energy absorbing crush tubes were built into the front of the car to collapse progressively on impact, the greater velocity, energy absorbing crush tubes added to the doors and a new fold-down plastic shield for the head and the passenger compartment.

...strong and powerful full size alloy, incorporating ultra-precise crash sensors that stand in the event of a collision, there's even a special front crush that retracts the doors, and it's automatically in place all the time, ready and waiting.

...Department of Transport study completed from tests of seven of our models, based on the impact of the car on an British road. We couldn't think of a better advertisement.

For more information or to arrange a test drive, please contact your local Jaguar dealer.



DON'T DREAM IT. DRIVE IT.

FIGURE 1.7
An image of
'Englishness'
advertisement
for Jaguar.

Barthes suggests that we can read the *Panzani* ad as a 'myth' by linking its completed message (*this is a picture of some packets of pasta, a tin, a sachet, some tomatoes, onions, peppers, a mushroom, all emerging from a half-open string bag*) with the cultural theme or concept of 'Italianicity' (or as we would say, 'Italian-ness'). Then, at the level of the myth or meta-language, the *Panzani* ad becomes a message about the *essential meaning of Italian-ness as a national culture*. Can commodities really become the signifiers for myths of nationality? Can you think of ads, in magazines or television, which work in the same way, drawing on the myth of 'Englishness'? Or 'Frenchness'? Or 'American-ness'? Or 'Indian-ness'? Try to apply the idea of 'Englishness' to the ad reproduced as Figure 1.7.

4 Discourse, power and the subject

What the examples above show is that the semiotic approach provides a method for analysing how visual representations convey meaning. Already, in Roland Barthes's work in the 1960s, as we have seen, Saussure's 'linguistic' model is developed through its application to a much wider field of signs and representations (advertising, photography, popular culture, travel, fashion, etc.). Also, there is less concern with how individual words function as signs in language, more about the application of the language model to a

much broader set of cultural practices. Saussure held out the promise that the whole domain of meaning could, at last, be systematically mapped. Barthes, too, had a 'method', but his semiotic approach is much more loosely and interpretively applied; and, in his later work (for example, *The Pleasure of the Text*, 1975), he is more concerned with the 'play' of meaning and desire across texts than he is with the attempt to fix meaning by a scientific analysis of language's rules and laws.

Subsequently, as we observed, the project of a 'science of meaning' has appeared increasingly untenable. Meaning and representation seem to belong irrevocably to the interpretative side of the human and cultural sciences, whose subject matter – society, culture, the human subject – is not amenable to a positivistic approach (i.e. one which seeks to discover scientific laws about society). Later developments have recognized the necessarily interpretative nature of culture and the fact that interpretations never produce a final moment of absolute truth. Instead, interpretations are always followed by other interpretations, in an endless chain. As the French philosopher, Jacques Derrida, put it, writing always leads to more writing. Difference, he argued, can never be wholly captured within any binary system (Derrida, 1981). So any notion of a *final* meaning is always endlessly put off, deferred. Cultural studies of this interpretative kind, like other qualitative forms of sociological inquiry, are inevitably caught up in this 'circle of meaning'.

In the semiotic approach, representation was understood on the basis of the way words functioned as signs within language. But, for a start, in a culture, meaning often depends on larger units of analysis – narratives, statements, groups of images, whole discourses which operate across a variety of texts, areas of knowledge about a subject which have acquired widespread authority. Semiotics seemed to confine the process of representation to language, and to treat it as a closed, rather static, system. Subsequent developments became more concerned with representation as a source for the production of social *knowledge* – a more open system, connected in more intimate ways with social practices and questions of power. In the semiotic approach, the subject was displaced from the centre of language. Later theorists returned to the question of the subject, or at least to the empty space which Saussure's theory had left; without, of course, putting him/her back in the centre, as the author or source of meaning. Even if language, in some sense, 'spoke us' (as Saussure tended to argue) it was also important that in certain historical moments, some people had more power to speak about some subjects than others (male doctors about mad female patients in the late nineteenth century, for example, to take one of the key examples developed in the work of Michel Foucault). Models of representation, these critics argued, ought to focus on these broader issues of knowledge and power.

Foucault used the word 'representation' in a narrower sense than we are using it here, but he is considered to have contributed to a novel and significant general approach to the problem of representation. What concerned him was the production of knowledge (rather than just meaning)

discourse

through what he called *discourse* (rather than just language). His project, he said, was to analyse 'how human beings understand themselves in our culture' and how our knowledge about 'the social, the embodied individual and shared meanings' comes to be produced in different periods. With its emphasis on cultural understanding and shared meanings, you can see that Foucault's project was still to some degree indebted to Saussure and Barthes (see Dreyfus and Rabinow, 1982, p. 17) while in other ways departing radically from them. Foucault's work was much more historically grounded, more attentive to historical specificities, than the semiotic approach. As he said, 'relations of power, not relations of meaning' were his main concern. The particular objects of Foucault's attention were the various disciplines of knowledge in the human and social sciences – what he called 'the subjectifying social sciences'. These had acquired an increasingly prominent and influential role in modern culture and were, in many instances, considered to be the discourses which, like religion in earlier times, could give us the 'truth' about knowledge.

We will return to Foucault's work in some of the subsequent chapters in this book (for example, Chapter 5). Here, we want to introduce Foucault and the *discursive* approach to representation by outlining three of his major ideas: his concept of *discourse*; the issue of *power and knowledge*; and the question of *the subject*. It might be useful, however, to start by giving you a general flavour, in Foucault's graphic (and somewhat over-stated) terms, of how he saw his project differing from that of the semiotic approach to representation. He moved away from an approach like that of Saussure and Barthes, based on 'the domain of signifying structure', towards one based on analysing what he called 'relations of force, strategic developments and tactics':

Here I believe one's point of reference should not be to the great model of language (*langue*) and signs, but to that of war and battle. The history which bears and determines us has the form of a war rather than that of a language: relations of power not relations of meaning ...

(Foucault, 1980, pp. 114–5)

Rejecting both Hegelian Marxism (what he calls 'the dialectic') and semiotics, Foucault argued that:

Neither the dialectic, as logic of contradictions, nor semiotics, as the structure of communication, can account for the intrinsic intelligibility of conflicts. 'Dialectic' is a way of evading the always open and hazardous reality of conflict by reducing it to a Hegelian skeleton, and 'semiology' is a way of avoiding its violent, bloody and lethal character by reducing it to the calm Platonic form of language and dialogue.

(ibid.)

4.1 From language to discourse

The first point to note, then, is the shift of attention in Foucault from 'language' to 'discourse'. He studied not language, but *discourse* as a system of representation. Normally, the term 'discourse' is used as a linguistic concept. It simply means passages of connected writing or speech. Michel Foucault, however, gave it a different meaning. What interested him were the rules and practices that produced meaningful statements and regulated discourse in different historical periods. By 'discourse', Foucault meant 'a group of statements which provide a language for talking about – a way of representing the knowledge about – a particular topic at a particular historical moment. ... Discourse is about the production of knowledge through language. But ... since all social practices entail *meaning*, and meanings shape and influence what we do – our conduct – all practices have a discursive aspect' (Hall, 1992, p. 291). It is important to note that the concept of *discourse* in this usage is not purely a 'linguistic' concept. It is about language *and* practice. It attempts to overcome the traditional distinction between what one *says* (language) and what one *does* (practice). Discourse, Foucault argues, constructs the topic. It defines and produces the objects of our knowledge. It governs the way that a topic can be meaningfully talked about and reasoned about. It also influences how ideas are put into practice and used to regulate the conduct of others. Just as a discourse 'rules in' certain ways of talking about a topic, defining an acceptable and intelligible way to talk, write, or conduct oneself, so also, by definition, it 'rules out', limits and restricts other ways of talking, of conducting ourselves in relation to the topic or constructing knowledge about it. Discourse, Foucault argued, never consists of one statement, one text, one action or one source. The same discourse, characteristic of the way of thinking or the state of knowledge at any one time (what Foucault called the *episteme*), will appear across a range of texts, and as forms of conduct, at a number of different institutional sites within society. However, whenever these discursive events 'refer to the same object, share the same style and ... support a strategy ... a common institutional, administrative or political drift and pattern' (Cousins and Hussain, 1984, pp. 84–5), then they are said by Foucault to belong to the same **discursive formation**.

discursive formation

Meaning and meaningful practice is therefore constructed within discourse. Like the semioticians, Foucault was a 'constructionist'. However, unlike them, he was concerned with the production of knowledge and meaning, not through language but through discourse. There were therefore similarities, but also substantive differences between these two versions.

The idea that 'discourse produces the objects of knowledge' and that nothing which is meaningful exists *outside discourse*, is at first sight a disconcerting proposition, which seems to run right against the grain of common-sense thinking. It is worth spending a moment to explore this idea further. Is Foucault saying – as some of his critics have charged – that *nothing exists outside of discourse*? In fact, Foucault does *not* deny that things can have a

real, material existence in the world. What he does argue is that '*nothing has any meaning outside of discourse*' (Foucault, 1972). As Laclau and Mouffe put it, 'we use [the term discourse] to emphasize the fact that every social configuration is *meaningful*' (1990, p. 100). The concept of discourse is not about whether things exist but about where meaning comes from.

READING E

Turn now to Reading E, by Ernesto Laclau and Chantal Mouffe, a short extract from *New Reflections on the Revolution of our Time* (1990), from which we have just quoted, and read it carefully. What they argue is that physical objects *do* exist, but they have no fixed meaning; they only take on meaning and become objects of knowledge *within discourse*. Make sure you follow their argument before reading further.

- 1 In terms of the discourse about 'building a wall', the distinction between the linguistic part (asking for a brick) and the physical act (putting the brick in place) does not matter. The first is linguistic, the second is physical. But *both* are 'discursive' – meaningful within discourse.
- 2 The round leather object which you kick is a physical object – a ball. But it only becomes 'a football' within the context of the rules of the game, which are socially constructed.
- 3 It is impossible to determine the meaning of an object outside of its context of use. A stone thrown in a fight is a different thing ('a projectile') from a stone displayed in a museum ('a piece of sculpture').

This idea that physical things and actions exist, but they only take on meaning and become objects of knowledge within discourse, is at the heart of the *constructionist* theory of meaning and representation. Foucault argues that since we can only have a knowledge of things if they have a meaning, it is discourse – not the things-in-themselves – which produces knowledge. Subjects like 'madness', 'punishment' and 'sexuality' only exist meaningfully *within* the discourses about them. Thus, the study of the discourses of madness, punishment or sexuality would have to include the following elements:

- 1 statements about 'madness', 'punishment' or 'sexuality' which give us a certain kind of knowledge about these things;
- 2 the rules which prescribe certain ways of talking about these topics and exclude other ways – which govern what is 'sayable' or 'thinkable' about insanity, punishment or sexuality, at a particular historical moment;
- 3 'subjects' who in some ways personify the discourse – the madman, the hysterical woman, the criminal, the deviant, the sexually perverse person; with the attributes we would expect these subjects to have, given the way knowledge about the topic was constructed at that time;
- 4 how this knowledge about the topic acquires authority, a sense of embodying the 'truth' about it; constituting the 'truth of the matter', at a historical moment;

- 5 the practices within institutions for dealing with the subjects – medical treatment for the insane, punishment regimes for the guilty, moral discipline for the sexually deviant – whose conduct is being regulated and organized according to those ideas;
- 6 acknowledgement that a different discourse or *episteme* will arise at a later historical moment, supplanting the existing one, opening up a new *discursive formation*, and producing, in its turn, new conceptions of ‘madness’ or ‘punishment’ or ‘sexuality’, new discourses with the power and authority, the ‘truth’, to regulate social practices in new ways.

4.2 Historicizing discourse: discursive practices

The main point to get hold of here is the way discourse, representation, knowledge and ‘truth’ are radically *historicized* by Foucault, in contrast to the rather ahistorical tendency in semiotics. Things meant something and were ‘true’, he argued, *only within a specific historical context*. Foucault did not believe that the same phenomena would be found across different historical periods. He thought that, in each period, discourse produced forms of knowledge, objects, subjects and practices of knowledge, which differed radically from period to period, with no necessary continuity between them.

Thus, for Foucault, for example, mental illness was not an objective fact, which remained the same in all historical periods, and meant the same thing in all cultures. It was only *within* a definite discursive formation that the object, ‘madness’, could appear at all as a meaningful or intelligible construct. It was ‘constituted by all that was said, in all the statements that named it, divided it up, described it, explained it, traced its development, indicated its various correlations, judged it, and possibly gave it speech by articulating, in its name, discourses that were to be taken as its own’ (1972, p. 32). And it was only after a certain definition of ‘madness’ was put into practice, that the appropriate subject – ‘the madman’ as current medical and psychiatric knowledge defined ‘him’ – could appear.

Or, take some other examples of discursive practices from his work. There have always been sexual relations. But ‘sexuality’, as a specific way of talking about, studying and regulating sexual desire, its secrets and its fantasies, Foucault argued, only appeared in western societies at a particular historical moment (Foucault, 1978). There may always have been what we now call homosexual forms of behaviour. But ‘the homosexual’ as a specific kind of social subject, was *produced*, and could only make its appearance, within the moral, legal, medical and psychiatric discourses, practices and institutional apparatuses of the late nineteenth century, with their particular theories of sexual perversity (Weeks, 1981, 1985). Similarly, it makes nonsense to talk of the ‘hysterical woman’ outside of the nineteenth-century view of hysteria as a very widespread female malady. In *The Birth of the Clinic* (1973), Foucault charted how ‘in less than half a century, the medical understanding of disease was transformed’ from a classical notion that

disease existed separate from the body, to the modern idea that disease arose within and could be mapped directly by its course through the human body (McNay, 1994). This discursive shift changed medical practice. It gave greater importance to the doctor's 'gaze' which could now 'read' the course of disease simply by a powerful look at what Foucault called 'the visible body' of the patient – following the 'routes ... laid down in accordance with a now familiar geometry ... the anatomical atlas' (Foucault, 1973, pp. 3–4). This greater knowledge increased the doctor's power of surveillance vis-à-vis the patient.

Knowledge about and practices around *all* these subjects, Foucault argued, were historically and culturally specific. They did not and could not meaningfully exist outside specific discourses, i.e. outside the ways they were represented in discourse, produced in knowledge and regulated by the discursive practices and disciplinary techniques of a particular society and time. Far from accepting the trans-historical continuities of which historians are so fond, Foucault believed that more significant were the radical breaks, ruptures and discontinuities between one period and another, between one discursive formation and another.

4.3 From discourse to power/knowledge

In his later work Foucault became even more concerned with how knowledge was put to work through discursive practices in specific institutional settings to regulate the conduct of others. He focused on the relationship between knowledge and power, and how power operated within what he called an institutional *apparatus* and its *technologies* (techniques). Foucault's conception of the *apparatus* of punishment, for example, included a variety of diverse elements, linguistic and non-linguistic – 'discourses, institutions, architectural arrangements, regulations, laws, administrative measures, scientific statements, philosophic propositions, morality, philanthropy, etc. ... The apparatus is thus always inscribed in a play of power, but it is also always linked to certain co-ordinates of knowledge. ... This is what the apparatus consists in: strategies of relations of forces supporting and supported by types of knowledge' (Foucault, 1980b, pp. 194, 196).

This approach took as one of its key subjects of investigation the relations between knowledge, power and the body in modern society. It saw knowledge as always inextricably enmeshed in relations of power because it was always being applied to the regulation of social conduct in practice (i.e. to particular 'bodies'). This foregrounding of the relation between discourse, knowledge and power marked a significant development in the *constructionist* approach to representation which we have been outlining. It rescued representation from the clutches of a purely formal theory and gave it a historical, practical and 'worldly' context of operation.

You may wonder to what extent this concern with discourse, knowledge and power brought Foucault's interests closer to those of the classical sociological

theories of ideology, especially Marxism with its concern to identify the class positions and class interests concealed within particular forms of knowledge. Foucault, indeed, does come closer to addressing some of these questions about ideology than, perhaps, formal semiotics did (though Roland Barthes was also concerned with questions of ideology and myth, as we saw earlier). But Foucault had quite specific and cogent reasons why he rejected the classical Marxist problematic of 'ideology'. Marx had argued that, in every epoch, ideas reflect the economic basis of society, and thus the 'ruling ideas' are those of the ruling class which governs a capitalist economy, and correspond to its dominant interests. Foucault's main argument against the classical Marxist theory of ideology was that it tended to reduce all the relation between knowledge and power to a question of *class* power and *class* interests. Foucault did not deny the existence of classes, but he was strongly opposed to this powerful element of economic or class *reductionism* in the Marxist theory of ideology. Secondly, he argued that Marxism tended to contrast the 'distortions' of bourgeois knowledge, against its own claims to 'truth' – Marxist science. But Foucault did not believe that *any* form of thought could claim an absolute 'truth' of this kind, outside the play of discourse. *All* political and social forms of thought, he believed, were inevitably caught up in the interplay of knowledge and power. So, his work rejects the traditional Marxist question, 'in whose class interest does language, representation and power operate?'

Later theorists, like the Italian, Antonio Gramsci, who was influenced by Marx but rejected class reductionism, advanced a definition of 'ideology' which is considerably closer to Foucault's position, though still too preoccupied with class questions to be acceptable to him. Gramsci's notion was that particular social groups struggle in many different ways, including ideologically, to win the consent of other groups and achieve a kind of ascendancy in both thought and practice over them. This form of power Gramsci called **hegemony**. Hegemony is never permanent, and is not reducible to economic interests or to a simple class model of society. This has some similarities to Foucault's position, though on some key issues they differ radically. (The question of hegemony is briefly addressed again in Chapter 4.)

What distinguished Foucault's position on discourse, knowledge and power from the Marxist theory of class interests and ideological 'distortion'? Foucault advanced at least two, radically novel, propositions.

1 *Knowledge, power and truth*

The first concerns the way Foucault conceived the linkage between knowledge and power. Hitherto, we have tended to think that power operates in a direct and brutally repressive fashion, dispensing with polite things like culture and knowledge, though Gramsci certainly broke with that model of power. Foucault argued that not only is knowledge always a form of power, but power is implicated in the questions of whether and in what circumstances knowledge is to be applied or not. This question of the

power know

one of truth

hegemony

power/knowledge

application and *effectiveness* of **power/knowledge** was more important, he thought, than the question of its 'truth'.

Knowledge linked to power, not only assumes the authority of 'the truth' but has the power to *make itself true*. All knowledge, once applied in the real world, has real effects, and in that sense at least, 'becomes true'. Knowledge, once used to regulate the conduct of others, entails constraint, regulation and the disciplining of practices. Thus, 'There is no power relation without the correlative constitution of a field of knowledge, nor any knowledge that does not presuppose and constitute at the same time, power relations' (Foucault, 1977a, p. 27).

According to Foucault, what we think we 'know' in a particular period about, say, crime has a bearing on how we regulate, control and punish criminals. Knowledge does not operate in a void. It is put to work, through certain technologies and strategies of application, in specific situations, historical contexts and institutional regimes. To study punishment, you must study how the combination of discourse and power – power/knowledge – has produced a certain conception of crime and the criminal, has had certain real effects both for criminal and for the punisher, and how these have been set into practice in certain historically specific prison regimes.

regime of truth

This led Foucault to speak, not of the 'Truth' of knowledge in the absolute sense – a Truth which remained so, whatever the period, setting, context – but of a discursive formation sustaining a **regime of truth**. Thus, it may or may not be true that single parenting inevitably leads to delinquency and crime. But if everyone believes it to be so, and punishes single parents accordingly, this will have real consequences for both parents and children and will become 'true' in terms of its real effects, even if in some absolute sense it has never been conclusively proven. In the human and social sciences, Foucault argued:

Truth isn't outside power. ... Truth is a thing of this world; it is produced only by virtue of multiple forms of constraint. And it induces regular effects of power. Each society has its regime of truth, its 'general politics' of truth; that is, the types of discourse which it accepts and makes function as true, the mechanisms and instances which enable one to distinguish true and false statements, the means by which each is sanctioned ... the status of those who are charged with saying what counts as true.

(Foucault, 1980, p. 131)

2 *New conceptions of power*

Secondly, Foucault advanced an altogether novel conception of power. We tend to think of power as always radiating in a single direction – from top to bottom – and coming from a specific source – the sovereign, the state, the ruling class and so on. For Foucault, however, power does not 'function in the form of a chain' – it circulates. It is never monopolized by one centre. It 'is

deployed and exercised through a net-like organization' (Foucault, 1980, p. 98). This suggests that we are all, to some degree, caught up in its circulation – oppressors and oppressed. It does not radiate downwards, either from one source or from one place. Power relations permeate all levels of social existence and are therefore to be found operating at every site of social life – in the private spheres of the family and sexuality as much as in the public spheres of politics, the economy and the law. What's more, power is not only negative, repressing what it seeks to control. It is also *productive*. It 'doesn't only weigh on us as a force that says no, but ... it traverses and produces things, it induces pleasure, forms of knowledge, produces discourse. It needs to be thought of as a productive network which runs through the whole social body' (Foucault, 1980, p. 119).

The punishment system, for example, produces books, treatises, regulations, new strategies of control and resistance, debates in Parliament, conversations, confessions, legal briefs and appeals, training regimes for prison officers, and so on. The efforts to control sexuality produce a veritable explosion of discourse – talk about sex, television and radio programmes, sermons and legislation, novels, stories and magazine features, medical and counselling advice, essays and articles, learned theses and research programmes, as well as new sexual practices (e.g. 'safe' sex) and the pornography industry. Without denying that the state, the law, the sovereign or the dominant class may have positions of dominance, Foucault shifts our attention away from the grand, overall strategies of power, towards the many, localized circuits, tactics, mechanisms and effects through which power circulates – what Foucault calls the 'meticulous rituals' or the 'micro-physics' of power. These power relations 'go right down to the depth of society' (Foucault, 1977a, p. 27). They connect the way power is actually working on the ground to the great pyramids of power by what he calls a capillary movement (capillaries being the thin-walled vessels that aid the exchange of oxygen between the blood in our bodies and the surrounding tissues). Not because power at these lower levels merely reflects or 'reproduces, at the level of individuals, bodies, gestures and behaviour, the general form of the law or government' (Foucault, 1977a, p. 27) but, on the contrary, because such an approach 'roots [power] in forms of behaviour, bodies and local relations of power which should not at all be seen as a simple projection of the central power' (Foucault, 1980, p. 201).

To what object are the micro-physics of power primarily applied, in Foucault's model? To the body. He places the body at the centre of the struggles between different formations of power/knowledge. The techniques of regulation are applied to the body. Different discursive formations and apparatuses divide, classify and inscribe the body differently in their respective regimes of power and 'truth'. In *Discipline and Punish*, for example, Foucault analyses the very different ways in which the body of the criminal is 'produced' and disciplined in different punishment regimes in France. In earlier periods, punishment was haphazard, prisons were places into which the public could wander and the ultimate punishment was

inscribed violently on the body by means of instruments of torture and execution, etc. – a practice the essence of which is that it should be public, visible to everyone. The modern form of disciplinary regulation and power, by contrast, is private, individualized; prisoners are shut away from the public and often from one another, though continually under surveillance from the authorities; and punishment is individualized. Here, the body has become the site of a new kind of disciplinary regime.

Of course this 'body' is not simply the natural body which all human beings possess at all times. This body is *produced* within discourse, according to the different discursive formations – the state of knowledge about crime and the criminal, what counts as 'true' about how to change or deter criminal behaviour, the specific apparatus and technologies of punishment prevailing at the time. This is a radically historicized conception of the body – a sort of surface on which different regimes of power/knowledge write their meanings and effects. It thinks of the body as 'totally imprinted by history and the processes of history's deconstruction of the body' (Foucault, 1977a, p. 63).

4.4 Summary: Foucault and representation

Foucault's approach to representation is not easy to summarize. He is concerned with the production of knowledge and meaning through discourse. Foucault does indeed analyse particular texts and representations, as the semioticians did. But he is more inclined to analyse the whole *discursive formation* to which a text or a practice belongs. His concern is with knowledge provided by the human and social sciences, which organizes conduct, understanding, practice and belief, the regulation of bodies as well as whole populations. Although his work is clearly done in the wake of, and profoundly influenced by, the 'turn to language' which marked the *constructionist* approach to representation, his definition of *discourse* is much broader than language, and includes many other elements of practice and institutional regulation which Saussure's approach, with its linguistic focus, excluded. Foucault is always much more historically specific, seeing forms of power/knowledge as always rooted in particular contexts and histories. Above all, for Foucault, the production of knowledge is always crossed with questions of power and the body; and this greatly expands the scope of what is involved in representation.

The major critique levelled against his work is that he tends to absorb too much into 'discourse', and this has the effect of encouraging his followers to neglect the influence of the material, economic and structural factors in the operation of power/knowledge. Some critics also find his rejection of any criterion of 'truth' in the human sciences in favour of the idea of a 'regime of truth' and the will-to-power (the will to make things 'true') vulnerable to the charge of relativism. Nevertheless, there is little doubt about the major impact which his work has had on contemporary theories of representation and meaning.

4.5 Charcot and the performance of hysteria

In the following example, we will try to apply Foucault's method to a particular example. Figure 1.8 shows a painting by André Brouillet of the famous French psychiatrist and neurologist, Jean-Martin Charcot (1825–93), lecturing on the subject of female hysteria to students in the lecture theatre of his famous Paris clinic at La Salpêtrière.

ACTIVITY 7

Look at Brouillet's painting (Figure 1.8). What does it reveal as a representation of the study of hysteria?

Brouillet shows a hysterical patient being supported by an assistant and attended by two women. For many years, hysteria had been traditionally identified as a female malady and although Charcot demonstrated conclusively that many hysterical symptoms were to be found in men, and a significant proportion of his patients were diagnosed male hysterics, Elaine Showalter observes that 'for Charcot, too, hysteria remains symbolically, if not medically, a female malady' (1987, p. 148). Charcot was a very humane man who took his patients' suffering seriously and treated them with dignity. He diagnosed hysteria as a genuine ailment rather than a malingerer's excuse (much as has happened, in our time, after many struggles, with other illnesses, like anorexia and ME). This painting represents a regular feature of Charcot's treatment regime, where hysterical female patients displayed before an audience of medical staff and students the symptoms of their malady, ending often with a full hysterical seizure.



FIGURE 1.8 André Brouillet, *A clinical lesson at La Salpêtrière (given by Charcot)*, 1887.

The painting could be said to capture and represent, visually, a discursive 'event' – the emergence of a new regime of knowledge. Charcot's great distinction, which drew students from far and wide to study with him (including, in 1885, the young Sigmund Freud from Vienna), was his demonstration 'that hysterical symptoms such as paralysis could be produced and relieved by hypnotic suggestion' (Showalter, 1987, p. 148). Here we see the practice of hypnosis being applied in practice.

Indeed, the image seems to capture *two* such moments of knowledge production. Charcot did not pay much attention to what the patients said (though he observed their actions and gestures meticulously). But Freud and his friend Breuer did. At first, in their work when they returned home, they used Charcot's hypnosis method, which had attracted such wide attention as a novel approach to treatment of hysteria at La Salpêtrière. But some years later they treated a young woman called Bertha Pappenheim for hysteria, and she, under the pseudonym 'Anna O', became the first case study written up in Freud and Breuer's path-breaking *Studies in Hysteria* (1974/1895). It was the 'loss of words', her failing grasp of the syntax of her own language (German), the silences and meaningless babble of this brilliantly intellectual, poetic and imaginative but rebellious young woman, which gave Breuer and Freud the first clue that her linguistic disturbance was related to her resentment at her 'place' as dutiful daughter of a decidedly patriarchal father, and thus deeply connected with her illness. After hypnosis, her capacity to speak coherently returned, and she spoke fluently in three other languages, though not in her native German. Through her dialogue with Breuer, and her ability to 'work through' her difficult relationship in relation to language, 'Anna O' gave the first example of the 'talking cure' which, of course, then provided the whole basis for Freud's subsequent development of the psychoanalytic method. So we are looking, in this image, at the 'birth' of two new psychiatric *epistemes*: Charcot's method of hypnosis, and the conditions which later produced psychoanalysis.

The example also has many connections with the question of *representation*. In the picture, the patient is performing or 'representing' with her body the hysterical symptoms from which she is 'suffering'. But these symptoms are also being 're-presented' – in the very different medical language of diagnosis and analysis – to her (his?) audience by the Professor: a relationship which involves *power*. Showalter notes that, in general, 'the representation of female hysteria was a central aspect of Charcot's work' (p.148). Indeed, the clinic was filled with lithographs and paintings. He had his assistants assemble a photographic album of nervous patients, a sort of visual inventory of the various 'types' of hysterical patient. He later employed a professional photographer to take charge of the service. His analysis of the displayed symptoms, which seems to be what is happening in the painting, accompanied the hysterical 'performance'. He did not flinch from the spectacular and theatrical aspects associated with his demonstrations of hypnosis as a treatment regime. Freud thought that 'Every one of his "fascinating lectures"' was 'a little work of art in construction and

composition'. Indeed, Freud noted, 'he never appeared greater to his listeners than after he had made the effort, by giving the most detailed account of his train of thought, by the greatest frankness about his doubts and hesitations, to reduce the gulf between teacher and pupil' (Gay, 1988, p. 49).

ACTIVITY 8

Now look carefully at the picture again and, bearing in mind what we have said about Foucault's method of and approach to representation, answer the following questions:

- 1 Who commands the centre of the picture?
- 2 Who or what is its 'subject? Are (1) and (2) the same?
- 3 Can you tell that knowledge is being produced here? How?
- 4 What do you notice about relations of power in the picture? How are they represented? How does the *form* and *spatial relationships* of the picture represent this?
- 5 Describe the 'gaze' of the people in the image: who is looking at whom? What does *that* tell us?
- 6 What do the age and gender of the participants tell us?
- 7 What message does the patient's body convey?
- 8 Is there a *sexual* meaning in the image? If so, what?
- 9 What is the relationship of you, the viewer, to the image?
- 10 Do you notice anything else about the image which we have missed?

READING F

Now read the account of Charcot and La Salpêtrière offered by Elaine Showalter in 'The performance of hysteria' from *The Female Malady*, reproduced as Reading F at the end of this chapter. Look carefully at the two photographs of Charcot's hysterical women patients. What do you make of their captions?

5 Where is 'the subject'?

We have traced the shift in Foucault's work from language to discourse and knowledge, and their relation to questions of power. But where in all this, you might ask, is the subject? Saussure tended to abolish the subject from the question of representation. Language, he argued, speaks us. The subject appears in Saussure's schema as the author of individual speech-acts (*paroles*). But, as we have seen, Saussure did not think that the level of the *paroles* was one at which a 'scientific' analysis of language could be conducted. In one sense, Foucault shares this position. For him, it is *discourse*, not the subject, which produces knowledge. Discourse is enmeshed with power, but it is not necessary to find 'a subject' – the king, the ruling class, the bourgeoisie, the state, etc. – for *power/knowledge* to operate.

On the other hand, Foucault *did* include the subject in his theorizing, though he did not restore the subject to its position as the centre and author of representation. Indeed, as his work developed, he became more and more concerned with questions about 'the subject', and in his very late and unfinished work, he even went so far as to give the subject a certain reflexive awareness of his or her own conduct, though this still stopped short of restoring the subject to his/her full sovereignty.

Foucault was certainly deeply critical of what we might call the traditional conception of the subject. The conventional notion thinks of 'the subject' as an individual who is fully endowed with consciousness; an autonomous and stable entity, the 'core' of the self, and the independent, authentic source of action and meaning. According to this conception, when we hear ourselves speak, we feel we are identical with what has been said. And this identity of the subject with what is said gives him/her a privileged position in relation to meaning. It suggests that, although other people may misunderstand us, *we* always understand ourselves because *we were the source of meaning in the first place*.

However, as we have seen, the shift towards a constructionist conception of language and representation did a great deal to displace the subject from a privileged position in relation to knowledge and meaning. The same is true of Foucault's discursive approach. It is discourse, not the subjects who speak it, which produces knowledge. Subjects may produce particular texts, but they are operating within the limits of the *episteme*, the *discursive formation*, the *regime of truth*, of a particular period and culture. Indeed, this is one of Foucault's most radical propositions: the 'subject' is *produced within discourse*. This subject of discourse cannot be outside discourse, because it must be *subjected to* discourse. It must submit to its rules and conventions, to its dispositions of power/knowledge. The subject can become the bearer of the kind of knowledge which discourse produces. It can become the object through which power is relayed. But it cannot stand outside power/knowledge as its source and author. In 'The subject and power' (1982), Foucault writes that 'My objective ... has been to create a history of the different modes by which, in our culture, human beings are made subjects ... It is a form of power which makes individuals subjects. There are two meanings of the word *subject*: subject to someone else's control and dependence, and tied to his (*sic*) own identity by a conscience and self-knowledge. Both meanings suggest a form of power which subjugates and makes subject to' (Foucault, 1982, pp. 208, 212). Making discourse and representation more historical has therefore been matched, in Foucault, by an equally radical historicization of *the subject*. 'One has to dispense with the constituent subject, to get rid of the subject itself, that's to say, to arrive at an analysis which can account for the constitution of the subject within a historical framework' (Foucault, 1980, p. 115).

Where, then, is 'the subject' in this more discursive approach to meaning, representation and power?

Foucault's 'subject' seems to be produced through discourse in *two* different senses or places. First, the discourse itself produces 'subjects' – figures who personify the particular forms of knowledge which the discourse produces. These subjects have the attributes we would expect as these are defined by the discourse: the madman, the hysterical woman, the homosexual, the individualized criminal, and so on. These figures are specific to specific discursive regimes and historical periods. But the discourse also produces a *place for the subject* (i.e. the reader or viewer, who is also 'subjected to' discourse) from which its particular knowledge and meaning most makes sense. It is not inevitable that all individuals in a particular period will become the subjects of a particular discourse in this sense, and thus the bearers of its power/knowledge. But for them – us – to do so, they – we – must locate themselves/ourselves in the *position* from which the discourse makes most sense, and thus become its 'subjects' by 'subjecting' ourselves to its meanings, power and regulation. All discourses, then, construct **subject-positions**, from which alone they make sense.

subject-positions

This approach has radical implications for a theory of representation. For it suggests that discourses themselves construct the subject-positions from which they become meaningful and have effects. Individuals may differ as to their social class, gendered, 'racial' and ethnic characteristics (among other factors), but they will not be able to take meaning until they have identified with those positions which the discourse constructs, *subjected* themselves to its rules, and hence become the *subjects of its power/knowledge*. For example, pornography produced for men will only 'work' for women, according to this theory, if in some sense women put themselves in the position of the 'desiring male voyeur' – which is the ideal subject-position which the discourse of male pornography constructs – and look at the models from this 'masculine' discursive position. This may seem, and is, a highly contestable proposition. But let us consider an example which illustrates the argument.

5.1 How to make sense of Velasquez' *Las Meninas*

Foucault's *The Order of Things* (1970) opens with a discussion of a painting by the famous Spanish painter, Velasquez, called *Las Meninas*. It has been a topic of considerable scholarly debate and controversy. The reason I am using it here is because, as all the critics agree, the painting itself does raise certain questions about the nature of *representation*, and Foucault himself uses it to talk about these wider issues of the subject. It is these arguments which interest us here, not the question of whether Foucault's is the 'true', correct or even the definitive reading of the painting's meaning. That the painting has no one, fixed or final meaning is, indeed, one of Foucault's most powerful arguments.

The painting is unique in Velasquez' work. It was part of the Spanish court's royal collection and hung in the palace in a room which was subsequently destroyed by fire. It was dated '1656' by Velasquez' successor as court

FIGURE 1.9
The Meninas by Velasquez
1656
1656

painter. It was originally called 'The Empress with her Ladies and a Dwarf'; but by the inventory of 1666, it had acquired the title of 'A Portrait of the Infanta of Spain with her Ladies In Waiting and Servants, by the Court Painter and Palace Chamberlain Diego Velasquez'. It was subsequently called *Las Meninas* – 'The Maids of Honour'. Some argue that the painting shows Velasquez working on *Las Meninas* itself and was painted with the aid of a mirror – but this now seems unlikely. The most widely held and convincing explanation is that Velasquez was working on a full-length portrait of the King and Queen, and that it is the royal couple who are reflected in the mirror on the back wall. It is at the couple that the princess and her attendants are looking and on them that the artist's gaze appears to rest as he steps back from his canvas. The reflection artfully includes the royal couple in the picture. This is essentially the account which Foucault accepts.

ACTIVITY 9

Look at the picture carefully, while we summarize Foucault's argument.

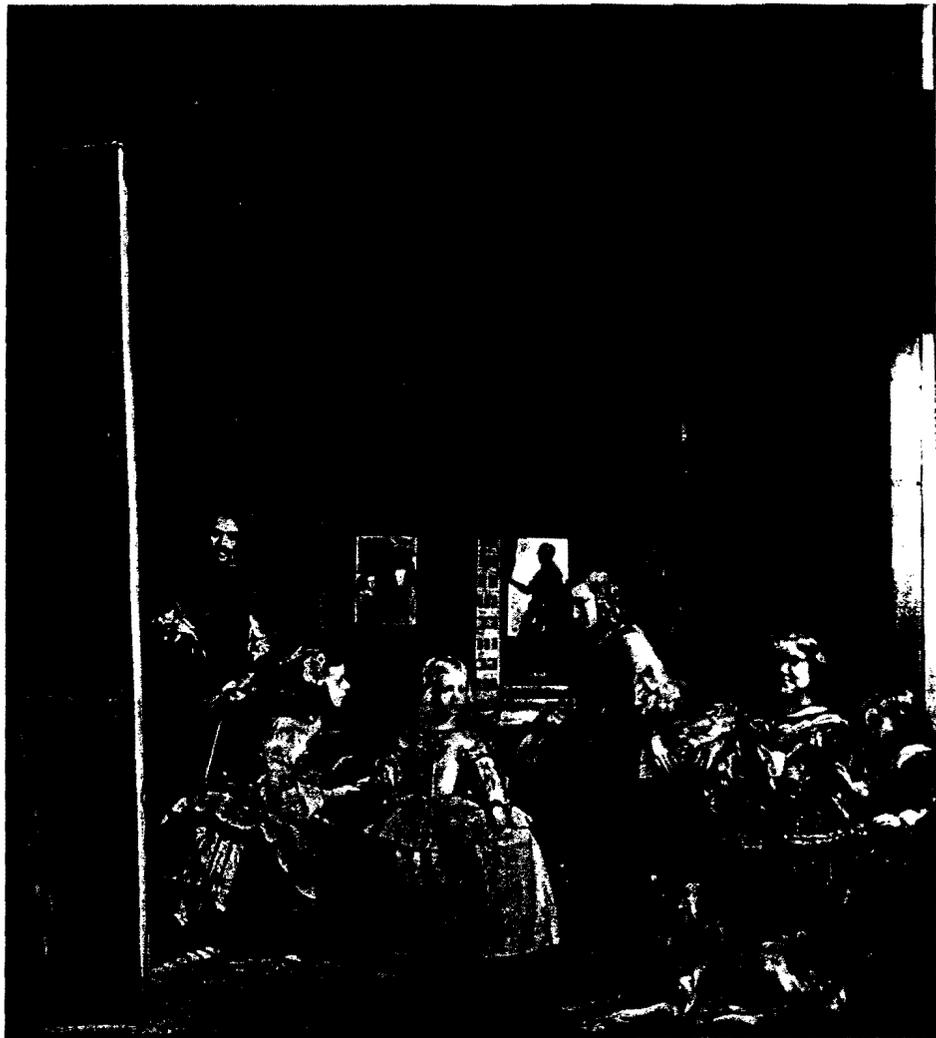


FIGURE 1.9
Diego Velasquez,
Las Meninas,
1656

Las Meninas shows the interior of a room – perhaps the painter's studio or some other room in the Spanish Royal Palace, the Escorial. The scene, though in its deeper recesses rather dark, is bathed in light from a window on the right. 'We are looking at a picture in which the painter is in turn looking out at us,' says Foucault (1970, p. 4). To the left, looking forwards, is the painter himself, Velasquez. He is in the act of painting and his brush is raised, 'perhaps ... considering whether to add some finishing touch to the canvas' (p. 3). He is looking at his model, who is sitting in the place from which we are looking, but we cannot see who the model is because the canvas on which Velasquez is painting has its back to us, its face resolutely turned away from our gaze. In the centre of the painting stands what tradition recognizes as the little princess, the Infanta Maragarita, who has come to watch the proceedings. She is the centre of the picture we are looking at, but she is not the 'subject' of Velasquez' canvas. The Infanta has with her an 'entourage of duennas, maids of honour, courtiers and dwarfs' and her dog (p. 9). The courtiers stand behind, towards the back on the right. Her maids of honour stand on either side of her, framing her. To the right at the front are two dwarfs, one a famous court jester. The eyes of many of these figures, like that of the painter himself, are looking out towards the front of the picture at the sitters.

Who are they – the figures at whom everyone is looking but whom we cannot look at and whose portraits on the canvas we are forbidden to see? In fact, though at first we think we cannot see them, the picture tells us who they are because, behind the Infanta's head and a little to the left of the centre of the picture, surrounded by a heavy wooden frame, is a mirror; and in the mirror – at last – are reflected the sitters, who are in fact seated *in the position from which we are looking*: 'a reflection that shows us quite simply what is lacking in everyone's gaze' (p. 15). The figures reflected in the mirror are, in fact, the King, Philip IV, and his wife, Mariana. Beside the mirror, to the right of it, in the back wall, is another 'frame', but this is not a mirror reflecting forwards; it is a doorway leading *backwards* out of the room. On the stair, his feet placed on different steps, 'a man stands out in full-length silhouette'. He has just entered or is just leaving the scene and is looking at it from behind, observing what is going on in it but 'content to surprise those within without being seen himself' (p. 10).

5.2 The subject of/in representation

Who or what is *the subject* of this painting? In his comments, Foucault uses *Las Meninas* to make some general points about his theory of representation and specifically about the role of the subject:

1 'Foucault reads the painting in terms of representation and the subject' (Dreyfus and Rabinow, 1982, p. 20). As well as being a painting which shows us (represents) a scene in which a portrait of the King and Queen of Spain is being painted, it is also a painting which *tells us something about how representation and the subject work*. It produces its own kind of knowledge.

Representation and the subject are the painting's underlying message – what it is about, its sub-text.

2 Clearly, representation here is *not* about a 'true' reflection or imitation of reality. Of course, the people in the painting may 'look like' the actual people in the Spanish court. But the discourse of painting in the picture is doing a great deal more than simply trying to mirror accurately what exists.

3 Everything in a sense is *visible* in the painting. And yet, what it is 'about' – its meaning – depends on how we 'read' it. *It is as much constructed around what you can't see as what you can.* You can't see what is being painted on the canvas, though this seems to be the point of the whole exercise. You can't see what everyone is looking at, which is the sitters, unless we assume it is a reflection of them in the mirror. They are both in and not in the picture. Or rather, they are present through a kind of substitution. We cannot see them because they are not directly represented: but their 'absence' is represented – *mirrored* through their reflection in the mirror at the back. The meaning of the picture is produced, Foucault argues, through this complex inter-play between *presence* (what you see, the visible) and *absence* (what you can't see, what has displaced it within the frame). Representation works as much through what is *not* shown, as through what is.

4 In fact, a number of substitutions or displacements seem to be going on here. For example, the 'subject' and centre of the painting we are looking at seems to be the Infanta. But the 'subject' or centre is also, of course, the sitters – the King and Queen – whom we can't see but whom the others are looking at. You can tell this from the fact that the mirror on the wall in which the King and Queen are reflected is also almost exactly at the centre of the field of vision of the picture. So the Infanta and the Royal Couple, in a sense, share the place of the centre as the principal 'subjects' of the painting. It all depends on where you are looking from – in towards the scene from where you, the spectator, is sitting or outwards from the scene, from the position of the people in the picture. If you accept Foucault's argument, then there are *two* subjects to the painting and *two* centres. And the composition of the picture – its discourse – forces us to oscillate between these two 'subjects' without ever finally deciding which one to identify with. Representation in the painting seems firm and clear – everything in place. But our vision, the way we *look* at the picture, oscillates between two centres, two subjects, two positions of looking, two meanings. Far from being finally resolved into some absolute truth which is *the* meaning of the picture, the discourse of the painting quite deliberately keeps us in this state of suspended attention, in this oscillating process of looking. Its meaning is always in the process of emerging, yet any final meaning is constantly deferred.

5 You can tell a great deal about how the picture works as a discourse, and what it means, by following the orchestration of *looking* – who is looking at what or whom. *Our* look – the eyes of the person looking at the picture, the spectator – follows the relationships of looking as represented in the picture.

We know the figure of the Infanta is important because her attendants are looking at her. But we know that someone even more important is sitting in front of the scene whom we can't see, because many figures – the Infanta, the jester, the painter himself – are looking at them! So the spectator (who is also 'subjected' to the discourse of the painting) is doing two kinds of looking. Looking at the scene from the position outside, in front of, the picture. And at the same time, looking out of the scene, by *identifying with* the looking being done by the figures in the painting. Projecting ourselves into the subjects of the painting help us as spectators to see, to 'make sense' of it. We take up the positions indicated by the discourse, identify with them, subject ourselves to its meanings, and become its 'subjects'.

6 It is critical for Foucault's argument that the painting does not have a completed meaning. It only means something in relation to the spectator who is looking at it. The spectator completes the meaning of the picture. Meaning is therefore constructed in the dialogue between the painting and the spectator. Velasquez, of course, could not know who would subsequently occupy the position of the spectator. Nevertheless, the whole 'scene' of the painting had to be laid out in relation to that ideal point in front of the painting from which any spectator must look if the painting is to make sense. The spectator, we might say, is painted into position in front of the picture. In this sense, the discourse produces a *subject-position* for the spectator-subject. For the painting to work, the spectator, whoever he or she may be, must first 'subject' himself/herself to the painting's discourse and, in this way, become the painting's ideal viewer, the producer of its meanings – its 'subject'. This is what is meant by saying that the discourse constructs the spectator as a subject – by which we mean that it constructs a place for the subject-spectator who is looking at and making sense of it.

7 Representation therefore occurs from at least three positions in the painting. First of all there is us, the spectator, whose 'look' puts together and unifies the different elements and relationships in the picture into an overall meaning. This subject must be there for the painting to make sense, but he/she is not represented in the painting.

Then there is the painter who painted the scene. He is 'present' in two places at once, since he must at one time have been standing where we are now sitting, in order to paint the scene, but he has then put himself into (represented himself in) the picture, looking back towards that point of view where we, the spectator, have taken his place. We may also say that the scene makes sense and is pulled together in relation to the court figure standing on the stair at the back, since he too surveys it all but – like us and like the painter – from somewhat outside it.

8 Finally, consider the mirror on the back wall. If it were a 'real' mirror, it should now be representing or reflecting *us*, since we are standing in that position in front of the scene to which everyone is looking and from which everything makes sense. But it does not mirror us, it shows *in our place* the King and Queen of Spain. Somehow the discourse of the painting positions us

in the place of the Sovereign! You can imagine what fun Foucault had with this substitution.

Foucault argues that it is clear from the way the discourse of representation works in the painting that it *must* be looked at and made sense of from that one subject-position in front of it from which we, the spectators, are looking. This is also the point-of-view from which a camera would have to be positioned in order to film the scene. And, lo and behold, the person whom Velasquez chooses to 'represent' sitting in this position is The Sovereign – 'master of all he surveys' – who is both the 'subject of' the painting (what it is about) and the 'subject in' the painting – the one whom the discourse sets in place, but who, simultaneously, makes sense of it and understands it all by a look of supreme mastery.

6 Conclusion: representation, meaning and language reconsidered

We started with a fairly simple definition of representation. Representation is the process by which members of a culture use language (broadly defined as any system which deploys signs, any signifying system) to produce meaning. Already, this definition carries the important premise that things – objects, people, events, in the world – do not have in themselves any fixed, final or true meaning. It is us – in society, within human cultures – who make things mean, who signify. Meanings, consequently, will always change, from one culture or period to another. There is no guarantee that every object in one culture will have an equivalent meaning in another, precisely because cultures differ, sometimes radically, from one another in their codes – the ways they carve up, classify and assign meaning to the world. So one important idea about representation is the acceptance of a degree of *cultural relativism* between one culture and another, a certain lack of equivalence, and hence the need for *translation* as we move from the mind-set or conceptual universe of one culture or another.

We call this the *constructionist* approach to representation, contrasting it with both the *reflective* and the *intentional* approaches. Now, if culture is a process, a practice, how does it work? In the *constructionist perspective*, representation involves making meaning by forging links between three different orders of things: what we might broadly call the world of things, people, events and experiences; the conceptual world – the mental concepts we carry around in our heads; and the signs, arranged into languages, which 'stand for' or communicate these concepts. Now, if you have to make a link between systems which are not the same, and fix these at least for a time so that other people know what, in one system, corresponds to what in another system, then there must be something which allows us to translate between them – telling us what word to use for what concept, and so on. Hence the notion of *codes*.

Producing meaning depends on the practice of interpretation, and interpretation is sustained by us actively using the code – *encoding*, putting things into the code – and by the person at the other end interpreting or *decoding* the meaning (Hall, 1980). But note, that, because meanings are always changing and slipping, codes operate more like social conventions than like fixed laws or unbreakable rules. As meanings shift and slide, so inevitably the codes of a culture imperceptibly change. The great advantage of the concepts and classifications of the culture which we carry around with us in our heads is that they enable us to *think* about things, whether they are there, present, or not; indeed, whether they ever existed or not. There are concepts for our fantasies, desires and imaginings as well as for so-called ‘real’ objects in the material world. And the advantage of language is that our thoughts about the world need not remain exclusive to us, and silent. We can translate them into language, make them ‘speak’, through the use of signs which stand for them – and thus talk, write, communicate about them to others.

Gradually, then, we complexified what we meant by representation. It came to be less and less the straightforward thing we assumed it to be at first – which is why we need *theories* to explain it. We looked at two versions of constructionism – that which concentrated on how *language* and *signification* (the use of signs in language) works to produce *meanings*, which after Saussure and Barthes we called *semiotics*; and that, following Foucault, which concentrated on how *discourse* and *discursive practices* produce knowledge. I won’t run through the finer points in these two approaches again, since you can go back to them in the main body of the chapter and refresh your memory. In semiotics, you will recall the importance of signifier/signified, *langue/parole* and ‘myth’, and how the marking of difference and binary oppositions are crucial for meaning. In the *discursive* approach, you will recall discursive formations, power/knowledge, the idea of a ‘regime of truth’, the way discourse also produces the subject and defines the *subject-positions* from which knowledge proceeds and indeed, the return of questions about ‘the subject’ to the field of representation. In several examples, we tried to get you to work with these theories and to apply them. There will be further debate about them in subsequent chapters.

Notice that the chapter does *not* argue that the *discursive* approach overturned everything in the *semiotic* approach. Theoretical development does not usually proceed in this linear way. There was much to learn from Saussure and Barthes, and we are still discovering ways of fruitfully applying their insights – without necessarily swallowing everything they said. We offered you some critical thoughts on the subject. There is a great deal to learn from Foucault and the *discursive* approach, but by no means everything it claims is correct and the theory is open to, and has attracted, many criticisms. Again, in later chapters, as we encounter further developments in the theory of representation, and see the strengths and weaknesses of these positions applied in practice, we will come to appreciate more fully that we are only at the beginning of the exciting task of exploring this process of meaning

construction, which is at the heart of culture, to its full depths. What we have offered here is, we hope, a relatively clear account of a set of complex, and as yet tentative, ideas in an unfinished project.

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READING A: Norman Bryson 'and still life'

With Cotán, too, the immediate function from the previous is decondition the ha ex tising and fatig those with brilliant cooling which think worth looking at ar image presents the to the first time. S stage before it learr divide] the visual f ontimportant and n abbreviated forms l supplies forms that length, forms so co; ee where or how to offer no inroads for eathing. Just at the knows the form and proves that in fact t what it was about to

The relation propos and the foodstuffs s to involve, paradox se to the function o e-identical; it mig taking this word in meaning 'without d eated in the outloc the monasticism of eader Cotán jointed ead). What disting stress on solitude o eive in individual co eed eat alone, mo ecessing mass and t abstration from mo eays the diet is bro s eader's work is any eevolving the convl of hospitality]...]. T paintings is never tl e-abstract, a cooling the foods are often l

READING A:

Norman Bryson, 'Language, reflection and still life'

With Cotán, too, the images have as their immediate function the separation of the viewer from the previous mode of seeing [...]: they decondition the habitual and abolish the endless eclipsing and fatigue of worldly vision, replacing these with brilliance. The enemy is a mode of seeing which thinks it knows in advance what is worth looking at and what is not: against that, the image presents the constant surprise of things seen for the first time. Sight is taken back to a [primal] stage before it learned how to scotomise [break up/divide] the visual field, how to screen out the unimportant and not see, but scan. In place of the abbreviated forms for which the world scans, Cotán supplies forms that are articulated at immense length, forms so copious or prolix that one cannot see where or how to begin to simplify them. They offer no inroads for reduction because they omit nothing. Just at the point where the eye thinks it knows the form and can afford to skip, the image proves that in fact the eye had not understood at all what it was about to discard.

The relation proposed in Cotán between the viewer and the foodstuffs so meticulously displayed seems to involve, paradoxically, no reference to appetite or to the function of sustenance which becomes coincidental; it might be described as anorexic, taking this word in its literal and Greek sense as meaning 'without desire'. All Cotán's still lifes are rooted in the outlook of monasticism, specifically the monasticism of the Carthusians [monks], whose order Cotán joined as a lay brother in Toledo in 1603. What distinguishes the Carthusian rule is its stress on solitude over communal life: the monks live in individual cells, where they pray, study – and eat – alone, meeting only for the night office, morning mass and afternoon vespers. There is total abstention from meat, and on Fridays and other fast days the diet is bread and water. Absent from Cotán's work is any conception of nourishment as involving the conviviality of the meal – the sharing of hospitality[...]. The unvarying stage of his paintings is never the kitchen but always the *cantarero*, a cooling-space where for preservation the foods are often hung on strings (piled together,

or in contact with a surface, they would decay more quickly). Placed in a kitchen, next to plates and knives, bowls and pitchers, the objects would inevitably point towards their consumption at table, but the *cantarero* maintains the idea of the objects as separable from, dissociated from, their function as food. In *Quince, Cabbage, Melon and Cucumber* [Figure 1.3] no-one can touch the suspended quince or cabbage without disturbing them and setting them rocking in space: their motionlessness is the mark of human absence, distance from the hand that reaches to eat; and it renders them immaculate. Hanging on strings, the quince and the cabbage lack the weight known to the hand. Their weightlessness disowns such intimate knowledge. Having none of the familiarity that comes from touch, and divorced from the idea of consumption, the objects take on a value that is nothing to do with their role as nourishment.

What replaces their interest as sustenance is their interest as mathematical form. Like many painters of his period in Spain, Cotán has a highly developed sense of geometrical order; but whereas the ideas of sphere, ellipse and cone are used for example in El Greco to assist in organising pictorial composition, here they are explored almost for their own sake. One can think of *Quince, Cabbage, Melon and Cucumber* as an experiment in the kind of transformations that are explored in the branch of mathematics known as topology. We begin on the left with the quince, a pure sphere revolving on its axis. Moving to the right, the sphere seems to peel off its boundary and disintegrate into a ball of concentric shells revolving around the same vertical axis. Moving to the melon the sphere becomes an ellipse, from which a segment has been cut; a part of the segment is independently shown. At the right the segmented shapes recover their continuous boundary in the corrugated form of the cucumber. The curve described by all these objects taken together is not at all informal but precisely logarithmic; it follows a series of harmonic or musical proportions with the vertical co-ordinates of the curve exactly marked by the strings. And it is a complex curve, not just the arc of a graph on a two-dimensional surface. In relation to the quince, the cabbage appears to come forward slightly; the melon is further forward than the quince, the melon slice projects out beyond the ledge, and the cucumber overhangs it still further. The arc is

therefore not on the same plane as its co-ordinates, it curves in three dimensions: it is a true hyperbola [...]

The mathematical engagement of these forms shows every sign of exact calculation, as though the scene were being viewed with scientific, but not with creaturely, interest. Geometric space replaces creatural space, the space around the body that is known by touch and is created by familiar movements of the hands and arms. Cotán's play with geometric and volumetric ideas replaces this cocoon-like space, defined by habitual gestures, with an abstracted and homogeneous space which has broken with the matrix of the body. This is the point: to suppress the body as a source of space. That bodily or tactile space is profoundly unvisual: the things we find there are things we reach for – a knife, a plate, a bit of food – instinctively and almost without looking. It is this space, the true home of blurred and hazy vision, that Cotán's rigours aim to abolish. And the tendency to geometrise fulfils another aim, no less severe: to disavow the painter's work as the source of the composition and to re-assign responsibility for its forms elsewhere – to mathematics, not creativity. In much of still life, the painter first arrays the objects into a satisfactory configuration, and then uses that arrangement as the basis for the composition. But to organise the world pictorially in this fashion is to impose upon it an order that is infinitely inferior to the order already revealed to the soul through the contemplation of geometric form: Cotán's renunciation of composition is a further, private act of self-negation. He approaches painting in terms of a discipline, or ritual: always the same *cantarero*, which one must assume has been painted in first, as a blank template; always the same recurring elements, the light raking at forty-five degrees, the same alternation of bright greens and yellows against the grey ground, the same scale, the same size of frame. To alter any of these would be to allow too much room for personal self-assertion, and the pride of creativity; down to its last details the painting must be presented as the result of discovery, not invention, a picture of the work of God that completely effaces the hand of man (in Cotán visible brushwork would be like blasphemy).

Source: Bryson, 1990, pp. 65–70.

READING B:

Roland Barthes. 'The world of wrestling'

[T]he function of the wrestler is not to win; it is to go exactly through the motions which are expected of him. It is said that judo contains a hidden symbolic aspect; even in the midst of efficiency, its gestures are measured, precise but restricted, drawn accurately but by a stroke without volume. Wrestling, on the contrary, offers excessive gestures, exploited to the limit of their meaning. In judo, a man who is down is hardly down at all, he rolls over, he draws back, he eludes defeat, or, if the latter is obvious, he immediately disappears; in wrestling, a man who is down is exaggeratedly so, and completely fills the eyes of the spectators with the intolerable spectacle of his powerlessness.

This function of grandiloquence is indeed the same as that of ancient theatre, whose principle, language and props (masks and buskins) concurred in the exaggeratedly visible [...]. The gesture of the vanquished wrestler [signifies] to the world a defeat which, far from disguising, he emphasizes and holds like a pause in music [...]. [This is] meant to signify the tragic mode of the spectacle. In wrestling, as on the stage in antiquity, one is not ashamed of one's suffering, one knows how to cry, one has a liking for tears.

Each sign in wrestling is therefore endowed with an absolute clarity, since one must always understand everything on the spot. As soon as the adversaries are in the ring, the public is overwhelmed with the obviousness of the roles. As in the theatre, each physical type expresses to excess the part which has been assigned to the contestant. Thauvin, a fifty-year-old with an obese and sagging body, whose type of asexual hideousness always inspires feminine nicknames, displays in his flesh the characters of baseness ... [H]is part is to represent what, in the classical concept of the *salaud*, the 'bastard' (the key-concept of any wrestling-match), appears as organically repugnant. The nausea voluntarily provoked by Thauvin shows therefore a very extended use of signs: not only is ugliness used here in order to signify baseness, but in addition ugliness is wholly gathered into a particularly repulsive quality of matter: the pallid collapse of

dead flesh (the public calls Thauvin *la barbaque*, 'stinking meat'), so that the passionate condemnation of the crowd no longer stems from its judgement, but instead from the very depth of its humours. It will thereafter let itself be frenetically embroiled in an idea of Thauvin which will conform entirely with this physical origin: his actions will perfectly correspond to the essential viscosity of his personage.

It is therefore in the body of the wrestler that we find the first key to the contest. I know from the start that all of Thauvin's actions, his treacheries, cruelties and acts of cowardice, will not fail to measure up to the first image of ignobility he gave me; I can trust him to carry out intelligently and to the last detail all the gestures of a kind of amorphous baseness, and thus fill to the brim the image of the most repugnant bastard there is: the bastard-octopus. Wrestlers therefore have a physique as peremptory as those of the characters of the *Commedia dell'Arte*, who display in advance, in their costumes and attitudes, the future contents of their parts: just as Pantaloon can never be anything but a ridiculous cuckold, Harlequin an astute servant and the Doctor a stupid pedant, in the same way Thauvin will never be anything but an ignoble traitor, Reinières (a tall blond fellow with a limp body and unkempt hair) the moving image of passivity, Mazaud (short and arrogant like a cock) that of grotesque conceit, and Orsano (an effeminate teddy-boy first seen in a blue-and-pink dressing-gown) that, doubly humorous, of a vindictive *salope*, or bitch (for I do not think that the public of the Elysée-Montmartre, like Littré, believes the word *salope* to be a masculine).

The physique of the wrestlers therefore constitutes a basic sign, which like a seed contains the whole fight. But this seed proliferates, for it is at every turn during the fight, in each new situation, that the body of the wrestler casts to the public the magical entertainment of a temperament which finds its natural expression in a gesture. The different strata of meaning throw light on each other, and form the most intelligible of spectacles. Wrestling is like a diacritic writing: above the fundamental meaning of his body, the wrestler utters comments which are episodic but always opportune, and constantly help the reading of the fight by means of gestures, attitudes and mimicry which make the intention utterly obvious.

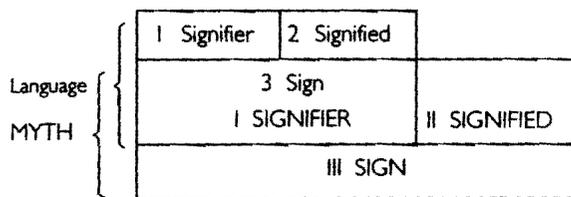
Sometimes the wrestler triumphs with a repulsive sneer while kneeling on the good sportsman; sometimes he gives the crowd a conceited smile which forebodes an early revenge; sometimes, pinned to the ground, he hits the floor ostentatiously to make evident to all the intolerable nature of his situation; and sometimes he erects a complicated set of signs meant to make the public understand that he legitimately personifies the ever-entertaining image of the grumbler, endlessly confabulating about his displeasure.

We are therefore dealing with a real Human Comedy, where the most socially-inspired nuances of passion (conceit, rightfulness, refined cruelty, a sense of 'paying one's debts') always felicitously find the clearest sign which can receive them, express them and triumphantly carry them to the confines of the hall. It is obvious that at such a pitch, it no longer matters whether the passion is genuine or not. What the public wants is the image of passion, not passion itself. There is no more a problem of truth in wrestling than in the theatre. In both, what is expected is the intelligible representation of moral situations which are usually private. This emptying out of interiority to the benefit of its exterior signs, this exhaustion of the content by the form, is the very principle of triumphant classical art. [...]

Source: Barthes, 1972a, pp. 16-18.

mythical
 Roland Barthes (1972b, p. 114)

In myth, we find again the tri-dimensional pattern which I have just described: the signifier, the signified and the sign. But myth is a peculiar system, in that it is constructed from a semiological chain which existed before it: it is a *second-order semiological system*. That which is a sign (namely the associative total of a concept and an image) in the first system, becomes a mere signifier in the second. We must here recall that the materials of mythical speech (the language itself, photography, painting, posters, rituals, objects, etc.), however different at the start, are reduced to a pure signifying function as soon as they are caught by myth. Myth sees in them only the same raw material; their unity is that they all come down to the status of a mere language. Whether it deals with alphabetical or pictorial writing, myth wants to see in them only a sum of signs, a global sign, the final term of a first semiological chain. And it is precisely this final term which will become the first term of the greater system which it builds and of which it is only a part. Everything happens as if myth shifted the formal system of the first significations sideways. As this lateral shift is essential for the analysis of myth, I shall represent it in the following way, it being understood, of course, that the spatialization of the pattern is here only a metaphor:



It can be seen that in myth there are two semiological systems, one of which is staggered in relation to the other: a linguistic system, the language (or the modes of representation which are assimilated to it), which I shall call the *language-object*, because it is the language which myth gets hold of in order to build its own system; and myth itself, which I shall call *metalanguage*, because it is a second language, in which one speaks about the first. When he reflects on a metalanguage, the

semiologist no longer needs to ask himself questions about the composition of the language-object, he no longer has to take into account the details of the linguistic schema; he will only need to know its total term, or global sign, and only inasmuch as this term lends itself to myth. This is why the semiologist is entitled to treat in the same way writing and pictures: what he retains from them is the fact that they are both *signs*, that they both reach the threshold of myth endowed with the same signifying function, that they constitute one just as much as the other, a language-object.

Source: Barthes, 1972b, pp. 114-5.

READING D: Roland Barthes, 'Rhetoric of the image'

Here we have a Panzani advertisement: some packets of pasta, a tin, a sachet, some tomatoes, onions, peppers, a mushroom, all emerging from a half-open string bag, in yellows and greens on a red background. Let us try to 'skim off' the different messages it contains.

The image immediately yields a first message whose substance is linguistic; its supports are the caption, which is marginal, and the labels, these being inserted into the natural disposition of the scene [...]. The code from which this message has been taken is none other than that of the French language; the only knowledge required to decipher it is a knowledge of writing and French. In fact, this message can itself be further broken down, for the sign *Panzani* gives not simply the name of the firm but also, by its assonance, an additional signified, that of 'Italianness'. The linguistic message is thus twofold (at least in this particular image): denotational and connotational. Since, however, we have here only a single typical sign, namely that of articulated (written) language, it will be counted as one message.

Putting aside the linguistic message, we are left with the pure image (even if the labels are part of it, anecdotally). This image straightaway provides a series of discontinuous signs. First (the order is unimportant as these signs are not linear), the idea that what we have in the scene represented is a return from the market. A signified which itself implies two euphoric values: that of the freshness of the products and that of the essentially domestic preparation for which they are destined. Its signifier is the half-open bag which lets the provisions spill out over the table, 'unpacked'. To read this first sign requires only a knowledge which is in some sort implanted as part of the habits of a very widespread culture where 'shopping around for oneself' is opposed to the hasty stocking up (preserves, refrigerators) of a more 'mechanical' civilization. A second sign is more or less equally evident; its signifier is the bringing together of the tomato, the pepper and the tricoloured hues (yellow, green, red) of the poster; its signified is Italy or rather *Italianness*. This sign stands in a

relation of redundancy with the connoted sign of the linguistic message (the Italian assonance of the name *Panzani*) and the knowledge it draws upon is already more particular; it is a specifically 'French' knowledge (an Italian would barely perceive the connotation of the name, no more probably than he would the Italianness of tomato and pepper), based on a familiarity with certain tourist stereotypes. Continuing to explore the image (which is not to say that it is not entirely clear at the first glance), there is no difficulty in discovering at least two other signs: in the first, the serried collection of different objects transmits the idea of a total culinary service, on the one hand as though Panzani furnished everything necessary for a carefully balanced dish and on the other as though the concentrate in the tin were equivalent to the natural produce surrounding it; in the other sign, the composition of the image, evoking the memory of innumerable alimentary paintings, sends us to an aesthetic signified: the '*nature morte*' or, as it is better expressed in other languages, the 'still life'; the knowledge on which this sign depends is heavily cultural. [...]

Source: Barthes, 1977, pp. 33-5.

SIGNIFYING E:

to Laclau and Chantal Mouffe,
'reflections on the revolution of
of me'

course

Let us suppose that I am building a wall with a bricklayer. At a certain moment I ask my bricklayer to pass me a brick and then I add it to the wall. The first act – asking for the brick – is linguistic; the second – adding the brick to the wall – is extralinguistic. Do I exhaust the reality of both by drawing the distinction between them in linguistic terms? No, because, despite their differentiation, the two actions share something which allows them to be compared, namely the fact that they are both part of a total operation which is the building of the wall. So, then, how could we characterize this totality of which asking for a brick and adding it are, both, partial moments? Obviously, if this totality includes both linguistic and extralinguistic elements, it cannot itself be linguistic or extralinguistic; it has to be prior to this distinction. This totality which includes both the linguistic and the non-linguistic, is what we call discourse. In a moment we will return to this denomination; but what must be clear from the start is that by discourse we do not mean a separation of speech and writing, but rather that speech and writing are themselves but internal moments of discursive totalities.

Returning to the term discourse itself, we use it to emphasize the fact that every social operation is *meaningful*. If I kick a spherical object in the street or if I kick a ball in a football game, the *physical* fact is the same, but its *meaning* is different. The object is a football only in the extent that it establishes a system of relations with other objects, and these relations are not given by the mere referential materiality of the objects, but are, rather, socially constructed. This socially constructed set of relations is what we call discourse. The reader will no doubt see that, as we argue in our book, the discursive character of an object does not, by any means, imply putting its materiality into question. The fact that a football is a football as long as it is integrated within a

system of socially constructed rules does not mean that it thereby ceases to be a physical object. A stone exists independently of any system of social relations, but it is, for instance, either a projectile or an object of aesthetic contemplation only within a specific discursive configuration. A diamond in the market or at the bottom of a mine is the same physical object; but, again, it is only a commodity within a determinate system of social relations. For that same reason it is the discourse which constitutes the subject position of the social agent, and not, therefore, the social agent which is the origin of discourse – the same system of rules that makes that spherical object into a football, makes me a player. The existence of objects is independent of their discursive articulation [...].

[...] This, however, leaves two problems unsolved. The first is this: is it not necessary to establish here a distinction between meaning and action? Even if we accept that the meaning of an action depends on a discursive configuration, is not the action itself something different from that meaning? Let us consider the problem from two angles. Firstly, from the angle of meaning. Here the classical distinction is between semantics – dealing with the meaning of words; syntactics – dealing with word order and its consequences for meaning; and pragmatics – dealing with the way a word is actually used in certain speech contexts. The key point is to what extent a rigid separation can be established between semantics and pragmatics – that is, between meaning and use. From Wittgenstein onwards it is precisely this separation which has grown ever more blurred. It has become increasingly accepted that the meaning of a word is entirely context-dependent. As Hanna Fenichel Pitkin points out:

Wittgenstein argues that meaning and use are intimately, inextricably related, because use helps to determine meaning. Meaning is learned from, and shaped in, instances of use; so both its learning and its configuration depend on pragmatics. ... Semantic meaning is compounded out of cases of a word's use, including all the many and varied language games that are played with it; so meaning is very much the product of pragmatics.

(Pitkin, 1972)

[...] That is to say, in our text, the identity or discursive object is defined in the context of an action. [...]

The other problem to be considered is even if we assume that there is a distinction between the social and the natural world, how do we know about the natural world? Is it physics, biology or astronomy? Or is it a discursively constructed system of social relations? Or is it a mixture of the two? The fact that the social is also discursive fact is not the simple reason that the social is something that is already there, but that the appearances of things, but also the slow and complex historic process of their construction. To call some way of conceiving it that is a classificatory system. Again, the question is the fact that this stone exists, in the sense of a stone, independently of my knowledge of its being a stone depends on the fact of its being a stone depending on the fact of its being a stone. If there were no human beings, there would be no objects that we call stones. However, there would be no language capable of classifying them from one another. We would not stop for long on this point, but the development of contemporary thought has established that there is no meaning to be read transparently from the object.

Reference

Pitkin, H.F. (1972) *Wittgenstein*
Berkeley, CA, University of

Source

[...] That is to say, in our terminology, every identity or discursive object is constituted in the context of an action. [...]

The other problem to be considered is the following: even if we assume that there is a strict equation between the social and the discursive, what can we say about the natural world, about the facts of physics, biology or astronomy that are not apparently integrated in meaningful totalities constructed by men? The answer is that natural facts are also discursive facts. And they are so for the simple reason that the idea of nature is not something that is already there, to be read from the appearances of things, but is itself the result of a slow and complex historical and social construction. To call something a natural object is a way of conceiving it that depends upon a classificatory system. Again, this does not put into question the fact that this entity which we call a stone exists, in the sense of being present here and now, independently of my will; nevertheless the fact of its being a stone depends on a way of classifying objects that is historical and contingent. If there were no human beings on earth, those objects that we call stones would be there nonetheless; but they would not be 'stones', because there would be neither mineralogy nor a language capable of classifying them and distinguishing them from other objects. We need not stop for long on this point. The entire development of contemporary epistemology has established that there is no fact that allows its meaning to be read transparently.

Reference

Lyth, H.F. (1972) *Wittgenstein and Justice*, Berkeley, CA, University of California Press.

Source: Laclau and Mouffe, 1990, pp. 100-103.

READING F: Elaine Showalter, 'The performance of hysteria'

The first of the great European theorists of hysteria was Jean-Martin Charcot (1825-1893), who carried out his work in the Paris clinic at the Salpêtrière. Charcot had begun his work on hysteria in 1870. While he believed that hysterics suffered from a hereditary taint that weakened their nervous system, he also developed a theory that hysteria had psychological origins. Experimenting with hypnosis, Charcot demonstrated that hysterical symptoms such as paralysis could be produced and relieved by hypnotic suggestion. Through careful observation, physical examination, and the use of hypnosis, Charcot was able to prove that hysterical symptoms, while produced by emotions rather than by physical injury, were genuine, and not under the conscious control of the patient. Freud, who studied at the Salpêtrière from October 1885 to February 1886, gave Charcot the credit for establishing the legitimacy of hysteria as a disorder. According to Freud, 'Charcot's work restored dignity to the subject; gradually the sneering attitude which the hysteric could reckon meeting with when she told her story, was given up; she was no longer a malingerer, since Charcot had thrown the whole weight of his authority on the side of the reality and objectivity of hysterical phenomena.' Furthermore, Charcot demonstrated that hysterical symptoms also occurred in men, and were not simply related to the vagaries of the female reproductive system. At the Salpêtrière there was even a special wing for male hysterics, who were frequently the victims of trauma from railway accidents. In restoring the credibility of the hysteric, Freud believed, Charcot had joined other psychiatric saviors of women and had 'repeated on a small scale the act of liberation commemorated in the picture of Pinel which adorned the lecture hall of the Salpêtrière' (Freud, 1948, p. 18).

Yet for Charcot, too, hysteria remained symbolically, if not medically, a female malady. By far the majority of his hysterical patients were women, and several, such as Blanche Wittmann, known as the 'Queen of the Hysterics,' became celebrities who were regularly featured in his books, the main attractions at the Salpêtrière's Bal des Folles, and hypnotized and exhibited at his

popular public lectures. Axel Munthe, a doctor practicing in Paris, wrote a vivid description of Charcot's Tuesday lectures at the Salpêtrière: 'The huge amphitheatre was filled to the last place with a multicoloured audience drawn from tout Paris, authors, journalists, leading actors and actresses, fashionable demimondaines.' The hypnotized women patients put on a spectacular show before this crowd of curiosity seekers.

Some of them smelt with delight a bottle of ammonia when told it was rose water, others would eat a piece of charcoal when presented to them as chocolate. Another would crawl on all fours on the floor, barking furiously when told she was a dog, flap her arms as if trying to fly when turned into a pigeon, lift her skirts with a shriek of terror when a glove was thrown at her feet with a suggestion of being a snake. Another would walk with a top hat in her arms rocking it to and fro and kissing it tenderly when she was told it was her baby.

(Munthe, 1930, pp. 296, 302–3)

The grand finale would be the performance of a full hysterical seizure.

Furthermore, the representation of female hysteria was a central aspect of Charcot's work. His hysterical women patients were surrounded by images of female hysteria. In the lecture hall, as Freud noted, was Robert-Fleury's painting of Pinel freeing the madwomen. On the opposite wall was a famous lithograph of Charcot, holding and lecturing about a swooning and half-undressed young woman before a room of sober and attentive men, yet another representation that seemed to be instructing the hysterical woman in her act [Figure 1.8].

Finally, Charcot's use of photography was the most extensive in nineteenth-century psychiatric practice. As one of his admirers remarked, 'The camera was as crucial to the study of hysteria as the microscope was to histology' (quoted in Goldstein, 1982, p. 215). In 1875 one of his assistants, Paul Régnaud, had assembled an album of photographs of female nervous patients. The pictures of women exhibiting various phases of hysterical attacks were deemed so interesting that a photographic workshop or atelier was installed within the hospital. By the 1880s a professional photographer,

Albert Londe, had been brought in to take charge of a full-fledged photographic service. Its methods included not only the most advanced technology and apparatus, such as laboratories, a studio with platforms, a bed, screens, black, dark-gray, and light-gray background curtains, headrests, and an iron support for feeble patients, but also elaborate administrative techniques of observation, selection of models, and record-keeping. The photographs of women were published in three volumes called *Iconographie photographique de la Salpêtrière*. Thus Charcot's hospital became an environment in which female hysteria was perpetually presented, represented, and reproduced.

Such techniques appealed to Charcot because his approach to psychiatric analysis was strongly visual and imagistic. As Freud has explained, Charcot 'had an artistically gifted temperament – as he said himself, he was a *'visuel'*, a seer. ... He was accustomed to look again and again at things that were incomprehensible to him, to deepen his impression of them day by day until suddenly understanding of them dawned upon him' (Freud, 1948, pp. 10–11). Charcot's public lectures were among the first to use visual aids – pictures, graphs, statues, models, and illustrations that he drew on the blackboard in colored chalk – as well as the presence of the patients as models.

The specialty of the house at the Salpêtrière was *grande hystérie*, or 'hystero-epilepsy,' a prolonged and elaborate convulsive seizure that occurred in women. A complete seizure involved three phases: the epileptoid phase, in which the woman lost consciousness and foamed at the mouth; the phase of clownism, involving eccentric physical contortions; and the phase of *attitudes passionnelles*, a miming of incidents and emotions from the patient's life. In the *iconographies*, photographs of this last phase were given subtitles that suggested Charcot's interpretation of hysterical gestures as linked to female sexuality, despite his disclaimers: 'amorous supplication', 'ecstasy', 'eroticism' [Figure 1.10]. This interpretation of hysterical gestures as sexual was reinforced by Charcot's efforts to pinpoint areas of the body that might induce convulsions when pressed. The ovarian region, he concluded, was a particularly sensitive hysterogenic zone.

Because the behavior of Charcot's hysterical stars was so theatrical, and because it was rarely





FIGURE 1.10 Two portraits of Augustine:
 (top) Amorous supplication, (bottom) Ecstasy.

observed outside of the Parisian clinical setting, many of his contemporaries, as well as subsequent medical historians, have suspected that the women's performances were the result of suggestion, imitation, or even fraud. In Charcot's own lifetime, one of his assistants admitted that some of the women had been coached in order to produce attacks that would please the *maître* (discussed in Drinker, 1984, pp. 144–8).

Furthermore, there was a dramatic increase in the incidence of hysteria during Charcot's tenure at the Salpêtrière. From only 1 percent in 1845, it rose to 17.3 percent of all diagnoses in 1883, at the height of his experimentation with hysterical patients (see Goldstein, 1982, pp. 209–10).

When challenged about the legitimacy of hystero-epilepsy, however, Charcot vigorously defended the objectivity of his vision. 'It seems that hystero-epilepsy only exists in France,' he declared in a lecture of 1887, 'and I could even say, as it has sometimes been said, that it only exists at the Salpêtrière, as if I had created it by the force of my will. It would be truly marvellous if I were thus able to create illnesses at the pleasure of my whim and my caprice. But as for the truth, I am absolutely only the photographer; I register what I see' (quoted in Didi-Huberman, 1982, p. 32). Like Hugh Diamond at the Surrey Asylum, Charcot and his followers had absolute faith in the scientific neutrality of the photographic image; Londe boasted: 'La plaque photographique est la vraie rétine du savant' ('The photographic plate is the true retina of the scientist') (*ibid.*, p. 35).

But Charcot's photographs were even more elaborately framed and staged than Diamond's Victorian asylum pictures. Women were not simply photographed once, but again and again, so that they became used to the camera and to the special status they received as photogenic subjects. Some made a sort of career out of modeling for the *iconographies*. Among the most frequently photographed was a fifteen-year-old girl named Augustine, who had entered the hospital in 1875. Her hysterical attacks had begun at the age of thirteen when, according to her testimony, she had been raped by her employer, a man who was also her mother's lover. Intelligent, coquettish, and eager to please, Augustine was an apt pupil of the atelier. All of her poses suggest the exaggerated gestures of the French classical acting style, or stills

from silent movies. Some photographs of Augustine with flowing locks and white hospital gown also seem to imitate poses in nineteenth-century paintings, as Stephen Heath points out: 'a young girl composed on her bed, something of the Pre-Raphaelite Millais's painting *Ophelia*' (Heath, 1982, pp. 36-7). Among her gifts was her ability to time and divide her hysterical performances into scenes, acts, tableaux, and intermissions, to perform on cue and on schedule with the click of the camera.

But Augustine's cheerful willingness to assume whatever poses her audience desired took its toll on her psyche. During the period when she was being repeatedly photographed, she developed a curious hysterical symptom: she began to see everything in black and white. In 1880, she began to rebel against the hospital regime; she had periods of violence in which she tore her clothes and broke windows. During these angry outbreaks she was anaesthetized with ether or chloroform. In June of that year, the doctors gave up their efforts with her case, and she was put in a locked cell. But Augustine was able to use in her own behalf the histrionic abilities that for a time had made her a star of the asylum. Disguising herself as a man, she managed to escape from the Salpêtrière. Nothing further was ever discovered about her whereabouts.

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Source: Showalter, 1987, pp. 147-54.